### Contact

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#### **COUNTY OF LOS ANGELES DEPARTMENT OF PUBLIC HEALTH**

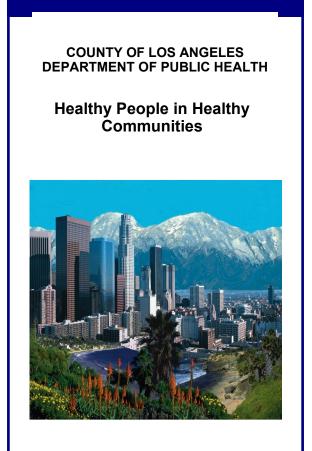
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## **Public Health Nursing**





Service Excellence

**Service Planning Areas** 

(SPAs)

COUNTY OF LOS ANGELES

Public Health Nursing

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# Public Health Nursing in Los Angeles County

### **Public Health Nursing**

**Mission:** Public Health Nursing promotes the wellbeing of communities and seeks to promote health, prevent disease, disability and premature death among all residents in the County of Los Angeles. Public Health Nursing strives to improve the quality of neighborhood life by working in a partnership with community residents to create the conditions that promote healthy lives.

**Vision:** Public Health Nursing strives to promote healthy people in healthy communities.

Who are Public Health Nurses (PHNs)? PHNs are Registered Nurses who have a Bachelor's of Science Degree in Nursing and a California Public Health Nurse Certificate.



Many PHNs who work for the County of Los Angeles Department of Public Health have a Master's Degree in Nursing, Public Health, Administration, or related specialties.

Through interaction with individuals, families, communities, and systems, the PHN may focus on a specific geographic area, called a Service Planning Area (SPA), or a population group with special needs.

#### **Families and Individuals**

PHNs educate individuals, families, and groups to promote healthy behaviors focused on Healthy People 2030 Leading Health Indicators:

Access to Health Services Substan Environmental Quality Injury ar Social Determinants Mental H Maternal, Infant, and Child Health Nutrition, Physical Activity, and Obesity Reproductive and Sexual Health

Substance Abuse Injury and Violence Mental Health

PHNs may provide additional assistance to individuals and families with concerns such as communicable diseases, sudden infant death syndrome (SIDS), lead poisoning, and pregnancy. Children with special needs and in foster care also receive support.



#### **Community**

While using the core public health functions of assessment, assurance, and policy development, PHNs partner with local community agencies to ensure individuals and families receive needed preventive and healthcare services.

PHNs build on existing community strengths and resources in their actions. They work with members of the public health team in each SPA and community to address concerns affecting the quality of neighborhood life.

### **Systems**

Many aspects of improving health requires changes in organizations, laws, policies, and power structures. PHNs advocate for system level changes to promote, maintain, and restore health utilizing interventions directed at social justice and health equity for all.

Nurses empower cultural environments in systems through advocacy, performance monitoring, and evaluation to improve policies, programs, and services for populations. PHNs assist the community in bringing its concerns to policy makers and organizations to improve the health of Los Angeles County.



#### **Population Based Practice**

Public Health Nursing in Los Angeles County is population-based, focusing on entire populations possessing similar health concerns or characteristics.

The PHN uses a combination of sciences, skills, and beliefs in collaboration with other professions/ organizations and the community on health promotion and disease prevention activities that affect the determinants of disease and influence the community's overall health profile.