Keeping Your Pet Fit:
Food and Play
What can you do to help keep pets healthy?
What do dogs and cats eat?
How much should they eat?
All pets don’t need the same amount
A cup is not always a cup

Demonstration: Measuring cup, coffee can, dry beans or kibble, 2 food bowls
How much do we want?
Pets need exercise too!
Are these pets overweight?
How can you tell if your pet needs to lose weight?
Practice

• Interactive: have them measure our a cup and can of food and put them in the food bowls
• Dog food bag: point to where it says how much to feed the dog
Questions