

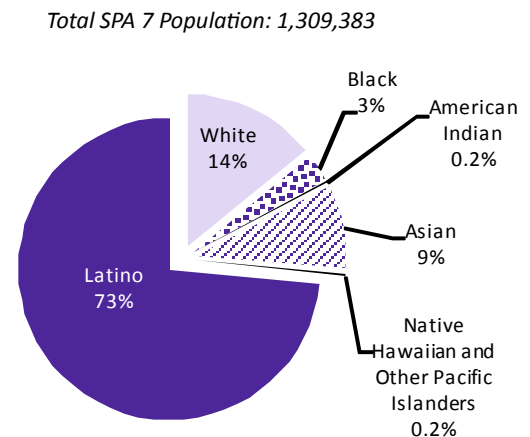
Supplement to Community Health Assessment Service Planning Area 7: EAST



Demographics

Demographics	Los Angeles County	SPA 7
Total population ¹	10,019,362	1,309,383
% male/female ¹	49%/51%	49%/51%
% of population ages 0-17 ¹	23%	27%
% of population ages 65+ ¹	12%	11%
% of adults who report having a disability ²	19%	20%
% of adults who primarily speak English at home ²	61%	52%

Population by Race/Ethnicity¹



Racial/Ethnic Disparities

Health Indicator	Los Angeles County	SPA 7				
		SPA 7 Overall	White	Black	Latino	Asian
% of adults with less than a high school diploma ³	24%	33%	10%	10%	43%	10%
% of population that lives in poverty (household income <100% Federal Poverty Level [FPL]) ³	17%	16%	8%	16%	19%	8%
Median household income ³	\$56,241	\$57,726	\$68,177	\$64,506	\$51,338	\$80,537
% of households that are crowded ^{a,3}	12%	18%	3%	9%	25%	11%
% of population that is foreign-born ³	35%	36%	9%	8%	39%	66%
Life expectancy (in years) ⁴	81.8	81.5	77.9	76.0	82.7	87.6 ^b

^a The U.S. Census Bureau defines crowded housing as more than one person per room.

^b Includes Native Hawaiian and Other Pacific Islanders (NHOPI).

Top Five Causes of Death and Premature Death⁵

Causes of Death ^c		Causes of Premature Death (Death Before Age 75)		Causes of Premature Death in SPA 7, by Sex	
Los Angeles County	SPA 7	Los Angeles County	SPA 7	Males	Females
Coronary heart disease (138)	Coronary heart disease (134)	Coronary heart disease	Coronary heart disease	Coronary heart disease	Coronary heart disease
Stroke (36)	Stroke (39)	Homicide	Homicide	Homicide	Breast cancer
Lung cancer (33)	Emphysema/COPD (32)	Suicide	Liver disease	Liver disease	Liver disease
Emphysema/COPD (30)	Diabetes (28)	Motor vehicle crash	Motor vehicle crash	Motor vehicle crash	Stroke
Alzheimer's disease (25)	Lung cancer (28)	Liver disease	Suicide	Suicide	Lung cancer

^c Numbers in parentheses are the age-adjusted death rates per 100,000 population.

Health Indicators^d

Social Environment	Los Angeles County	SPA 7
Housing and Homelessness		
Homeless Population ^{e,6}	35,524	2,430
% of households with high housing burden (pay more than 30% of income on housing costs) ³	52%	50%
Education		
% of schools that have API score greater than or equal to 800 ^{f,7}	38%	33%
Food Security		
% of households with incomes <300% FPL that are food insecure ^{g,2}	31%	31%
Average % of students in public schools eligible for free or reduced price meals ⁸	67%	71%
Physical Environment	Los Angeles County	SPA 7
Community Safety		
% of adults who perceive their neighborhood to be safe from crime ²	84%	84%
Average annual death rate for firearm homicide per 100,000 population ⁹	5.4 deaths	5.4 deaths
Livable Communities		
% of adults who use walking paths, parks, playgrounds or sport fields in their neighborhood ²	52%	55%
% of adults whose neighborhoods do not have walking paths, parks, playgrounds, or sports fields in their neighborhood ²	14%	11%
Commute time to work > 1 hour ³	12%	10%
Access to Medical and Dental Care ²	Los Angeles County	SPA 7
% of adults ages 18 –64 years who are uninsured	29%	32%
% of children who are uninsured	5%	7%
% of adults who reported difficulty accessing medical care	32%	35%
% of adults who do not have dental insurance	52%	53%
% of adults who did not obtain dental care in the past year because they could not afford it	30%	34%
% of children who do not have dental insurance	22%	21%
% of children ages 3-17 years who did not obtain dental care in the past year because they could not afford it	13%	17%
% of adults who did not obtain needed prescription medication in the past year because they could not afford it	15%	15%
Health Status	Los Angeles County	SPA 7
Adults, Mothers, Adolescents		
% of adults who perceive their health is fair/poor ²	21%	24%
% of women whose pregnancy was unintended ^{h,10}	48%	55%
% of live births where mother received prenatal care during the first trimester of pregnancy ¹¹	82%	82%
% of children ages 6 months-5 years whose mothers breastfed at least 6 months ²	45%	44%
Rate of births (per 1,000 live births) to females 15-19 years ¹¹	28	31
Mental Health		
% of adults ever diagnosed with depression ²	12%	12%
% of population with incomes ≤200% FPL with an estimated need for mental health services who received publicly funded mental health services ¹²	45%	40%
% of adults who tried to access mental health care in the past year ²	8%	6%
Of adults who tried to access mental health care, % who said it was difficult ²	37%	58%

Preventive Services	Los Angeles County	SPA 7
% of women ages 18-65 years who had a Pap smear within the past 3 years ²	83%	83%
% of women ages 50-74 years who had a mammogram within past 2 years ²	80%	81%
% of adults ages 50-75 years who are current with colorectal cancer screening ^{i,13}	65%	57%
% of adults ages 65+ years vaccinated against influenza in the past year ²	64%	62%
% of adults ages 65+ years who ever received a pneumococcal vaccination ²	61%	62%
% of girls ages 13-17 years vaccinated (at least one dose) against Human Papillomavirus (HPV) ²	45%	39%
% of kindergarten entrants who are exempt from school immunization requirements due to their parents'/guardians' personal beliefs ^{j,14}	2.2%	0.9%
Chronic Disease	Los Angeles County	SPA 7
% of adults who are obese ²	24%	30%
% of children grades 5, 7 and 9 who are obese ¹⁵	22%	26%
% of children with asthma ²	9%	10%
% of adults diagnosed with diabetes ²	10%	15% (highest SPA)
% of adults diagnosed with hypertension ²	24%	24%
Communicable Disease ^k	Los Angeles County	SPA 7
Incidence of HIV Diagnosis (annual new cases per 100,000) ¹⁶	19	12
Incidence of Chlamydia (annual new cases per 100,000) ¹⁷	521	499
Incidence of Gonorrhea (annual new cases per 100,000) ¹⁷	123	76
Incidence of Tuberculosis (annual new cases per 100,000) ¹⁸	7	7
Health Behaviors ²	Los Angeles County	SPA 7
% of adults who obtain recommended amount of aerobic exercise each week ^l	62%	61%
% of children ages 6-17 years who obtain recommended amount of exercise each week ^m	29%	33%
% of adults who consume 5 or more servings of fruits and vegetables daily	16%	12%
% of adults who consume fast food at least one time per week	40%	51%
% of children who consume fast food at least one time per week	51%	55%
% of adults who consume at least one soda or sweetened beverage per day	36%	38%
% of children who consume at least one soda or sweetened beverage per day	38%	41%
% of adults who report binge drinking in the past month ⁿ	15%	16%
% of adults who smoke cigarettes	13%	14%

^d Unless otherwise stated, adults are 18+ years old and children are 0-17 years.

^e Shelter & street count only. Excludes cities of Long Beach, Pasadena, and Glendale.

^f The Academic Performance Index (API) reflects a school's performance level based on statewide assessments. The California State Board of Education set 800 as the API target for all schools.

^g Food insecurity is limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways.¹⁹

^h An unintended pregnancy is defined as a pregnancy that is either mistimed or unwanted at the time of conception.²⁰

ⁱ The U.S. Preventive Services Task Force recommends screening for colorectal cancer using annual fecal occult blood testing, or sigmoidoscopy every 5 years or colonoscopy every 10 years.

^j Schools from Long Beach and Pasadena and schools with enrollment of less than 10 students were excluded from analysis.

^k Cases do not include those reported in cities of Long Beach and Pasadena.

^l Per the U.S. Department of Health and Human Services, to meet Physical Activity Guidelines for aerobic activity at least one of the following at least one of the following criteria must be fulfilled: 1) Vigorous activity for at least 75 minutes a week, 2) Moderate activity for at least 150 minutes a week, or 3) A combination of vigorous and moderate activity for at least 150 minutes a week.

^m Per the U.S. Department of Health and Human Services, children and adolescents should do 60 minutes (1 hour) or more of physical activity each day to meet recommendations. Activities measured included: walk, bike skateboard to or from school; participation in team sports; bicycling, rollerblading, skateboarding, etc.; other activities like physically interactive video games - DDR, Wii Sport or Fit; gymnastics, dance, karate, or similar type class.

ⁿ Binge drinking for females is drinking four or more drinks and for males, five or more drinks on one occasion at least one time in the past month.

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