

Effecting Change through the Use of Motivational Interviewing: Interactive Training for Skill Development

Sponsored By:

LA County Department of Public Health, Substance Abuse Prevention and Control (SAPC)
UCLA Integrated Substance Abuse Programs
Pacific Southwest Addiction Technology Transfer Center



Who Should Attend:	<p>This six-hour training is free and is open to staff who are interested in providing Motivational Interviewing, including:</p> <ul style="list-style-type: none"> • Psychologists • LMFTs and LCSWs • Registered Nurses • Certified Substance Use Disorder Treatment Counselors <p>Other Behavioral Health Specialists/Clinicians</p>
Training Description and Core Clinical Components:	<p>Motivational interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. Following a brief review of the fundamental MI principles and micro-skills, this experiential MI Skill Development training will focus on helping clients to engage in change talk, and then make commitments to make behavioral changes based on goals that they have identified. Ample time will be devoted to role play practice to enable participants to gain skills necessary to elicit change talk from clients with low levels of readiness for change, thereby increasing levels of motivation and moving them toward action to address their substance use issues.</p>
<u>Prerequisites</u>	<p>**IMPORTANT**</p> <p>In order to attend this in-person training session, you must first complete a pre-requisite online course, even if you have participated in MI training in the past. Enrollment information for the self-paced, online course, entitled A Tour of Motivational Interviewing, is available at: http://tinyurl.com/hbenh3g. This 4-hour self-paced course can be completed free of charge; CE credit is available for a nominal fee of \$20. After completing the online course, you will receive a certificate of completion that you must submit to UCLA ISAP as part of the training registration process. If you have any issues locating your certificate or completing the course, please contact the HealthEKnowledge support center at 888-998-6028. Please note: You will not be confirmed to attend this in-person training, nor will you receive a confirmation email, until your online MI course certificate of completion has been submitted to Shannon Berteau (sberteau@mednet.ucla.edu).</p>
Learning Objectives:	<p>At the conclusion of the MI Skill Development training session, participants should be able to:</p> <ol style="list-style-type: none"> 1. Define at least three (3) key principles of Motivational Interviewing that can be utilized with clients. 2. Compare the effectiveness of Motivational Interviewing to traditional medical approaches to counseling clients with substance use problems. 3. Describe and demonstrate the effective delivery of at least three MI micro-skills that be used to help clients increase motivation for substance use related changes. 4. Explain how to apply Motivational Interviewing techniques in typical circumstances encountered in behavioral health treatment.

Continuing Education:



This training meets the qualifications for the provision of six (6.0) continuing education credits/contact hours (CEs/CEHs) for the following disciplines: UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is also an approved provider of continuing education for LMFTs, LPCCs, LEPs, and LCSWs (CA BBS, #PCE 2001), RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1117), CATCs (ACCBC/CAADE, #CP 20 903 C 0816), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for six (6.0) contact hours.

**Motivational Interviewing Training
Registration Form**

Seating in each training is limited to 40 participants. Please RSVP to Shannon Berteau by **one week before your training date. To register online, please visit www.uclaisap.org/sapc-laces. To register by e-mail, please complete the bottom portion of this page and send it to sberteau@mednet.ucla.edu. To register by fax, complete the bottom portion of this page and fax it to Shannon's attention at (310) 312-0538. Registrations will be accepted on a first-come, first-served basis. You will be notified if space has been reserved for you upon receipt of your registration form. If completing this form by hand, please print clearly. Contact Shannon by phone (310) 267-5398 or e-mail if you have questions, special needs, or need additional information to register for this training.

****REGISTRATIONS WILL NOT BE ACCEPTED WITHOUT PREREQUISITE CERTIFICATES****

First and Last Name:		
Position/Title:		
Agency Name:		
Mailing Address:		
City:	State:	Zip Code:
Phone Number:		Fax Number:
E-mail Address:		
Type (s) of continuing education credit needed*:		License or Certification Number**:
Please select the training you would like to attend:		
<input type="checkbox"/> August 31, 2016 (9:00am-4:30pm) Santa Monica, CA (CLARE Foundation)		
<input type="checkbox"/> September 15, 2016 (9:00am-4:30pm) Pomona, CA (Prototypes)		

*Continuing education choices include: **RADT I/II, CADC-CAS, CADC I/II, CADC-CS, LAADC** (CCAPP); **CATC** (ACCBC/CAADE); **CAODC** (CADTP); **LMFT, LPCC, LEP, LCSW** (CA BBS); **Psychologist** (APA); and **Registered Nurse** (CA BRN).



**License number is required for participating licensed psychologists and registered nurses. *If you need a disability-related reasonable accommodation/alternative format for this event, please contact Jessica Sinks at (310) 267-5399, jsinks@mednet.ucla.edu by one week before the training date.*