

**COUNTY OF LOS ANGELES
COMMISSION ON ALCOHOL AND OTHER DRUGS
(CAOD)**

Meeting Summary – February 13, 2019

COMMISSIONERS PRESENT: Deena Duncan, Jozef Essavi, Roger Gertmenian, Michael Hecht, Jack Kearney, Lou La Monte, Sharona R. Nazarian, Mordechai Polityko, Bennett Root, Monica Sanchez, Sharon Shelton, John Song, Wendie Warwick, Howard Winkler and G. Lola Worthington

EXCUSED ABSENCES: Commissioner Sharon Papa

GUEST REGISTER: Michelle Gibson, Substance Abuse Prevention and Control; Mayra Jimenez, Alcohol Justice; Kristy Lloyd-Tangermann, Substance Abuse Prevention and Control; Ed Nettles, Intervention Institute; Ken Pierce, Center for Counseling; Francisco Reyes, Substance Abuse Prevention and Control; Barbara Roberts, Substance Abuse Prevention and Control; Denise Tom, California Community Foundation; Lorena Velasquez, Children’s Hospital Los Angeles

MATERIALS DISTRIBUTED: Meeting Agenda; January Meeting Minutes

Topic	Discussion/Finding	Recommendations, Action, Follow-up
Call to Order	Chair Nazarian, County of Los Angeles, to the Commission on Alcohol and Other Drugs (CAOD) convened the meeting at 1:05 p.m.; a quorum was present.	
Introduction of Commissioners and Guests	Chair Nazarian asked for self-introductions from all Commissioners and guests.	

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Motion to Excuse Absences	First Chair Nazarian asked for a motion to excuse the absence of Commissioner Sharon Papa.	Chair Nazarian entertained a motion which was moved to approve by Com. La Monte, seconded by Com. Warwick and approved. Motion was unanimously carried.
Approval of Minutes	The minutes of the January 9, 2019 Meeting.	Chair Nazarian entertained a motion which was moved to approve by Com. Essavi, seconded by Com. Warwick and approved. Motion was unanimously carried.
Nominations 2019 – Discussion and Action	Per Chair Nazarian, the Commission has two Member at Large positions to fill. Commissioners Lou La Monte and Mordechai Polityko have been nominated. Com. La Monte is nominated as Chair of the Policy and Planning Committee and Com. Essavi is nominated as Chair of the Education and Prevention Committee. No other nominations received.	Chair Nazarian entertained a motion to vote on slate as presented which was moved to approve by Com. Kearney and seconded by Com. Gertmenian. Motion was unanimously carried.

Topic	Discussion/Finding	Recommendations, Action, Follow-up
Strategic Planning	<p>Strategic Priority 1: Marijuana Education and Legislation</p> <ul style="list-style-type: none"> - Goal 1: Become knowledgeable about the regulations of marijuana and the effects of the law on all communities, especially undeserved communities and populations. - Goal 2: Assist with preventative efforts surrounding the legalization of recreational marijuana, especially to children and youth. - Goal 3: Determine whether the current tax structure is encouraging compliance or discouraging compliance. <p>Strategic Priority 2: Sober Living Homes and Transitional Living Homes</p> <ul style="list-style-type: none"> - Goal 1: Examine options for State, County and local regulations to help ensure unlicensed sober living homes are safe for patients and community. - Goal 2: Make recommendations as needed to the County BOS regarding safe and effective sober living and transitional living facilities for the patients and communities of Los Angeles. <p>Strategic Priority 3: Co-occurring Disorders and Integration of Services</p> <ul style="list-style-type: none"> - Goal 1: Ensure effective treatment is available to the men, women and children of Los Angeles. - Goal 2: Support the integration of SAPC's well-being centers throughout Los Angeles County which will provide mental health and other support services to those suffering from SUDs and their families and friends. 	

	<p>Strategic Priority 4: Opioids</p> <ul style="list-style-type: none">- Goal 1: Work collaboratively with the BOS, other commissions, County staff and others to share information and resources regarding the opioid crisis. <p>Strategic Priority 5: DMC-ODS Medi-Cal Waiver</p> <ul style="list-style-type: none">- Goal 1: Make recommendations to SAPC as needed as they continue to refine and enhance the benefit package available to the clients of Los Angeles County.- Goal 2: Examine options for State, County and local regulations regarding Sober Living, Transitional Housing and Bridge Housing to help ensure the best possible outcomes for maintaining sobriety and reducing recidivism in clients.	
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<p>Report from Substance Abuse Prevention and Control (SAPC)</p>	<p>Michelle Gibson, Chief, Strategic and Network Development Branch of Substance Abuse Prevention and Control (SAPC), provided an update.</p> <p>California Department of Healthcare Services has implemented a Naloxone Distribution Project, any community provider is eligible.</p> <p>SAPC is working on an opioid related media campaign, aimed at the 18 to 25 year-old age group. Plan to launch towards the end of the fiscal year.</p> <p>SAPC has been working on the Antelope Valley Pilot Project, will provide services between the hours of 5:00 pm and 4:00 am. If it is successful, similar projects will be implemented in other areas of the County. SAPC is also working on a Telehealth program for Catalina Island.</p> <p>Question and Answer Period:</p> <p>Question from Com. Polityko – Are first responders required to carry naloxone? Per Michelle Gibson, not sure, but would imagine each department has their own policy.</p> <p>Statement from Com. Kearney – Someone from SAPC promised to bring someone in to speak about the Murphy Sobering Center. Per Michelle Gibson, we will work on scheduling this.</p> <p>Question from Com. Root - Does the mixing of the MAT and abstinent populations undermine the treatment process? Per Michelle Gibson, Dr. Tsai could give a better response to this question.</p>	<p>Speaker to be scheduled to discuss the Murphy Sobering Center.</p>

	<p>Per Com. Root, Dr. Tsai has talked about harm reduction, this is a difficult issue.</p> <p>Per Com. Warwick, more education is needed in this field. Has spoken with a provider who does MAT, and self-help doesn't want people on MAT.</p>	
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Chair's Report	Chair Nazarian discussed plans for the upcoming year. We are working on coordinating speakers for upcoming meetings including the County's Tobacco Control and Prevention Program, the District Attorney's office, Health Deputies from all districts, Dr. Connolly, Dr. Ferrer, Dr. Tsai, a town hall meeting and training regarding submitting a recommendation to the BOS.	
Committee Reports	<p>Per Com. Essavi, the Education and Prevention Committee had a presentation on SB 58 by Mayra Jimenez of Alcohol Justice. SB 58 is being presented as a pilot program in nine cities within California and may be agendized as early as next month.</p> <p>Per Com. Warwick, the Policy and Planning Committee discussed SB10, AB286, AB4 and SB29.</p>	
Comments from Commissioners on Items of Interest	<p>Chair Nazarian would like to have a point person from each district to contact health deputies if needed.</p> <p>1st District – Com. Root 2nd District – Com. Shelton 3rd District – Chair Nazarian 4th District – Com. Worthington 5th District – Com. Winkler</p>	
Public Comments	<p>Denise Tom of the California Community Foundation, thanks the CAOD for keeping the DMC-ODS Medi-Cal Waiver as a strategic priority. Works with youth and is concerned with youth providers' long-term sustainability.</p> <p>Per Ken Pierce of the Center for Counseling, recommends skipping the long process and going straight to your health deputies regarding SB58. Also, recently discovered that</p>	

	fentanyl patches do not have a warning on them and was shocked at that.	
Adjournment	The meeting was adjourned at 2:30 p.m.	

**Next meeting: Wednesday, March 13, 2019, at 1:00 p.m.
Beverly Hills City Hall, Municipal Galley, 455 N Rexford Dr, Beverly Hills, California 90210
Committees will meet at 12 noon at the same location.**