# INFLUENZA WATCH

Summary of Los Angeles County Department of Public Health (LAC DPH) Influenza and Other Respiratory Disease Surveillance

#### Updated: 03-10-2023 MMWR Week: 9 Ending on: 03-04-2023

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#### Influenza Surveillance at-a-Glance

Virology	Illness	Severe Disease	
<ul> <li>0.8% of specimens tested at LAC sentinel labs were positive for influenza in week 9. This is about the same as in week 8.</li> </ul>	Visits for influenza-like illness accounted for <b>4.2%</b> of emergency department visits in week 9, which is <b>less</b>	Pneumonia, Influenza, and COVID-19 accounted for 11% of all deaths registered in LAC during week 8, which is <i>less</i> <i>than</i> in week 7.	
This season, more <b>Influenza A</b> has been detected than <b>Influenza B.</b>	<b>than</b> in week 8.	66 confirmed influenza- associated death have been reported since the start of the respiratory surveillance season (10/2/22).	

\* See indicator specific sections for associated methods.

Los Angeles County Department of Public Health (DPH) prepares this newsletter to summarize current influenza surveillance data in Los Angeles County. *Weekly surveillance data are preliminary and subject to change.* More information regarding methods can be found on the surveillance system specific pages of this report.

COVID-19 surveillance data is published in the weekly COVID Watch surveillance report. Daily counts of COVID cases and deaths are available on the LAC DPH website at <u>http://dashboard.publichealth.lacounty.gov/covid19\_surveillance\_dashboard/</u>

\* LAC DPH surveillance data excludes the cities of Long Beach and Pasadena.

<sup>\*\*</sup> The respiratory virus surveillance period starts with MMWR week 40 and runs through week 39 of the following year. The 2022-23 season started on Oct 2, 2022.

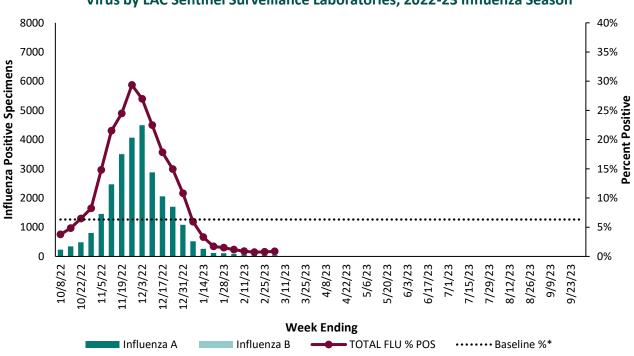




## **Virologic Surveillance**

#### **Sentinel Surveillance Laboratories**

Viral surveillance data is provided by clinical laboratories serving hospitals and healthcare networks across Los Angeles County. Participating laboratories provide the number of positive tests and total number of specimens tested for SARS-CoV2, influenza and respiratory syncytial virus.



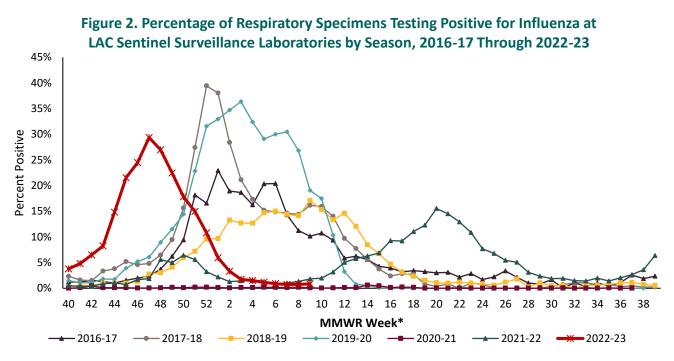
## Figure 1. Respiratory Specimens Tested and Percent Positive for Influenza Virus by LAC Sentinel Surveillance Laboratories, 2022-23 Influenza Season

\*The baseline is defined as the mean percentage of specimens testing positive during non-influenza weeks for the previous three seasons plus two standard deviations. Non-epidemic weeks are periods of  $\geq 2$  consecutive weeks during which each week accounted for <2% of the season's total number of specimens that tested positive for influenza. The COVID-19 pandemic has affected the circulation of other respiratory viruses. Pandemic weeks are excluded from the baseline calculation.

Table 1. Respiratory Specimens tested for Influenza at LAC Sentinel Laboratories, this week and season to date					
	This Week*	Previous Week*	Data Cumulative Since October 2, 2022 (Week 40)		
Number of specimens tested	7,300	7,097	212,985		
Number of positive specimens (%)	62 (0.8%)	55 (0.8%)	27,030 (12.7%)		
Positive specimens by type					
Influenza A	44 (71%)	44 (80%)	26,863 (99%)		
Influenza B	18 (29%)	11 (20%)	167 (1%)		

\*Data current as of date of report. May not include all reporting sites.





\*Data have been shifted so that week 1 aligns across all seasons.

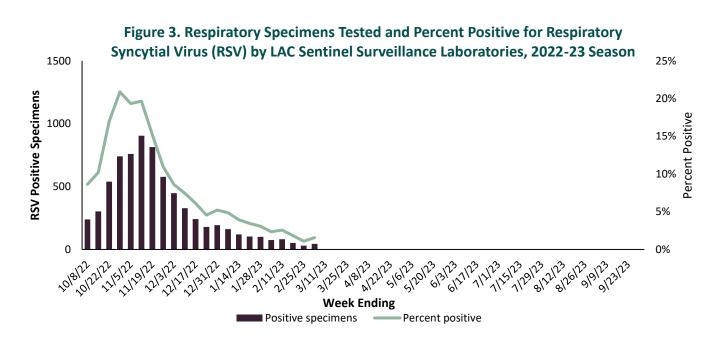
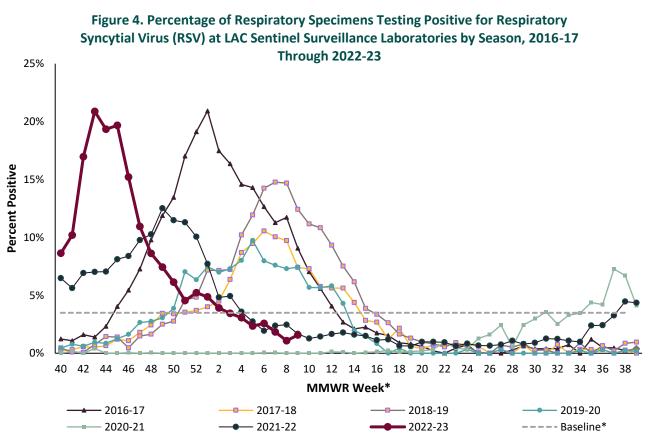


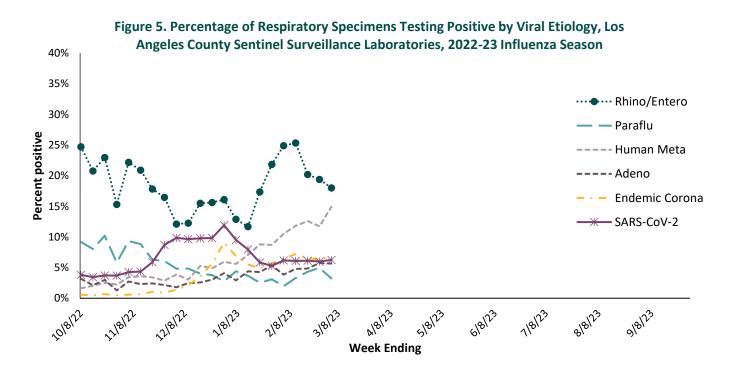
Table 2. Respiratory Specimens tested for Respiratory Syncytial Virus at LAC Sentinel Laboratories, this         week and season to date					
	This Week*	Previous Week	Data Cumulative Since October 2, 2022 (Week 40)		
Number of specimens tested	2,802	2,766	80,166		
Number of positive specimens (%)	44 (1.6%)	30 (1.1%)	7,032 (8.8%)		



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\* Data have been shifted so that week 1 aligns across all seasons.



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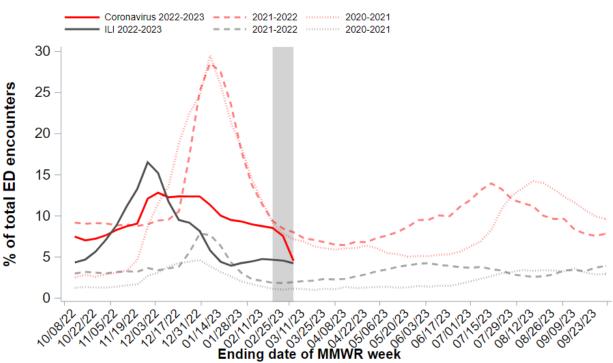


## Illness

### Los Angeles County Emergency Department (ED) Influenza-Like Illness (ILI) and COVID-19 Visits

Public Health's Syndromic Surveillance Project monitors initial self-reported symptoms from patients presenting to participating emergency departments throughout LAC. These symptoms are categorized into different clinical syndromes according to specific code words. Visits are included in the COVID-19 category if the chief complaint field includes any mention of "COVID", "Coronavirus" or similar key words. The syndrome of ILI is defined as mention of influenza; or fever (subjective or measured greater than 100°F) plus cough or sore throat. The ILI and COVID-19 classified ED visits for all ages and by age group are analyzed weekly and year-round. The COVID-19 and ILI categories are not mutually exclusive.





Acute Communicable Disease Control Program Syndromic Surveillance Unit







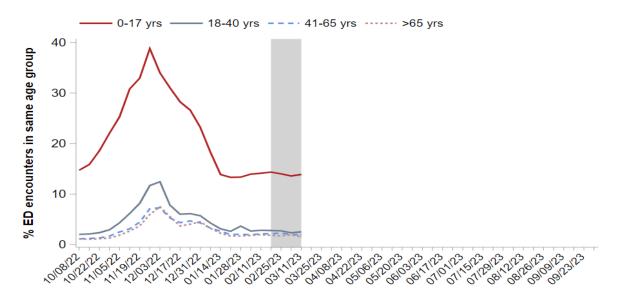
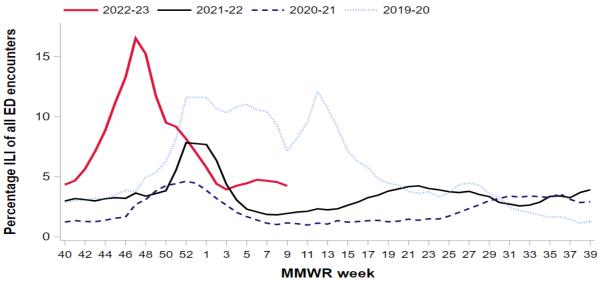


Figure 8. Emergency Department Visits for Influenza-like Illness, Los Angeles County 2019-20 through 2022-23 Influenza Seasons



Acute Communicable Disease Control Program Syndromic Surveillance Unit



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## **Severe Disease**

#### Pneumonia, Influenza and COVID19 -19 Mortality

Each week, the Office of Health Assessment and Epidemiology at LAC DPH reports the total number of death certificates received and the number of those for which pneumonia, influenza, or COVID-19 (PIC) was listed as the underlying or contributing cause of death by age group.

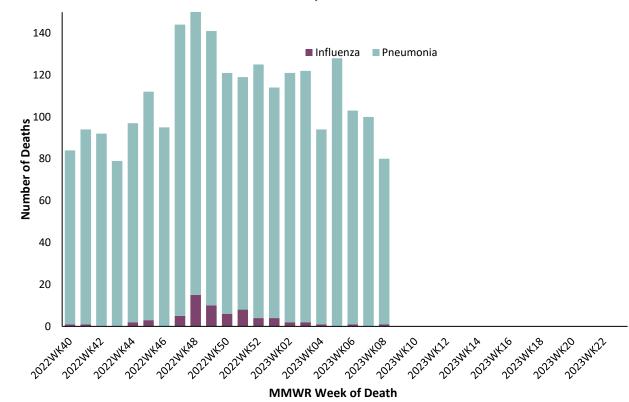
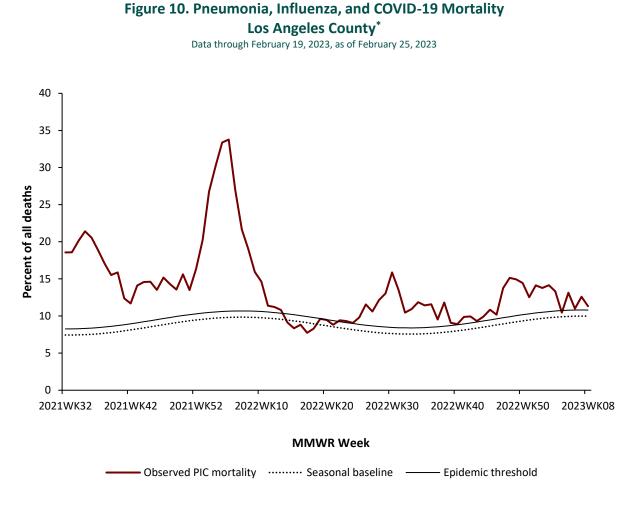


Figure 9. Pneumonia, and Influenza Deaths Registered in LAC, by MMWR Week of Death, 2022-23 Season

The seasonal baseline of pneumonia, influenza, and COVID-19 (PIC) deaths is calculated using a periodic regression model that incorporates a robust regression procedure applied to data from the previous 5 years. An increase of 1.645 standard deviations above the seasonal baseline of PIC deaths is considered the "epidemic threshold," i.e., the point at which the observed proportion of deaths attributed to pneumonia, influenza or COVID-19 was significantly higher than would be expected at that time of the year in the absence of substantial virus-related mortality.



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\*excluding Long Beach and Pasadena

**Technical note:** The number of deaths reported in recent weeks does not represent all deaths that occurred in the reporting period. Data may be incomplete due to a lag between when the death occurred and when the death was registered. Previous weeks counts or percentages may change as vital records are updated with lagged death certificates. The count includes all certificates of deaths (excludes fetal deaths) occurring in the County of Los Angeles (excluding Long Beach and Pasadena) regardless of the residence of the deceased.

#### Resources

LAC DPH Influenza Page <u>http://publichealth.lacounty.gov/acd/flu.htm</u> LAC DPH RSV Page <u>http://publichealth.lacounty.gov/acd/Diseases/RSV.htm</u> California Department of Public Health Influenza (Flu), RSV, and Other Respiratory Diseases <u>https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx</u>

