

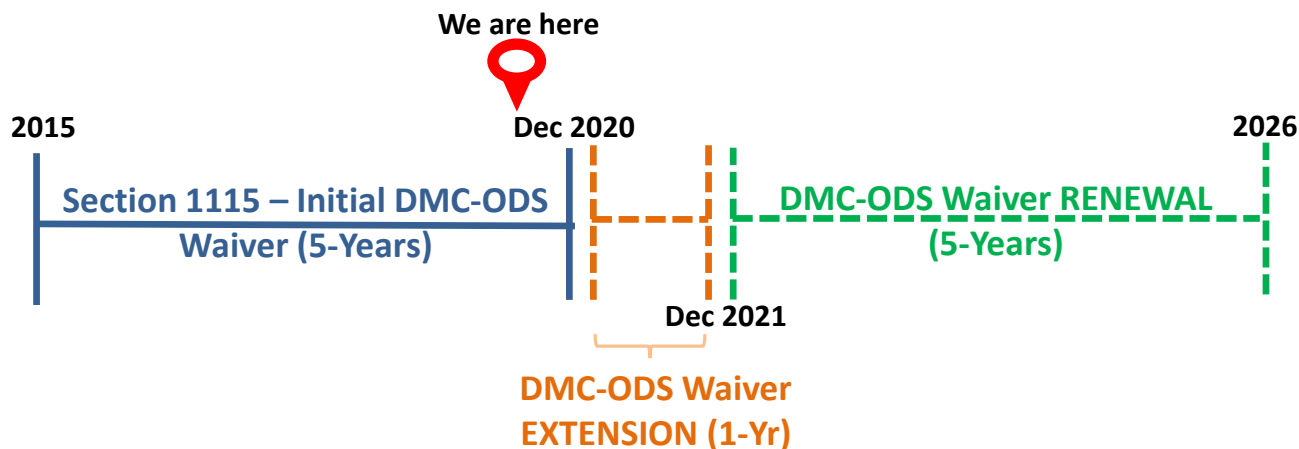


# Updates for SAPC Treatment Providers

- Waiver
- Financial Sustainability
- COVID-19



# 1115 & DMC-ODS Waiver Background



- **DMC-ODS waiver has been a demonstration project to provide more federal funding for the specialty SUD system to support the delivery of more services for more people to achieve improved outcomes.**
- **As of August 2019, 30 counties across CA have opted in, accounting for 93% of the Medi-Cal population.**
  - LA County launched DMC-ODS in July 2017



# Waiver Extension

- **DMC-ODS changes in DHCS' waiver extension proposal:**
  - **RESIDENTIAL**
    - Remove the two-episode limit on residential SUD treatment and set a goal for a 30-day statewide average length of stay.
  - **MAT**
    - Require all DMC-ODS providers to either directly offer MAT or offer it through referral.
  - **REIMBURSEMENT BEFORE DIAGNOSIS**
    - Clarify that reimbursement is available for SUD assessment and appropriate treatment even before a definitive diagnosis is determined.
  - **RECOVERY SERVICES**
    - Clarify the Recovery Services benefit.
  - **SUD SERVICES FOR AMERICAN INDIANS AND ALASKA NATIVES**
    - Increase access to SUD treatment for American Indians and Alaska Natives.

# Snapshot: Residential SUD Care in LA County

- **Average residential SUD length of stay (LOS)**

- Adults: ~50-55 days
- Youth: ~40-45 days

Goal will be 30-day statewide average with the waiver extension

- **% of clients transitioned to a lower level of care after their residential episode**

- Adults: ~32%
- Youth: ~25%





# SUD Trends to Prepare For

## 1. Residential SUD Treatment\*

- Unlimited episodes
- Shorter lengths of stay → Increases importance of greater facilitation to lower levels of care (including different types of outpatient treatment + RBH)

## 2. Medications for Addiction Treatment\* (MAT)

- Every site and level of care – we need to either directly offer MAT or offer it through referral

## 3. Greater Use of Recovery Services\*

## 4. Greater integration with Mental & Physical Health Systems\*

## 5. Criminal Justice & Homeless Populations\*

## 6. Contingency Management

## 7. Optimizing Claims Submission and Denial Resolution

**\*Top 5 will all rely on CASE MANAGEMENT!**



# Financial Sustainability

- **Important financial considerations in the next year**
  - Impact of PANDEMIC on revenue → reduced services will result in reduced revenue, which is why maintaining services will be essential
  - Providers will start to feel the impact of STATE DENIALS that will need to be corrected
  - Providers will start to feel the impact of COST SETTLEMENT from the start of DMC-ODS



# Critical Financial Actions

## • Pandemic

- Need to track client and service delivery volumes closely, particularly regarding where your revenue is in relation to your costs (due to need to ultimately settle at cost)
- If experiencing financial challenges, please notify SAPC so we can address concerns on a case-by-case basis.

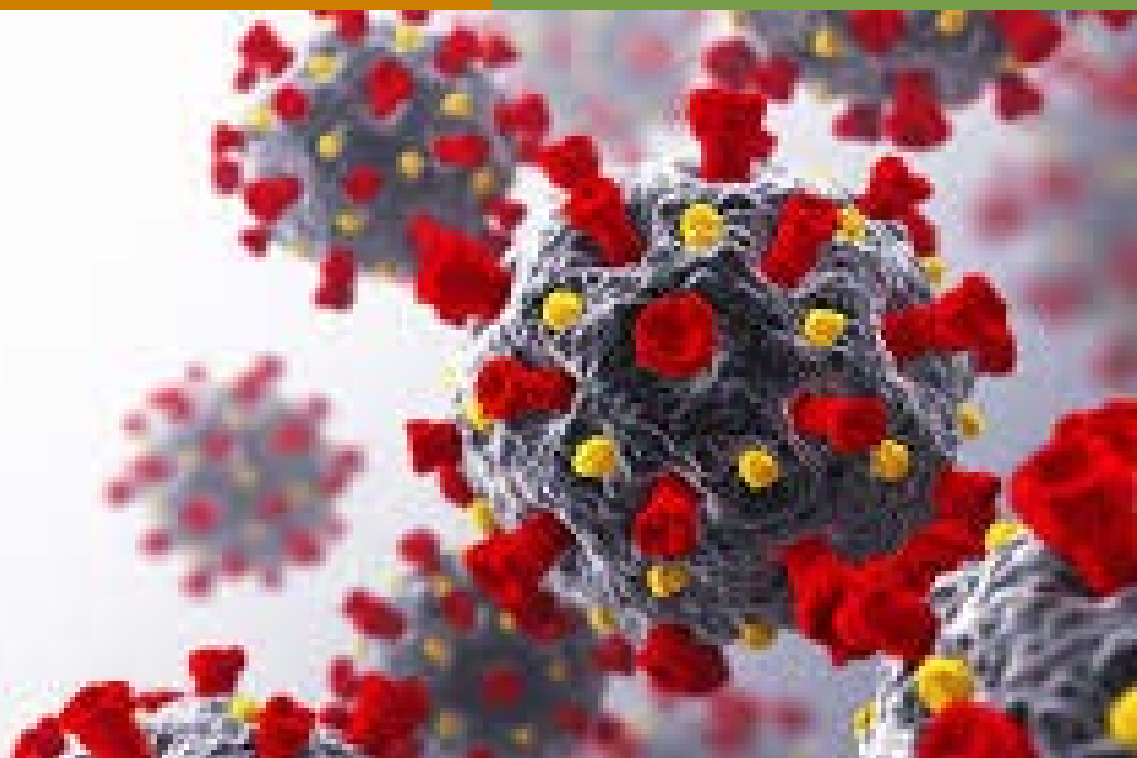
## • State Denials

- Recommend using SAPC denial reasons and resolution resources to identify the most common reasons for the specific denials at your site and then train staff on respective resolutions so these are flagged.
- Then incorporate the resolution to your most common denials into your normal claims submission process.

## • Cost Settlement

- Now that SAPC will be starting the cost settlement process for prior fiscal years since the launch of DMC-ODS, providers will get a sense of how revenue from DMC-ODS compares to their costs (for those who haven't already been tracking this) and feel the financial impact of cost settlement.
- Providers will need to make adjustments to their costs accordingly and may realize that increased revenues allow them to increase their costs (increase salaries to better compete for staff, hire more staff to reduce caseloads, hire more LPHAs, offer MAT, etc).

# COVID-19 Highlights



- **Testing**
- **PPE**
- **Optimizing Telehealth & Telephone Services**
- **SUD Need**
- **Local Health Dept (LHD) Jurisdiction**



- New admission testing is NOT required. New admits should ideally be quarantined for 14 days.
- **Main components of LA County DPH Targeted Testing Guidance**
  - Develop testing plan that enables sites to offer or refer for testing.
  - Identify close contacts with unprotected exposure during the infectious period when there is a known (+) case.
    - “Close contact” definition:
      - Presence within 6 ft for > 15 min without a face mask (face coverings do not count).
      - Unprotected contact with infected person’s bodily fluids/secretions.
  - Isolate and test close contacts.
- **Clients**
  - All potentially and confirmed exposed clients need to be quarantined, even with (-) test results given that someone can still be infected if the test occurred during the COVID-19 incubation period.
- **Staff**
  - Staff who are exposed need to home quarantine, even if their test result is (-).

# Establishing Relationships with Local Labs or Clinics for COVID-19 Testing

- Resources

- Finding a lab that offers COVID-19 testing:

<http://publichealth.lacounty.gov/sapc/docs/providers/covid19/resources/LA-County-COVID-Lab-Reference-Guide-07-28-20.pdf>

- Finding a Federally Qualified Health Center (FQHC; aka: clinic) that offers COVID-19 testing: <https://findahealthcenter.hrsa.gov/>

**HRSA** Data Warehouse Find a Health Center

About the Health Center Program | About This Tool | Note to HRSA Health Centers

Los Angeles, CA, USA

5 miles

**Search Results:** Filter Results

COVID-19 Testing

Telehealth

COVID-19 Testing & Telehealth

COVID-19 Testing only

Telehealth only

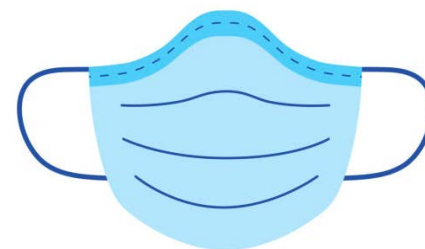
Both COVID-19 Testing & Telehealth Not Available

Uncheck both boxes to view all health centers

Export Results as: PDF XLSX

# COVID-19 Updates

- **PPE**
  - County PPE distribution for congregate SUD settings (residential, inpatient, & Recovery Bridge Housing)
  - All settings – face shields + masks is ideal
- **Optimizing Telehealth & Telephone Services**
- **SUD Need**
  - Some preliminary overdose death data suggests increased SUD needs during the pandemic





## Local Health Dept (LHD) Jurisdiction

- Los Angeles has various LHD's → Depts of Public Health for LA County, Long Beach, & Pasadena.
- Providers are responsible for complying with requirements and guidance from SAPC, as well as abiding by all applicable local laws, regulations, ordinances, and requirements. This includes complying with requirements from the local health department that governs public health within applicable jurisdictions of the County.
  - **In instances of variances, the prevailing guidance is the stricter policy from entities that the SAPC service provider is required to comply with.**
- Contact the issuing entity(ies) for additional information and clarification, as needed.

- **General COVID-19 websites**

- DPH COVID-19 website: <http://www.publichealth.lacounty.gov/media/Coronavirus/>
- SAPC COVID-19 website: <http://publichealth.lacounty.gov/sapc/providers/covid19/#resources>

- **Testing**

- **Finding LABS that perform COVID-19 testing:**  
<http://publichealth.lacounty.gov/sapc/docs/providers/covid19/resources/LA-County-COVID-Lab-Reference-Guide-07-28-20.pdf>
- **Finding FQHC CLINICS that perform COVID-19 testing:**  
<https://findahealthcenter.hrsa.gov/>
- **Targeted Testing Guidance for Congregate Residential Facilities:**  
<http://www.publichealth.lacounty.gov/media/Coronavirus/docs/settings/GuidanceCongregateLivingTargetTesting.pdf>

- **Residential Guidance:**

<http://www.publichealth.lacounty.gov/media/Coronavirus/docs/settings/GuidanceResidentialSubstanceUse.pdf>

- **Non-Residential Guidance:**

<http://www.publichealth.lacounty.gov/media/Coronavirus/docs/settings/GuidanceNonResSubstanceUse.pdf>

- **Quarantine, Isolation, and Cohorting:**

[http://publichealth.lacounty.gov/media/Coronavirus/Quarantine\\_vs\\_Isolation.pdf](http://publichealth.lacounty.gov/media/Coronavirus/Quarantine_vs_Isolation.pdf)

- **Optimizing PPE Supply:**

<http://www.publichealth.lacounty.gov/media/Coronavirus/docs/protection/OptimizingSupplyPPE.pdf>