Life expectancy among LA County women

Life expectancy is an important measure of the health of a population. Differences in life expectancy across communities are important markers of health inequities.

**Life Expectancy at Birth**

- **ASIAN**: 89 years
- **LATINA**: 86 years
- **WHITE**: 83 years
- **BLACK**: 77 years

Life expectancy at birth for black women is up to **12 years** shorter than for other women.

**What are some health outcomes that contribute to disparities in life expectancy?**

- **Black women have a 4x higher maternal mortality rate than women overall**
- **The death rate from coronary heart disease is 2x higher for black women than Latinas and Asian women**

**What are some stressors that contribute to disparities in health outcomes?**

- **37%** of black women with household incomes <300% FPL are **food insecure** compared to 30% of women overall.
- **12%** of black women report **housing instability** compared to 4% of women overall.
- **3x** the rate of ER visits for assault injuries compared to women overall.

Stressors such as food insecurity, housing instability and violence contribute to ongoing health inequities in LA County women. **To close the equity gap in life expectancy, we must address entrenched factors including racial discrimination and trauma.**

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