



把您的健康放在最後 並不是把您的家庭放在第一位

讓我們來談談您所需要的照顧



女性健康熱線

1-800-793-8090



關於我們

婦女辦公室健康熱線是免費的服務，將您連接到資源，服務，和資訊，可以幫助您保持健康。

我們是提供服務給所有的女性（和男性），但如果您沒有，買不起，或不認為您可以得到健康保險。

我們訓練有素的工作人員會說英語，西班牙語，中文（普通話和廣東話），朝鮮語，和越南語。

為什麼要給我們打電話

- 健康保險: 我們可以提供資訊和轉介服務，不論法律居留情況。
- 婦女健康檢查: 我們可以連接您到免費或低費約會或轉介做子宮頸抹片檢查，和乳腺癌篩查。
- 健康，心理健康和社會服務: 我們可以提供對本地資源的引用。
- 心臟疾病風險評估: 我們可以透過電話向您提供免費的糖尿病，心臟疾病風險評估。連接您到免費或低費的生活方式改變課程。

致電時間

熱線時間：週一至週五，上午8點至下午6點。

- 在其他時間，請留言。訓練有素的熱線接線員將在正常工作時間內回撥電話給您。
- 或者發送郵件訊息至 owh@ph.lacounty.gov。若您在訊息中附上您的電話號碼，熱線接線員將會在正常工作時間內致電給您。
- 所有的電話內容都是保密的。

Putting your health last is not putting your family first.



Let's talk about the care you need.



Women's Health Hotline
1-800-793-8090



ABOUT US

The Office of **Women's Health Hotline** is a **FREE** service that connects you to resources, services, and information that can help you stay healthy.

It is available to ALL women (and men), even if you don't have, cannot afford, or don't think you can get health insurance.

Our highly trained operators speak **English, Spanish, Chinese** (Mandarin and Cantonese), **Korean**, and **Vietnamese**.

WHY CALL

- **Health Insurance:** We can provide information and referrals, regardless of legal status.
- **Women's Health Exams:** We can connect you to free or low-cost appointments or referrals for Pap tests and breast cancer screening.
- **Health, Mental Health & Social Services**
We can provide referrals for local resources.
- **Health Risk Assessment**
We can give you a free Risk Assessment for diabetes and heart disease over the phone and connect you to free or low-cost lifestyle change classes.

WHEN TO CALL

Hotline Hours

Monday-Friday, 8 am-6 pm

- All other times, please leave a voicemail. A highly trained Hotline Operator will call you back during regular business hours.
- Or send an email message to owh@ph.lacounty.gov. If you include your phone number, a Hotline Operator will call you back during regular business hours.
- All calls are confidential and are NOT recorded.