

Los Angeles County Community Health Improvement Plan

Service Planning Area 3
Citrus Valley Health Partners
Queen of the Valley Campus
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Welcome!

Cristin Mondy, RN, MSN, MPH
Area Health Officer, Service Planning Areas 3 & 4

Virginia Huang, Richman, PhD, MPH
Interim Director, Office of Planning, Evaluation,
and Development



Goals for Today

- Form a network of local stakeholders to collaboratively prioritize health issues, identify gaps in service and increase coordination to improve health outcomes
- Provide input into DPH's Community Health Improvement Plan, a 5-year strategic plan for improving health in Los Angeles County



Introduction of Stakeholders

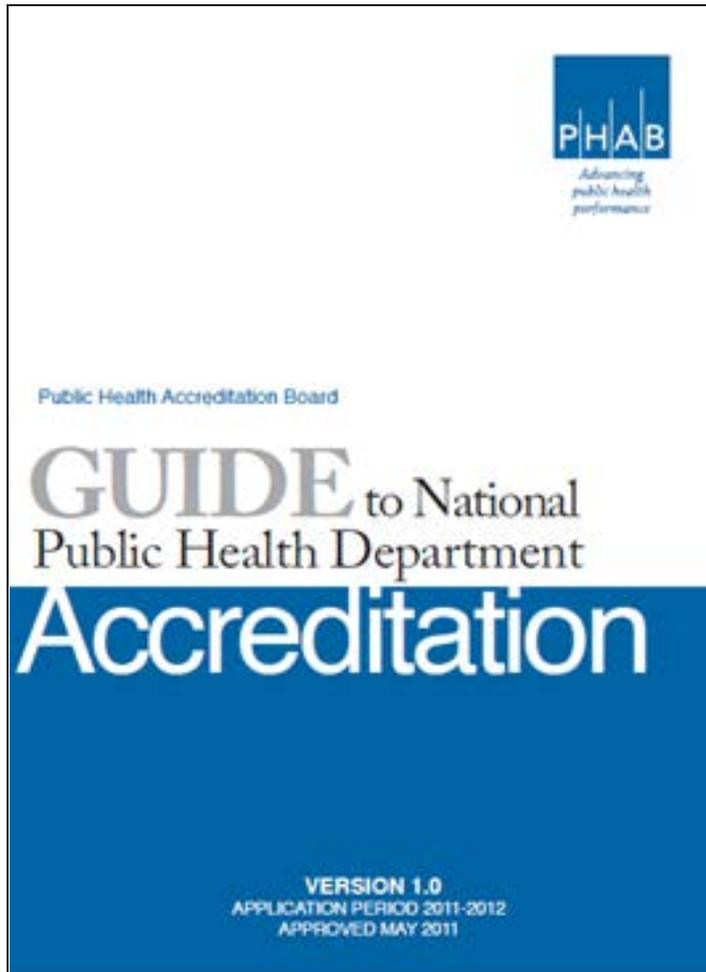


Strategic Planning for a Healthier Community

- Community Health Assessment (CHA)
 - A report on state of health in the County
- Community Health Improvement Plan (CHIP)
 - A strategic plan for improving health



Public Health Accreditation



Prerequisites to accreditation:

- Strategic Plan
- Community Health Assessment
- Community Health Improvement Plan



What is a CHA?

Community Health Assessment

- Describes the health status of our population
- Specifies areas for health improvement
- Identifies assets and resources that can be mobilized to improve population health
- Collaborative process



What is a CHIP?

Community Health Improvement Plan

- A strategic plan for improving health for all residents of Los Angeles County
- Sets health priorities and will form a policy agenda
- Outlines evidence-based activities and strategies to improve health
- A partnership between DPH and community partners
- Makes us accountable as a community- measurable performance measures tied to health outcomes



Community Health Improvement

- Determine Priority Areas
 - Examples: Active Living, Violence Prevention
- Develop Implementation Plan
 - Actionable
 - Measurable
 - Time limited
 - Also addresses upstream, social determinants!



What is a Healthy Community?



What is a Healthy Community?

A Healthy Community provides through all stages of life:

- Meets basic needs of all
- Quality and sustainability of environment
- Adequate levels of economic and social development
- Health and social equity
- Social relationships that are supportive and respectful



What is a Healthy Community?

The World Health Organization definition of 'health':

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.



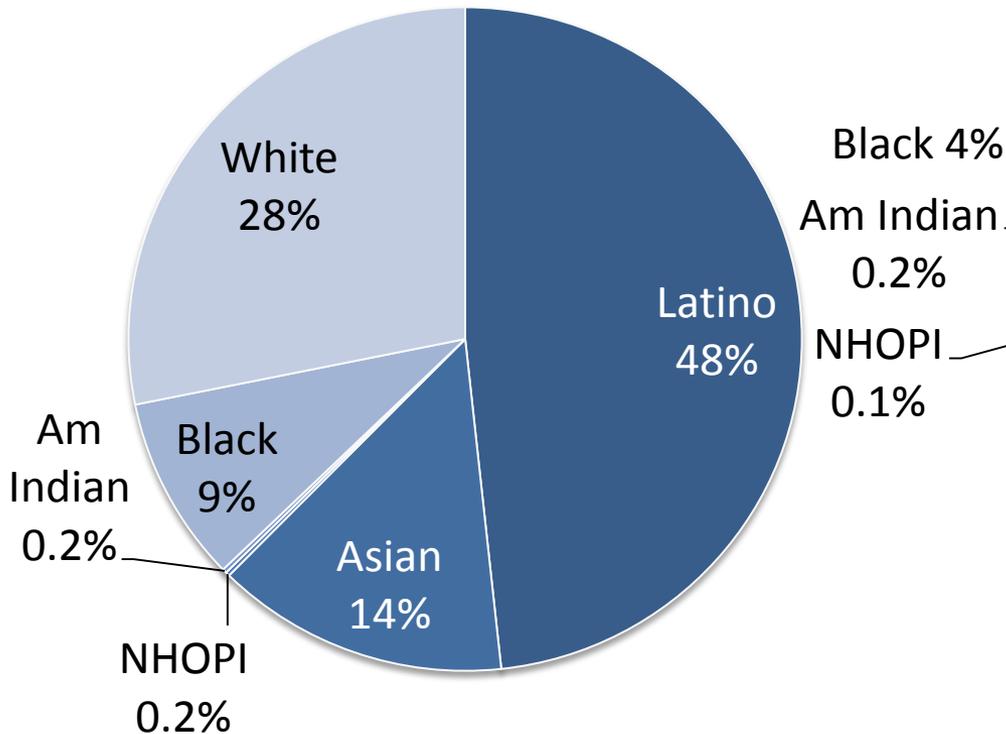
Community Health Assessment Service Planning Area 3

Indicator	Los Angeles County	SPA 3
Total population	10,019,362	1,777,760
Population who live in poverty	17%	13%
Adults with less than a high school diploma	24%	22%
Adults who primarily speak English at home	61%	55%
Life expectancy	81.8 years	82.7 years

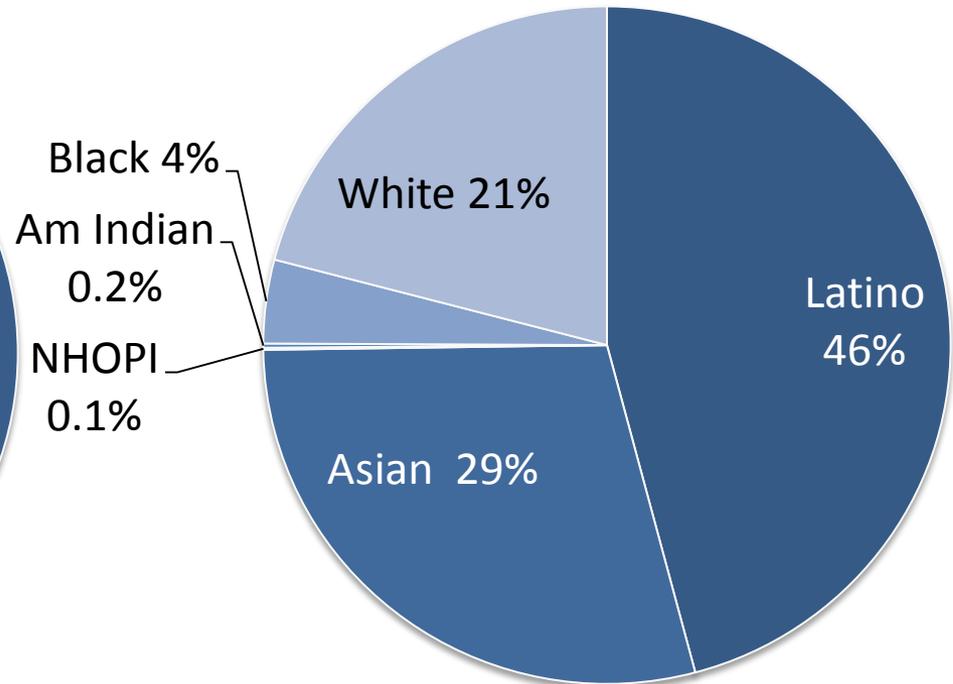


Population by Race/Ethnicity

Los Angeles County



SPA 3



Social & Physical Environment

Indicator	Los Angeles County	SPA 3
Households that pay more than 30% of income on housing costs	52%	48%
Schools with API score greater than or equal to 800	38%	45%
Adults who perceive their neighborhood to be safe from crime	84%	85%
Average annual death rate from firearm homicide per 100,000 population	5.4 deaths	3.3 deaths
Adults who use walking paths, parks, playgrounds, or sports fields in their neighborhoods	52%	53%
Adults who do not have walking paths, parks, playgrounds, or sports fields in their neighborhoods	14%	11%



Health Status

Indicator	Los Angeles County	SPA 3
Adults who perceive their health is fair/poor	21%	20%
Adults ever diagnosed with depression	12%	11%
Pregnant women who accessed prenatal care in the first trimester	91%	91%
Rate of births (per 1,000 live births) to females 15-19 years	28	22



Preventive Services

Indicator	Los Angeles County	SPA 3
Women ages 18-65 who received a Pap smear in the past 3 years	83%	79%
Women ages 50-74 years who had a mammogram within the past 2 years	80%	79%
Adults age 50 and older screened for colon cancer	76%	77%
Kindergarten students with Personal Beliefs Exemptions	2.2%	1.7%



Chronic Disease

Indicator	Los Angeles County	SPA 3
Adults who are obese	24%	24%
Children who are obese	22%	21%
Adults diagnosed with diabetes	10%	8%
Adults diagnosed with hypertension	24%	25%



Health Behaviors

Indicator	Los Angeles County	SPA 3
Adults who obtain recommended amount of aerobic exercise per week	62%	58%
Children (6-17 years) who obtain recommended amount of exercise each week	29%	22%
Adults who consume fast food at least one time per week	40%	42%
Adults who report binge drinking in past month	15%	12%
Adults who smoke cigarettes	13%	11%



Causes of Death/Premature Death

Causes of Death

Causes of Premature Death (before age 75 years)

Coronary heart disease

Coronary heart disease

Stroke

Suicide

Lung cancer

Lung cancer

Emphysema/COPD

Motor vehicle crash

Alzheimer's disease

Homicide



CHNA Prioritizations in SPA 3

Indicator	Number
Obesity/Overweight	4
Diabetes	4
Hypertension	4
Oral Health	4
Mental Health	4
Access to Care	2
Chronic Health Conditions including heart disease, stroke, diabetes and cancer	1

CHNA Reviewed: Citrus Valley Health Care Partners-Queen of the Valley, Inter-Community, and Foothill Presbyterian, City of Hope, Huntington Memorial Hospital, Kaiser Foundation Hospital Baldwin Park, Methodist Hospital of Southern California, Pomona Valley Hospital Medical Center.



Criteria for Prioritization

To be considered in determining priorities for community health improvement:

- **Size**: Number of persons affected, taking into account variance from benchmark data and targets
- **Seriousness**: Degree to which the problem leads to death, disability, and impairs one's quality of life
- **Trends**: Whether or not the health problem is getting better or worse in the community over time
- **Equity**: Degree to which specific groups are affected by a problem
- **Feasibility**: Ability of network participants to reasonably combat the problem given available resources. Related to the amount of control & knowledge (influence) network has on the issue



Strategies, Gaps and Opportunities for Collaboration

1. If you are working on this issue, write your name, organization and **1 – 3** of the strategies your organization implements. Place the post-it in the sector in which you work.
2. List strategy gaps on this issue
Example: I would like to do _____ if only I had _____
3. List suggestions for collaboration



How to Stay Involved

- Future Meeting: January 2015
- Correspond via email
- Check CHA/CHIP website for updates

