

Stride with Paws

Dog-Friendly Walking Groups



Let's make a difference together!

We are looking for volunteers to lead dog-friendly walking groups.

Benefits:

- 🐾 Be a community leader
- 🐾 Educate your community about healthy behaviors
- 🐾 Meet your neighbors
- 🐾 Improve your health
- 🐾 Stay active with your dog

Requirements:

- 🐾 Host one 30-minute walk each week
- 🐾 12-week commitment
- 🐾 Use our toolkit to provide health messages during your walk

To get involved or for more information,
please contact vet@ph.lacounty.gov
<http://publichealth.lacounty.gov/vet/HPHF/WalkingGroup.htm>

