

## HOW TO FIND SERVICES

There are several ways that you can get started with your substance use treatment:

- ✓ Call the toll-free Substance Abuse Service Helpline (SASH) at **1-844-804-7500**. You can reach a call agent who can conduct a brief screening and referral 24-hours per day and 7 days per week. Translation services are available.
- ✓ Visit the online directory to find providers near your work, home, or school. This tool is available at <http://sapccis.ph.lacounty.gov/sbat/>.

With either option, you can pick a provider that meets your language, cultural, service, or location needs. An intake appointment should be scheduled no later than 10 calendar days from the screening or referral.

## ELIGIBILITY FOR SERVICES

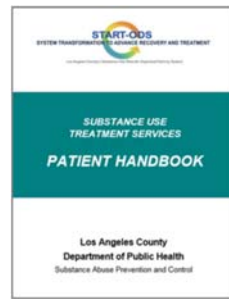
Youth and adults can access no-cost substance use treatment services at any provider in the network if you meet the following criteria:

- ✓ **Medi-Cal Eligible** (*active benefits are not required at time of screening, referral, or intake*) OR
- ✓ **My Health LA Eligible** (*active participation is not required at time of screening, referral, or intake*) OR
- ✓ **Other County Funded Program Participant** (*such as AB 109, Drug Court*) AND
- ✓ **Los Angeles County Resident**

You cannot be charged any fees for services if you meet medical necessity (assessed to need treatment).

You cannot be turned away or asked to pay if you are eligible, even when an application is incomplete or in-process.

To learn more about services offered at no-cost by the Los Angeles County Department of Public Health, Substance Abuse Prevention and Control (SAPC) and its network of contracted providers, see the Patient Handbook and other resources



available on the Patient and Public Page of SAPC's website, accessible at:

<http://publichealth.lacounty.gov/sapc/PatientPublic.htm>

Substance Abuse Service Helpline

**1-844-804-7500**

Call SASH anytime (24/7, toll-free)

Find a provider near you at: <http://sapccis.ph.lacounty.gov/sbat/>



## LOS ANGELES COUNTY SUBSTANCE USE TREATMENT SERVICES

*Free services for Medi-Cal,  
My Health LA, and Other  
County-Funded Eligible  
Youth and Adults*



*Need Help?*

Screening and Referral

Call 1-844-804-7500

Locate a Provider by Map

<http://sapccis.ph.lacounty.gov/sbat/>

## HOW DO I KNOW?

The best way to find out if you need alcohol or drug treatment services is to call the toll-free Substance Abuse Service Helpline or SASH at 1-844-804-7500.

- ✓ A call agent will ask you some questions about your alcohol and/or drug use as well as any language, cultural, or other service preferences. This information will help the call agent decide which service and provider are the best fit for your needs. Whenever possible, an appointment will be made with a treatment provider while you are on the call. This call will take about 15-20 minutes.
- ✓ If you are a parent/guardian of a minor, you can also call, and after answering a few questions on behalf of the minor, a referral can be made.

If you are not sure you need help, or are not ready to make the call, think about how alcohol or drugs are impacting your life or the life of a loved one:

- ✓ Do you feel your substance use is holding you back in any way?
- ✓ Is substance use negatively impacting your relationships, work, school, or home life?
- ✓ Are you using more substances than you intended, or is it difficult to cut down or control your substance use?
- ✓ Is the quality of your school or work declining as a result of your substance use?
- ✓ Do you feel physically sick or unwell when you stop using substances?

## AVAILABLE SERVICES

The following services are available at no-cost to eligible participants who meet medical necessity:

Limited Outpatient for At-Risk	
Who	Youth and Young Adults (age 12-20)
What	Short-term services (about 4 sessions) that include group counseling, individual counseling, and case management

Outpatient	
Who	Youth and Adults
What	Less intensive community-based services (up to 9 hours per week) that include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management

Intensive Outpatient	
Who	Youth and Adults
What	More intensive community-based services (up to 19 hours per week or up to 30 hours per week for perinatal patients) that include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management

Medication-Assisted Treatment/Opioid Program	
Who	Youth (if authorized) and Adults with alcohol or opioid use disorder
What	Prescribe medications (methadone, buprenorphine, disulfiram, naloxone), as well as provide case management, and group, family therapy, and individual counseling

## AVAILABLE SERVICES

Withdrawal Management (Detox)	
Who	Youth (if authorized) and Adults
What	Outpatient or residential withdrawal management services (also known as detox) with or without medication services for up to 14 days

Residential – A Preauthorized Service	
Who	Youth and Adults
What	Short-term residential services are determined by medical necessity and include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management

Recovery Support Services	
Who	Youth and Adults – Post Treatment
What	Support services available after treatment completion, including group counseling, individual counseling, relapse prevention, recovery coaching, and case management

Recovery Bridge Housing	
Who	Adults concurrently enrolled in outpatient, intensive outpatient, medication-assisted treatment/opioid program, who meet high-risk criteria (e.g., LGBTQ, HIV/AIDS, chronically homeless, IV drug user, high service utilizers, transition age youth)
What	Adults up to 180 days per calendar year. Perinatal/Postpartum up to length of pregnancy and 60-days after birth