Sudden Infant Death Syndrome (SIDS)

Plan for the following Public Health Nursing Interventions:

1. Disease & Health Event Investigation:
   a. Interview caregiver using materials provided in the packet received from the MCAH SIDS coordinator including the Presumptive SIDS referral from LA County SIDS Program, Progress note from MCAH SIDS coordinator, SIDS reporting form from the Coroner’s office, & Public Health Service Report.

2. Health Teaching/Counseling:
   a. Educate caregiver/ household/ provider on current SIDS data & research using the SIDS education & information materials provided in the packet from the MCAH SIDS Coordinator.

3. Referral & Follow-up:
   a. Refer caregiver/ household/ provider to support services and other agencies as needed using referral materials in packet from the MCAH SIDS Coordinator.

4. Surveillance:
   a. Once initial investigation is completed, determine the need for ongoing PHN involvement based on professional judgment and consultation with PHNS and MCAH SIDS Coordinator.

5. Other:
   a. Plan interventions needed to assist caregiver/household/provider with concerns identified in PHN Assessment.

Plan: Assess → Diagnose → Identify Outcomes

Outcomes
Outcome Objective:
1. Prevent ineffective grieving

Nursing Practice:
1. Determine and document specific health needs/goals for the caregiver/household/provider situation.

Evaluate
1. Evaluate effectiveness of the interventions on the health of the caregiver/ household/ provider: e.g. document caregiver understands SIDS diagnosis process.

2. Determine and document action for the non-adherent caregiver:
   a. Consult with PHNS & MCAH SIDS Coordinator as needed.

Other References
- Health Education Materials
- Public Health Nursing Practice Manual
- Maternal Child & Adolescent Health SIDS Program
  http://lapublichealth.org/mch/sids/sids.htm  (213) 639-6457
- U.S. Department of Health and Human Services: Health Resources and Services Administration (HRSA)
  http://www.hrsa.org; (800) 505-CRIB (2742), Fax (301) 984-1473
  ❖ Booklet on selected resources for grieving parents, their families, friends, and other caregivers. Many free SIDS risk reduction resources
- National Institutes of Health
  • National Institutes of Health http://www.nichd.nih.gov/SIDS
  • www.californiasids.com
  ❖ Grief and bereavement information under “support services”
- First Candle/SIDS Alliance
  (800) 221-SIDS (7437) www.firstcandle.org
- Resources for Families Experiencing a Loss:
  SIDS Foundation of Southern California Email: sidsfsc@aol.com
  (310) 558-4511; Spanish Speaking (562) 233-7864

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