

# VAPING. Don't Get Taken In.

Ads claim e-cigarettes emit only harmless water vapor. **NOT true!**

## PROPYLENE GLYCOL

Commonly used in theatrical fog. It is considered safe when ingested, but little is known about long-term health effects when inhaled.

## LEAD

Used in car batteries. It is highly toxic and has been banned from paint products. Lead poisoning stunts growth, causes nausea and vomiting and damages the brain.

## ACETALDEHYDE

Carcinogen found in cigarette smoke. It irritates the skin, eyes, mucous membranes, throat, and respiratory tract.

## FORMALDEHYDE

Embalmers use it to preserve dead bodies. It causes cancer and can damage your lungs, skin and digestive system.

## TOLUENE

Commonly used ingredient in paint thinner. It is highly toxic. Exposure to even low levels can cause headache, nausea and wheezing.

## CADMIUM

Commonly used in batteries. It causes damage to the liver, kidneys and brain and stays in the body for years.

## ACETONE

Commonly used in nail polish remover. It can irritate the eyes and may depress the central nervous system.

## ACROLEIN

Used as an herbicide to control weeds and algae. It is a toxic irritant for skin, eyes and nasal passages.

## NICKEL

Commonly used in stainless steel, magnets and batteries. It causes cancer and can damage your lungs and immune system.

## LIQUID NICOTINE

The most dangerous part of an e-cigarette might be the liquid nicotine.

It is highly addictive and toxic. Even small amounts of liquid nicotine absorbed through the skin or swallowed can cause vomiting and seizures, and could be fatal for a child.

The refill containers aren't childproof. AND "e-juice" comes in candy flavors and bright colors that kids are going to love.

Though e-cigarette aerosol has lower levels of toxins than cigarette smoke, it still contains nicotine, ultrafine particles of toxic chemicals and some known carcinogens. Users inhale a heated propylene glycol or glycerine-based solution. Nobody knows how these affect your health long-term.

The products shown contain chemicals found in e-cigarettes. The products themselves are not added to e-cigarettes and are used for illustrative purposes only.