



PLAY HARD, NOT HIGH

We are here to help you play safe. The Good Samaritan law protects you from being arrested for reporting that someone needs help.

WHAT IS ECSTASY?

MDMA, also commonly known as Ecstasy or Molly, is an illegal synthetic psychoactive drug that can produce similar effects to other stimulants and hallucinogenic drugs.

MDMA is not regulated and is often cut with other substances or more dangerous drugs; you can never be sure what you're really getting.

MDMA mixed with alcohol, caffeine or other illicit substances can be extremely dangerous and can lead to death.

IF YOU OR SOMEONE AROUND YOU ARE EXPERIENCING:

- Sickness
- Body temperature too hot or too cold
- Headache
- Nausea
- Confusion
- Seizures
- Blurred vision
- Inability to talk
- Racing heart
- Vomiting
- Fainting
- Convulsions
- Muscle tremors

NOTIFY EVENT STAFF, MEDICAL PERSONNEL, SECURITY OR POLICE IMMEDIATELY!

EFFECTS OF ECSTASY

Short Term

- Impaired judgement
- False sense of affection
- Confusion
- Depression
- Sleep problems
- Severe anxiety
- Paranoia
- Drug cravings
- Muscle tension
- Fatigue, chills or swelling
- Involuntary teeth clenching
- Blurred vision
- Nausea

Long Term

- Brain damage, including long-lasting damage to portions that control learning, sleep and emotions
- Irreversible damage to nerve branches and endings
- Depression and/or anxiety
- Memory loss
- Kidney failure
- Hemorrhaging
- Psychosis
- Heart failure
- Convulsions

If you are caught possessing or using any illegal drugs at this event, you will be arrested; however, you will not be arrested for reporting that you or someone else is in need of help for a possible overdose.

It takes a friend to save a friend.

Good Samaritan Law §11376.5 Health and Safety Code

FAIRPLEX

STAY SAFE AND HEALTHY

- Enjoy the music and dancing - The only way to completely avoid the risks of alcohol and drugs is to choose not to use them.
- Take frequent breaks from dancing - Let your body cool and rest.
- **STAY HYDRATED** - Sip or take small gulps of water (to help cool your body) and non-caffeinated beverages like sports-drinks and coconut water (to replenish electrolytes). Alcohol and caffeine dehydrate the body.
- Stay healthy - Make sure you have food/snacks for energy. Don't forget sun protection (e.g., sunscreen, hats), layers of clothing at night, and earplugs (loud music can cause permanent hearing loss and ringing of the ears).
- Mixing alcohol with other substances is dangerous - Combining alcohol with medication or other substances increases the risk of dangerous and potentially deadly interactions.
- Never consume anything from strangers - you can never be sure what you are getting.
- Be aware of your surroundings - keep an eye on drinks & food; keep them covered.
- **SEEK MEDICAL HELP IMMEDIATELY** if you or a friend feel sick or experience headaches, nausea, confusion, blurred vision, inability to talk, racing heart, vomiting, fainting, muscle tremors, or convulsions.
- Event staff, security, medical staff, and volunteers are here to help you be safe.
- If you see something that doesn't look right, **SAY SOMETHING**.
- Watch out for your friends - **STAY TOGETHER** - and have a buddy system.
- Don't drive under the influence of alcohol or drugs.
- Educate yourself & your friends - The best decision is a well-informed one.
- You are the only person who can make sure you stay safe. Be responsible.

We want you to be safe. Have a plan to get home safely.