

### Continuing Education Credits

County of Los Angeles Department of Mental Health is approved as a continuing education provider by the following:

◇California Board of Behavioral Sciences (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists

◇California State Board of Registered Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians

◇California Association of Alcoholism and Drug Abuse Counselors (Provider #2N-91-267-0811)

### Please Note:

- ⇒ *Registration Confirmation: ONLY* e-mail confirmations will be sent
- ⇒ Registration Deadline May 26, 2015
- ⇒ No Refund after May 26, 2015
- ⇒ Credit Cards will not be accepted
- ⇒ NOTICE: Returned checks will be charged \$30.00
- ⇒ No preparation is required for this training/conference

*Please apply at the CEU table on the day of event.*



For additional information or questions regarding this conference please

Contact: (213) 639-6396 or

[MHASConference@dmh.lacounty.gov](mailto:MHASConference@dmh.lacounty.gov)

Fax (213) 386-1297

### Conference Planning Committee

Adrienne Cedro-Hament, LCSW  
Conference Chair  
LA County Department of Mental Health  
Office of the Director/Community and Government Relations

Helena Ditko, LCSW  
Conference Co-Chair  
LA County Department of Mental Health  
Office of the Director, Consumer and Family Affairs

Marghot Carabali - Los Angeles County Public Health  
Substance Abuse Prevention & Control (SAPC)/Criminal Justice Unit  
Rocco Cheng, Ph.D. - Pacific Clinics Advancing Behavioral HealthCare  
Clinics Corporate Director of Prevention and Early Intervention Services  
Hanumantha Damerla, MD - Los Angeles County Department of Mental Health  
Specialized Child & Youth Svcs., Bureau  
Luis G. Escalante, MSW, MPA - Los Angeles County Department of Mental Health  
Workforce Education and Training/Program Support Bureau  
Lisa Finkelstein - Los Angeles County Department of Health Services  
Legislative Analyst/Government Relations  
Sonia Hicks - Los Angeles County Department of Mental Health  
Office of the Director, Consumer and Family Affairs  
Deidra Hope - Los Angeles County Department of Mental Health  
Office of the Director, Consumer and Family Affairs  
Eron Johnson - Los Angeles County Department of Mental Health  
Office of the Director, Consumer and Family Affairs  
Mira Kim - Los Angeles County Department of Mental Health  
Workforce Education and Training/Program Support Bureau  
Gerardo Pinedo - Los Angeles County Department of Health Services  
Director of Government Relations and Policy  
Susan Rajlal - LA County Department of Mental Health  
Office of the Director/Community and Government Relations  
Raquel Roller, MPA - Los Angeles County Department of Mental Health  
Office of the Director  
Diana Wang - Los Angeles County Department of Mental Health  
Office of the Director, Consumer and Family Affairs  
Tim Young - Los Angeles County Department of Public Health  
Substance Abuse Prevention & Control (SAPC)/Criminal Justice Unit

### Conference Presented By:

#### Los Angeles County Board of Supervisors:

Hilda L. Solis      Mark Ridley-Thomas  
First District      Second District

Sheila Kuehl      Don Knabe  
Third District      Fourth District

Michael D. Antonovich  
Fifth District

#### Los Angeles County Department of Mental Health

Marvin J. Southard, D.S.W., Director

MHSA Funded

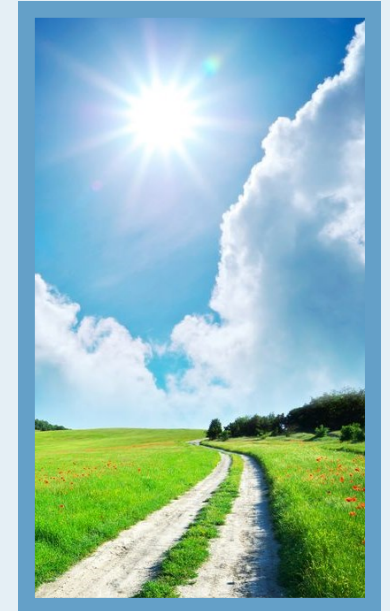


Los Angeles County Department of Mental Health  
Community & Government Relations  
550 S. Vermont Ave., 12th Floor  
Los Angeles, CA 90020

14 Years of Building Faith Partnerships for Hope, Wellness, and Recovery with Mental Health & Spirituality

Los Angeles County Department of Mental Health  
14th Annual Conference on  
Mental Health & Spirituality

## Journey Called Life



May 28, 2015

Los Angeles Convention Center  
"Concourse Hall"  
1201 S. Figueroa St.  
Los Angeles, CA 90015

Parking Location: **WEST HALL**

MHSA Funded

## About the Conference

This Annual Mental Health and Spirituality Conference has developed over the past 14 years from grass roots desires of consumers to integrate spirituality as a means to their personal mental health recovery journeys. Mental health is something that many take for granted but those who struggle with mental illnesses often find much relief, consolation, hope and resiliency through their personal religious practices and through their faith. The Los Angeles County Department of Mental Health has always listened to the people who receive mental health services about ways they recover, and so the integration of spirituality as a tool toward wellness developed, not only in individual treatment plans, groups, parameters of practice for clinicians, but also resulted in this conference planning committee. Over the years of this conference, the many spiritual practices have been highlighted and also the services of mental health, substance treatment, public health and physical health care. We are pleased to offer this conference as a resource for clinicians, clients, health providers, spiritual care providers, family members and clergy alike as learning opportunity about integration of the healing elements that spiritual practice provides.

## Keynote Speakers



### **The Rev. Ronald David, MD**

Ron, as he prefers to be addressed, is a physician and priest. He is a graduate of the State University of New York at Buffalo where he earned a Bachelor of Arts degree in psychology and a Doctor of Medicine degree with honors (the Alpha Omega Alpha Honor Medical Society). Ron was resident and chief resident in pediatrics and fellow in neonatal perinatal medicine at the University Health Center of Pittsburgh's Children's Hospital where he was subsequently appointed assistant professor of pediatrics and obstetrics/gynecology. As assistant professor Ron was the conceptual architect and co-founder of the Transitional Infant Care program at the Children's Home of Pittsburgh.

After 7 years of rewarding work in academic and clinical medicine Ron accepted an invitation to join the ranks of public health administrators and was appointed deputy secretary of health for then Governor Robert P. Casey in the Commonwealth of Pennsylvania. In Ron's fourth year with the Casey administration, he was appointed acting secretary of health and afforded the opportunity to participate in the leadership program for senior executives at the John F. Kennedy School of Government. Shortly thereafter Ron joined the Kennedy School faculty as a lecturer in public policy where his research interest was women's health as it defined and affected by patriarchal politics and power.

Yearning for a return to clinical and academic medicine Ron accepted an invitation to be chief medical officer of the District of Columbia Health and Hospitals Public Benefit Corporation. There he witnessed much despair and dysfunction and disease. This was a time of spiritual discernment for Ron and he was then set on a conscious path to ordained ministry. In 2003 he earned a Master of Divinity degree from the Virginia Theological Seminary, and he was ordained to the priesthood (Episcopal Church USA) on July 15, 2006.

Ron is certified as a clinical chaplain and diplomat in the College of Pastoral Supervision and Psychotherapy and currently serves as chaplain and supervisor of clinical pastoral education at the Hospital of the Good Samaritan in Los Angeles, California. There he has the opportunity to meld his vocations as physician and priest through the interdisciplinary study of the science and theology of health. He has had two essays published in the Journal of Pastoral Care & Counseling. The first is titled "Advanced Directives and End of Life Care: One African American's Perspective," (2008; 62[2]: 163-65). The second is "The Care of a Person with a Diseased and Broken Heart," (2008; 62[4]: 363-66).

### **Dr. Hanumantha Damerla**

Dr. Hanumantha Damerla, MD, received his medical degree from Gandhi Med College, University Health Science, Vijayawada, Hyderabad, Ap, India. He has 22 years of experience in the field of psychiatry with significant experience as a child and adolescent psychiatrist. Dr. Damerla serves as the Medical Director for Juvenile Justice Camps and the Dorothy Kirby Center. He has worked with LACDMH since 2004 and has been with LA County for almost 13 years. He is also a Clinical Assistant Professor of Psychiatry at the USC Keck School of Medicine.

Some of Dr. Damerla's recent accomplishment include becoming a Distinguished Fellow with the American Academy of Child & Adolescent Psychiatry (AACAP). "Distinguished Fellow is the highest membership honor that AACAP bestows upon members," He also received the LA County STARS! Award in the category of Service Excellence and Organizational Effectiveness and was presented this award at the Los Angeles County Board of Supervisors meeting on Tuesday, January 14, 2014.

## *\*Photo and Video Disclosure*

Los Angeles County Department of Mental Health may use/disclose photographs and audio-video recordings of attendees. They may be used in motion picture, still photography in any form, future brochures/programs, editorial, or any and all other lawful purposes.

## Conference Agenda

7:30am - 8:30am	<b>Registration</b>
8:30am - 8:45am	<b>Opening Ceremony</b> Opening Blessing through Native American Song and Drum
	<i>American Indian Changing Spirits Drum Group</i>
	<b>Invocation</b> <i>Ven. Lama Thubtan Nima</i>
8:45am - 9:15am	<b>Welcome</b> Honorable <i>Mark Ridley-Thomas, Ph.D. Supervisor</i> Los Angeles County 2nd District <i>Dr. Marvin J. Southard, DSW Director</i> Los Angeles County Department of Mental Health <i>Mr. Wesley L. Ford, MA, MPH, Director</i> Los Angeles County Department of Public Health Substance Abuse Prevention and Control
9:15am - 10:45am	<b>Morning Keynote</b> "Hinduism, Mental Health and Spirituality: An Integrated Perspective "  <i>Dr. Hanumantha Damerla</i>
	<b>Break</b>
10:45am - 11:00am	<b>Concurrent Workshops</b>
11:00am - 12:30pm	Lunch - Cultural Performance - "Latin Music for All" <i>Alex Lalin, Victor Estrada, Carlos Ordiano, &amp; Jacob Vera</i>
12:30pm - 1:30pm	
1:30pm - 3:00pm	<b>Afternoon Keynote</b> "Love: its Meaning, Manifestations, and Relationship to Health" <i>The Rev. Ronald David, MD</i>
3:00pm - 3:15pm	<b>Dessert Break</b>
3:15pm - 4:45pm	<b>Repeat of Concurrent Workshops</b>
4:45pm - 5:00pm	<b>Buddhist Blessing Chanting</b> Hsi Lai Temple Monastic <b>Closing Ceremony</b> Raffle Tickets

## Workshop Topics

1. Spirituality, Neuroscience, and Psychotherapy: Wellsprings for Healing Resilience, and Recovery for Diverse Populations  
*- Lourdes Arguelles, Ph.D. & Dr. Alane Daugherty*
2. The Unspoken Truth: Faith Communities Engage to End Sexual Violence and Human Trafficking  
*- Dr. Thema Bryant-Davis and Rev. Dr. Najuma Smith-Pollard, MBA, Dmin*
3. "PTSD" & Moral Injury: What Works  
*- Nathan Greaser, M.Div. and Mark Mitchell, MFT*
4. Spiritual Self-Actualization Pilot Project Conducted in a Mental Health Setting  
*- Charles G. Suhayda, Ph.D., M.Div. and Leticia Ximénez, Psy.D.*
5. The DMH Clergy Academy Program  
*- Adrienne C. Hament, LCSW, Luis Orozco, LCSW & Dario Tejada, MSW Candidate*
6. Ayurveda and Yoga: Ancient Practices with Modern Applications  
*- Hanumantha Damerla, MD and Kavita Khajuria, MD*
7. Caring for Caregivers  
*- Dr. Samuel Wong, CMT, BCTMB, Ph.D.*
8. From Substance Abuse to Emotional/Spiritual Sobriety: The Promise to the 12-Step Process  
*- Herb Kaighan*

## Directions

From 110 North/10 West - [West Hall](#) - Straight ahead

From 110 South - Exit on Olympic Blvd. Off-ramp. Turn left on to Blaine (one-way), stay in second lane from left. Turn left on 11th Str. (stay right). Go under Fwy. Turn right on L.A. Live Way. [West Hall](#) - Turn left at first signal (12th St.)

From 10 East - Exit Grand Ave. Turn left onto Olive St. Turn left on Pico Blvd. Turn right on L.A. Live Way to [West Hall](#).

## Parking Price at the Convention Center is \$20.00

## Public Transportation

- **Metro Rail lines From LAX to Union Station**  
For more information: <http://www.mta.net>
- **Flyaway Bus Service**  
For more information: <http://www.lawa.org>

- Redline or Purple Line to Union Station
- Take Blue line
- Exit Pico Station

● Start out going southwest on S. Flower St. toward W. Pico Blvd.

➡ Take the 1st right onto W. Pico Blvd.  
● Joe's LA Market & Deli is on the corner  
● If you reach Cameron Ln you've gone a little too far

➡ Turn left onto S. Figueroa St.  
● Starbucks Coffee is on the corner  
● If you reach Trenton St. you've gone a little too far

■ 4. 1201 S. FIGUEROA ST. is on the right.  
● Los Angeles Convention Center

## Hotels

Hotels located in the downtown area: Omni Hotel; California Plaza; Double Tree; The LA Hotel; The Westin Bonaventure; Millennium Baltimore Hotel; Hilton Checkers and Sheraton.

## 2015 Annual Conference on Mental Health & Spirituality

### **Journey Called Life**

(Seating is Limited - Please Register Early!)

**Completed form due by May 26, 2015**

<b>Please Print Clearly</b>	
Name _____	
Title _____	Organization _____
Address _____	
City/State/Zip _____	Phone _____
E-mail _____	
<b>Special Needs:</b>	
<input type="checkbox"/> Wheelchair Accommodation	<input type="checkbox"/> American Sign Language
<input type="checkbox"/> Language Interpretation: _____	

**Please Select One:**

<b>Faith Community \$25.00</b>	<input type="checkbox"/> Clergy:	<input type="checkbox"/> Other Congregational
● (Religious Faith: _____)		

### **LA County Consumer/Family Member (Scholarship)**

<input type="checkbox"/> Consumer	* <i>(Scholarship info Deidra Hope 213-351-1930 or</i>
<input type="checkbox"/> Family Member	<i>dhope@dnh.lacounty.gov</i> <i>FAX 213-252-8767</i>

Other County Consumers/  
Family Members **\$25.00**

<input type="checkbox"/> Student Rate <b>\$43.00</b>	<input type="checkbox"/> Community Provider / General Public <b>\$130.00</b>
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### **County Staff \$43.00**

<input type="checkbox"/> LACDMH Staff	<input type="checkbox"/> DCFS Staff
<input type="checkbox"/> Other: _____	

**LACDMH Directly Operated Employees Only (Supervisors approval required)**

Employee Number _____
Supervisor Name (Print) _____
Supervisor Signature _____

Amount Paid: \$ \_\_\_\_\_

Check/Money Order#: \_\_\_\_\_

⇒ Checks/Money Order Payable to: **Los Angeles County DMH**

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### **Mail To:**

County of Los Angeles Department of Mental Health  
Office of the Director/CGRD  
Attn: Destiny Walker  
550 S. Vermont Ave., 12th Floor  
Los Angeles, CA 90020