



1. What is Public Health?

The science of protecting and improving community health by:

- Ensuring a safe and healthy environment
- Promoting healthy lifestyle through education
- Conducting research for disease and injury prevention
- Developing policies and programs that prevent disease and promote health

2. What are some ways Public Health helps me, my family and my community?

- Preventing Disease and Injury
- Promoting Good Health
- Providing a Safe and Healthy Environment

3. How can I obtain information on public health services in Los Angeles County?

- Call 211 LA County
- Visit our website: www.publichealth.lacounty.gov
- Call the Service Planning Area (SPA) closest to your home (use SPA map attached):

Service Planning Area	Telephone Number
1 - Antelope Valley	(818) 487-0063
2 - San Fernando	(818) 487-0063
3 - San Gabriel	(213) 240-8049
4 - Metro	(213) 240-8049
5 - West	(310) 998-3203
6 - South	(323) 563-4092
7 - East	(562) 464-5350
8 - South Bay	(562) 464-5350

Cities and Communities of Los Angeles County by Service Planning Area (SPA)

