# WHAT YOU NEED TO KNOW ABOUT SUBSTANCE USE DISORDERS

Join us every week to learn about substance use disorders, how to care for yourself and loved ones, how substances affect your health, and types of assistance in L.A. County



Substance Use in Your Community



How to Talk to Loved Ones



Relapse Prevention & Healthy Coping





# CLICK ON THE LINK OR SCAN QR CODE WITH YOUR PHONE

## Harm Reduction Strategies and Syringe Exchange Programs

- Tues, Feb 13 (10am)
- tinyurl.com/CORESUD0213



### **Treatment and Healthcare for People with SUD**

- Tues, Feb 20 (10am)
- tinyurl.com/CORESUD0220

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