



**LA Healthline**

**1-800-793-8090**

**[www.LAHealthline.com](http://www.LAHealthline.com)**

# Call Us...

- **For a FREE Diabetes Risk Test (over the phone)**
- **To find a free or low-cost health class near you**  
Obesity • Prediabetes • Diabetes • High Blood Pressure  
High Cholesterol • Fear of Falling (65+ years) • Caregiving
- **For Health, Mental Health & Social Services**  
Referrals to local resources and health coverage info

**We are here to help you!**

Call Monday – Friday, 8 AM – 6 PM

