

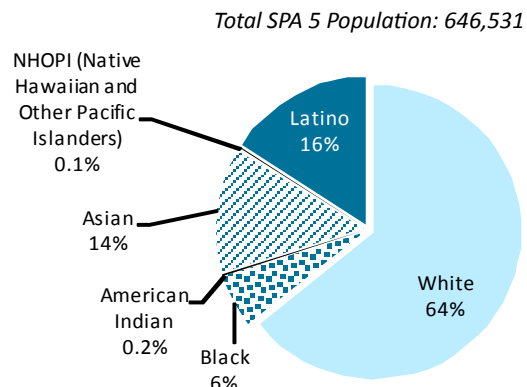
Supplement to Community Health Assessment Service Planning Area 5: WEST



Demographics

Demographics	Los Angeles County	SPA 5
Total population ¹	10,019,362	646,531
% male/female ¹	49%/51%	48%/52%
% of population ages 0-17 ¹	23%	16%
% of population ages 65+ ¹	12%	15%
% of adults who report having a disability ²	19%	19%
% of adults who primarily speak English at home ²	61%	83%

Population by Race/Ethnicity¹



Racial/Ethnic Disparities

Health Indicator	Los Angeles County	SPA 5				
		SPA 5 Overall	White	Black	Latino	Asian
% of adults with less than a high school diploma ³	24%	7%	3%	5%	28%	3%
% of population that lives in poverty (household income <100% Federal Poverty Level [FPL]) ³	17%	12%	9%	15%	17%	16%
Median household income ³	\$56,241	\$86,572	\$96,808	\$66,304	\$60,189	\$82,029
% of households that are crowded ^{a,3}	12%	3%	2%	2%	15%	5%
% of population that is foreign-born ³	35%	26%	19%	12%	39%	55%
Life expectancy (in years) ⁴	81.8	84.6	84.6	80.5	85.9	87.0 ^b

^a The U.S. Census Bureau defines crowded housing as more than one person per room.

^b Includes Native Hawaiian and Other Pacific Islanders (NHOPI).

Top Five Causes of Death and Premature Death⁵

Causes of Death ^c		Causes of Premature Death (Death Before Age 75)		Causes of Premature Death in SPA 5, by Sex	
Los Angeles County	SPA 5	Los Angeles County	SPA 5	Males	Females
Coronary heart disease (138)	Coronary heart disease (98)	Coronary heart disease	Coronary heart disease	Coronary heart disease	Breast cancer
Stroke (36)	Stroke (30)	Homicide	Drug overdose	Drug overdose	Coronary heart disease
Lung cancer (33)	Lung Cancer (31)	Suicide	Lung Cancer	Suicide	Lung cancer
Emphysema/COPD (30)	Alzheimer's disease (24)	Motor vehicle crash	Suicide	Lung cancer	Suicide
Alzheimer's disease (25)	Pneumonia/influenza (19)	Liver disease	Breast cancer	Liver disease	Drug overdose

^c Numbers in parentheses are the age-adjusted death rates per 100,000 population.

Health Indicators^d

Social Environment	Los Angeles County	SPA 5
Housing and Homelessness		
Homeless Population ^{e,6}	35,524	3,667
% of households with high housing burden (pay more than 30% of income on housing costs) ³	52%	48%
Education		
% of schools that have API score greater than or equal to 800 ^{f,7}	38%	56%
Food Security		
% of households with incomes <300% FPL that are food insecure ^{g,2}	31%	19% (statistically unstable)
Average % of students in public schools eligible for free or reduced price meals ⁸	67%	59%
Physical Environment	Los Angeles County	SPA 5
Community Safety		
% of adults who perceive their neighborhood to be safe from crime ²	84%	98% (highest SPA)
Average annual death rate for firearm homicide per 100,000 population ⁹	5.4 deaths	1.2 deaths
Livable Communities		
% of adults who use walking paths, parks, playgrounds or sport fields in their neighborhood ²	52%	60% (highest SPA)
% of adults whose neighborhoods do not have walking paths, parks, playgrounds, or sports fields in their neighborhood ²	14%	10%
Commute time to work > 1 hour ³	12%	6%
Access to Medical and Dental Care ²	Los Angeles County	SPA 5
% of adults ages 18-64 years who are uninsured	29%	13% (lowest SPA)
% of children who are uninsured	5%	3% (statistically unstable)
% of adults who reported difficulty accessing medical care	32%	17% (lowest SPA)
% of adults who do not have dental insurance	52%	39% (lowest SPA)
% of adults who did not obtain dental care in the past year because they could not afford it	30%	19% (lowest SPA)
% of children who do not have dental insurance	22%	28%
% of children ages 3-17 years who did not obtain dental care in the past year because they could not afford it	13%	9%
% of adults who did not obtain needed prescription medication in the past year because they could not afford it	15%	10% (lowest SPA)
Health Status	Los Angeles County	SPA 5
Adults, Mothers, Adolescents		
% of adults who perceive their health is fair/poor ²	21%	7% (lowest SPA)
% of live births where mother received prenatal care during the first trimester of pregnancy ¹⁰	82%	85%
% of children ages 6 months-5 years whose mothers breastfed at least 6 months ²	45%	55% (highest SPA)
Rate of births (per 1,000 live births) to females 15-19 years ¹⁰	28	6 (lowest SPA)
Mental Health		
% of adults ever diagnosed with depression ²	12%	13%
% of population with incomes ≤200% FPL with an estimated need for mental health services who received publicly funded mental health services ¹¹	45%	54%
% of adults who tried to access mental health care in the past year ²	8%	11%

Preventive Services	Los Angeles County	SPA 5
% of women ages 18-65 years who had a Pap smear within the past 3 years ²	83%	84%
% of women ages 50-74 years who had a mammogram within past 2 years ²	80%	83%
% of adults ages 50-75 years who are current with colorectal cancer screening ^{h,12}	65%	72%
% of adults ages 65+ years vaccinated against influenza in the past year ²	64%	70%
% of adults ages 65+ years who ever received a pneumococcal vaccination ²	61%	64%
% of girls ages 13-17 years vaccinated (at least one dose) against Human Papillomavirus (HPV) ²	45%	62%
% of kindergarten entrants who are exempt from school immunization requirements due to their parents'/guardians' personal beliefs ^{i,13}	2.2%	9.4% (highest SPA)
Chronic Disease	Los Angeles County	SPA 5
% of adults who are obese ²	24%	10% (lowest SPA)
% of children grades 5, 7 and 9 who are obese ¹⁴	22%	15% (lowest SPA)
% of children with asthma ²	9%	5%
% of adults diagnosed with diabetes ²	10%	6% (lowest SPA)
% of adults diagnosed with hypertension ²	24%	17% (lowest SPA)
Communicable Disease ^l	Los Angeles County	SPA 5
Incidence of HIV Diagnosis (annual new cases per 100,000) ¹⁵	19	15
Incidence of Chlamydia (annual new cases per 100,000) ¹⁶	521	317
Incidence of Gonorrhea (annual new cases per 100,000) ¹⁶	123	91
Incidence of Tuberculosis (annual new cases per 100,000) ¹⁷	7	2
Health Behaviors ²	Los Angeles County	SPA 5
% of adults who obtain recommended amount of aerobic exercise each week ^k	62%	67% (highest SPA)
% of children ages 6-17 years who obtain recommended amount of exercise each week ^l	29%	23%
% of adults who consume 5 or more servings of fruits and vegetables daily	16%	22% (highest SPA)
% of adults who consume fast food at least one time per week	40%	28% (lowest SPA)
% of children who consume fast food at least one time per week	51%	32% (lowest SPA)
% of adults who consume at least one soda or sweetened beverage per day	36%	18% (statistically unstable)
% of children who consume at least one soda or sweetened beverage per day	38%	22% (lowest SPA)
% of adults who report binge drinking in the past month ^m	15%	17%
% of adults who smoke cigarettes	13%	10% (lowest SPA)

^d Unless otherwise stated, adults are 18+ years old and children are 0-17 years.

^e Shelter & street count only. Excludes cities of Long Beach, Pasadena, and Glendale.

^f The Academic Performance Index (API) reflects a school's performance level based on statewide assessments. The California State Board of Education set 800 as the API target for all schools.

^g Food insecurity is limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways.¹⁸

^h The U.S. Preventive Services Task Force recommends screening for colorectal cancer using annual fecal occult blood testing, or sigmoidoscopy every 5 years or colonoscopy every 10 years.

ⁱ Schools from Long Beach and Pasadena and schools with enrollment of less than 10 students were excluded from analysis.

^j Cases do not include those reported in cities of Long Beach and Pasadena.

^k Per the U.S. Department of Health and Human Services, to meet Physical Activity Guidelines for aerobic activity at least one of the following at least one of the following criteria must be fulfilled: 1) Vigorous activity for at least 75 minutes a week, 2) Moderate activity for at least 150 minutes a week, or 3) A combination of vigorous and moderate activity for at least 150 minutes a week.

^l Per the U.S. Department of Health and Human Services, children and adolescents should do 60 minutes (1 hour) or more of physical activity each day to meet recommendations. Activities measured included: walk, bike skateboard to or from school; participation in team sports; bicycling, rollerblading, skateboarding, etc.; other activities like physically interactive video games - DDR, Wii Sport or Fit; gymnastics, dance, karate, or similar type class.

^m Binge drinking for females is drinking four or more drinks and for males, five or more drinks on one occasion at least one time in the past month.

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