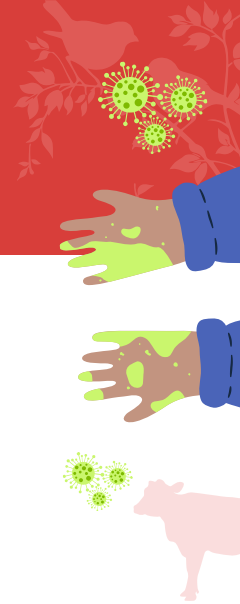




WORKER HEALTH & SAFETY

H5 BIRD FLU



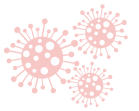
What Is H5 Bird Flu?

H5 Bird Flu, also known as avian influenza (H5N1), is a viral disease found in wild birds that can infect domestic poultry and other bird and animal species, including cows. Humans might also get infected after close, unprotected contact with an infected animal. There is currently no evidence of person to person spread of the virus.

HUMAN SYMPTOMS



- Eye tearing, redness and irritation
- Fever
- Cough, sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Difficulty breathing
- Diarrhea, nausea, or vomiting



AFFECTED INDUSTRIES

- Poultry farms, trading, feed mills
- Poultry processing plants
- Dairy farms
- Dairy & food processing plants



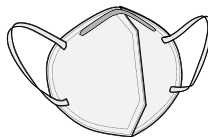
- Raw milk sale
- Livestock
- Animal Handlers
- Veterinarians



PREVENTION

Personal Protective Equipment (PPE):

- Respiratory Protection (N95 masks)
- Gloves
- Goggles
- Coveralls
- Head coverings
- Shoe covers



Hygiene:

- Wash hands frequently with soap and water
- Avoid touching your face or eyes
- Keep work areas clean and sanitized



Vaccines:

- A seasonal flu vaccine can help the risk of getting sick with human and bird flu viruses at the same time.

For more information, please visit:



H5 Bird Flu

<http://ph.lacounty.gov/acid/diseases/h5n1.htm>



What Workers Need to Know About Bird Flu

<https://www.dir.ca.gov/dosh/avian-flu/For-Workers.html>



CA Paid Sick Leave

https://www.dir.ca.gov/dlse/paid_sick_leave.htm



COUNTY OF LOS ANGELES
Public Health



WORKER HEALTH & SAFETY

H5 BIRD FLU

HOW CAN PEOPLE BE EXPOSED?

- Contact with infected animals, their droppings, urine, or bedding
- Handling udders or internal organs of dairy cattle
- Raw milk splashing into eyes, nose, or mouth
- Consuming raw milk from an infected animal
- Touching contaminated surfaces or water



CAL/OSHA PROTECTIONS

Employers are required to:

- Keep work areas clean & sanitized
- Have written safety procedures to protect workers from animal diseases
- Provide regular medical check-ups
- Investigate & report work-related injuries and illnesses
- Provide training on hazards & prevention
- Provide free personal protective equipment



WHAT SHOULD YOU DO IF YOU FEEL SICK OR HAVE A CONCERN?

1. Report symptoms to your supervisor.

Your employer is required to send you to the doctor and investigate how you got sick.

2. Employers must provide **workers' compensation benefits** and **paid sick leave** for workers that get bird flu on the job.

3. You have the right to a safe and healthy workplace, regardless of immigration status, and **can submit a confidential complaint with Cal/OSHA at 833-579-0927.**

4. If you're concerned you've been exposed to a sick animal, **contact Public Health at (213) 240-7941 to get tested.**



For more information, please visit:



H5 Bird Flu

<http://ph.lacounty.gov/acd/diseases/h5n1.htm>



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