

Los Angeles County Department of Public Health • Office of Women's Health

Domestic Violence

Housing & Support Services (DVHSS)

Welcome!

DVHSS Provider Meeting

March 20, 2019

Hosted by



For presentation slides, please reach out to Dr. Chaupette's contact below, or email:
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Domestic Violence, Addiction, and Other Mental Illnesses: Multi-Directional Interactions

PRESENTED BY:

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Panel:

Resources & Service Integration

Moderated by Eve Sheedy

Bill Tarkanian • Barbara Kappos • Antonne Moore





Bill Tarkanian, JD

Director, Program Development

Los Angeles Center for Alcohol and Drug Abuse (L.A. CADA)





WHERE YOUR *Silence is Heard*

“Looking at the link between
Substance Abuse, Domestic
Violence and Sexual Assault”

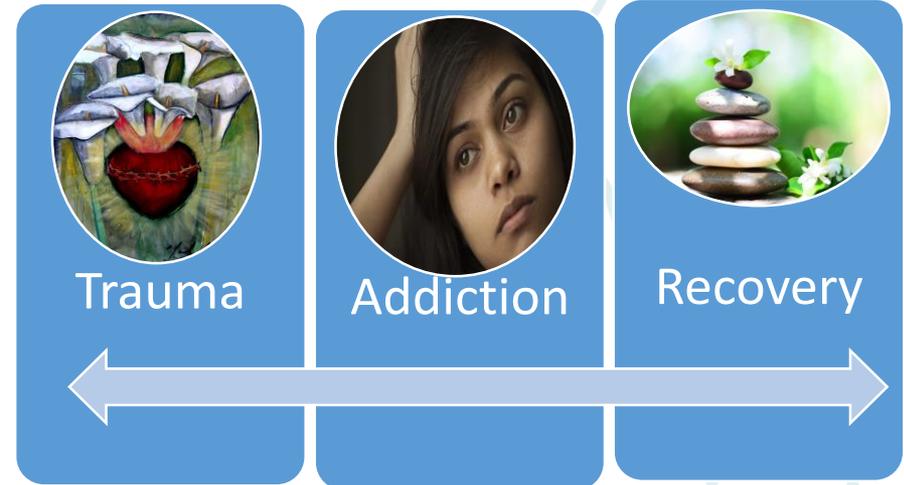
EAST LOS ANGELES WOMEN'S CENTER
Barbara Kappos, LCSW

The survivors we work with are often stigmatized, ostracized and judged because of the domestic violence alone—add substance use/misuse/abuse/dependency to the situation and that judgment increases.

Society often looks at the survivors' consumption of drugs and alcohol as the reason for the abuse, which can create victim blaming and further isolate the survivor.

It's important to reflect our own thoughts and beliefs about substance use and addiction. We need to check our preconceived judgments.

The most important piece is that someone feels safe when opening up about their use of substances. Showing concern for the person is the first step to that conversation. Then listen when they are ready to talk. Ask about the substance(s) used and what they get from using that substance. Offer hope and voice without stigma.



FACTS

Survivors of sexual abuse are three times more likely than the average person to suffer from depression.

Six times more likely to suffer from posttraumatic stress disorder.

Some survivors try to cope with traumatic memories and unwanted anxiety or depression through substance use.

Some studies report that survivors are 13 times more likely to abuse alcohol and 26 times more likely to abuse drugs than those who have not been sexually abused.

Women who have an addiction to substances are likely to have been abused sexually, physically, and emotionally by more perpetrators, more often, and for longer periods of time than their non-addicted counterparts.

Substances may be used by survivors for the following reasons:

- As a way to cope or escape from the trauma.
- As a form of self-medication.
- To help deal with low self-esteem or feelings of loneliness.
- As a manifestation of self-harm or self-destructive behavior.

(Covington & Kohen, 1984)

Gender Based Treatment Models

Historically, substance abuse treatment was developed as a single-focused intervention based on the needs of addicted men. Counselors focused only on the addiction and assumed that other issues would either resolve themselves through recovery or would be dealt with by another helping professional at a later time. However, treatment for women's addictions is apt to be ineffective unless it acknowledges the realities of women's lives, which includes the high prevalence of violence, sexual assault and other types of abuse. A history of being violated increases the likelihood that a woman will abuse alcohol and other drugs. Studies indicate that women who have a dependency on substances have experienced a high rate of abuse in their lives, and gender-specific treatment programs need to address trauma.

The two models we will highlight are based on three foundational theories: relational-cultural theory, addiction theory, and trauma theory.

Trauma Informed Services

(Seeking Safety, Najavits)

Relational Cultural Theory

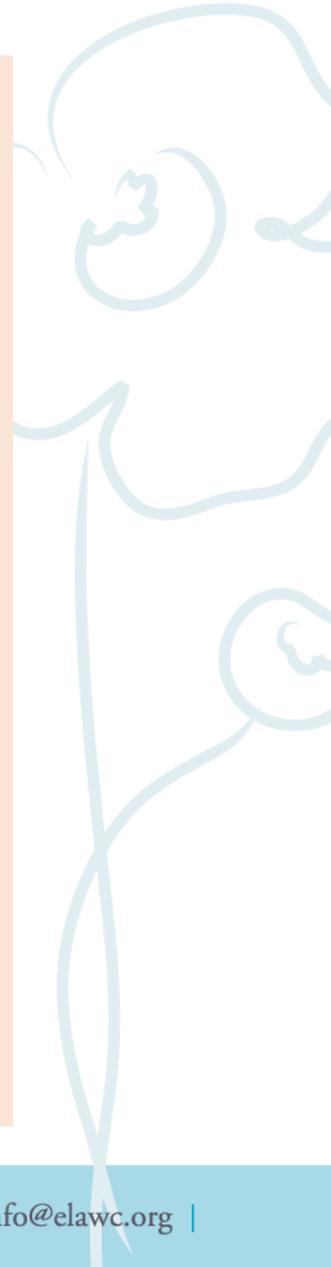
(Beyond Trauma, Covington)

Growth-Fostering Relationships- Relational Cultural Theory

According to "Relational Cultural Model," true connections are mutual, empathic, creative, energy releasing, and empowering for all participants. Such connections are so crucial for women that women's psychological problems can be traced to disconnections or violations within relationships--whether in families, with personal acquaintances, or in society at large (Miller, 1986).

- The value of relationships is often minimized in traditional theories, and women are made to feel ashamed of efforts/focus on emotional connections.
- Connection is the “primary organizer and source of motivation in people’s lives”
- Connection is the core of human growth and development.
- Isolation is the primary source of human suffering.
- Human beings grow through and toward connection

(Complexity of Connection, Jordan and Walker, 2004, p 1)





Four key elements of a trauma-informed approach:

- (1) **realizing** the prevalence of trauma;
- (2) **recognizing** how trauma affects all individuals involved with the program, organization, or system, including its own workforce;
- (3) **responding** by putting this knowledge into practice; and
- (4) **resisting re-traumatization.**

CULTURAL RESPONSIVENESS TO TRAUMA & RECOVERY

1. Realizing the prevalence of trauma **individually & collectively and the presence of strength & resilience (both individual & collective).**
2. Recognizing how trauma affects, directly and indirectly, all individuals involved with the program, organization, or system, including its own workforce **by recognizing how survivors bring to the forefront inner and collective growth.**
3. Responding by putting this knowledge into practice **by learning from community, promoting safety and cultural wellness.**
4. Lastly, seeking to actively resist re-traumatization **by drawing from cultural resiliency, traditional healing tools and collective wisdom.**

nationallatinonetwork.org



A SURVIVOR'S JOURNEY





Butterfly Hug!

- Be Safe
- Stay Connected
- Practice Self-Care





START-ODS

SYSTEM TRANSFORMATION TO ADVANCE RECOVERY AND TREATMENT



Los Angeles County's Substance Use Disorder Organized Delivery System

LOS ANGELES COUNTY - SUBSTANCE USE DISORDER (SUD) TREATMENT SYSTEM

*Los Angeles County – Health Agency
Department of Public Health
Substance Abuse Prevention and Control (SAPC)*



OUTLINE

- I. **Background** on Substance Use Disorder in Los Angeles County
- II. **Los Angeles County's** Substance Use Disorder System of Care
 - Patient Eligibility and Medical Necessity
 - Detailed Description of SUD Treatment Benefits Package that Domestic Violence Housing and Services providers can access for their consumers
- III. **Three Access Points** where Domestic Violence Housing and Service (DVHS) providers can refer their consumers who present or self-report with SUD
- IV. **Resources**



Los Angeles County Treatment System:

Our Patients

Our System of Care

Our Access Points

Our Resources



Los Angeles County: At-a-Glance



The County

Population: 10.17 Million

Area: 4,751 square miles

Cities: 88 + unincorporated

Healthcare Enrollment

Medi-Cal Eligible: 3.9 Million

Medi-Cal Enrolled: 3.1 Million

My Health LA Enrolled: 148,000

SUD Network

Contractors: 79

Sites: 351

SUBSTANCE USE DISORDER

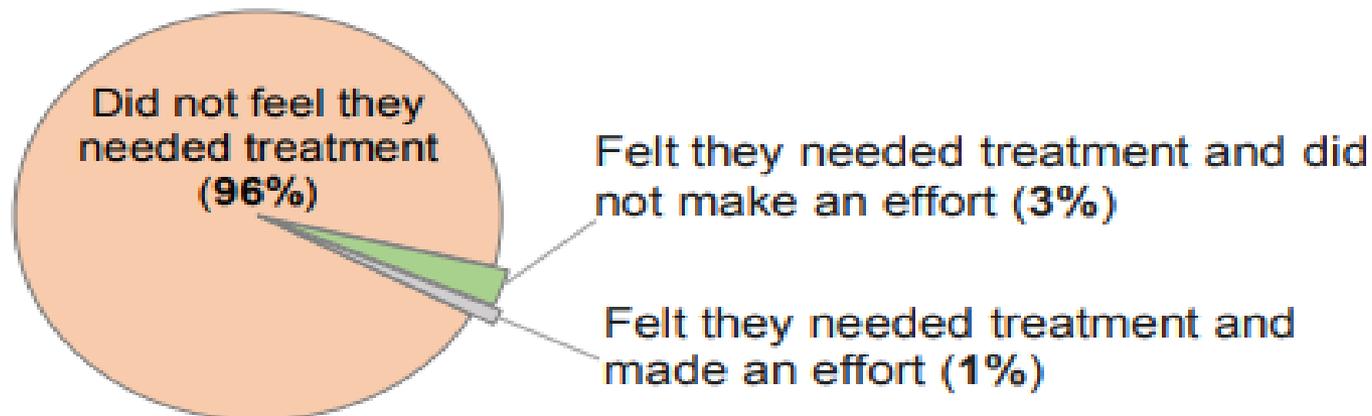
- Chronic medical condition primarily impacting the brain
- **Characterized by:**
 - Individuals continually seeking alcohol or drugs despite the negative impact it causes in their lives and the lives of others.
 - Significant impairments in health, behavior, and social functioning
 - Periods of abstinence or reduced use and relapse
- **Often linked with concurrent health and mental health conditions**
- Managed with treatment and support!



About **1 in 4** people have an SUD in their lifetime¹



96% of people needing but not receiving specialty treatment deny they need treatment²



About **2 million** people use substances in an unhealthy or hazardous manner in LAC³



Los Angeles County Treatment System:

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ELIGIBILITY FOR COUNTY'S SUD SPECIALITY CARE



Patient Eligibility

Youth, young adults and adults can access **no-cost (no fees)** substance use treatment services at any provider in the network if they meet the following criteria and meet medical necessity:

**Los
Angeles
County
Resident**



Medi-Cal Eligible or Enrolled

(active benefits are not required at time of screening, referral, or intake)

OR

My Health LA Eligible or Enrolled

(active participation is not required at time of screening, referral, or intake)

OR

Other County-Funded Program Participant

(such as AB 109, Drug Court)



Medical Necessity

In order for network providers to be reimbursed for treatment services under the SUD specialty managed care plan, patients must meet medical necessity:

One dx of substance-related and addictive disorder from the Diagnostic and Statistical Manual of Mental Disorders (DSM 5).



Appropriate placement in a level of care based on the current edition American Society for Addiction Medicine (ASAM)



COUNTY'S SUD SPECIALITY CARE BENEFITS PACKAGE



Outpatient

Who

Youth and Adults

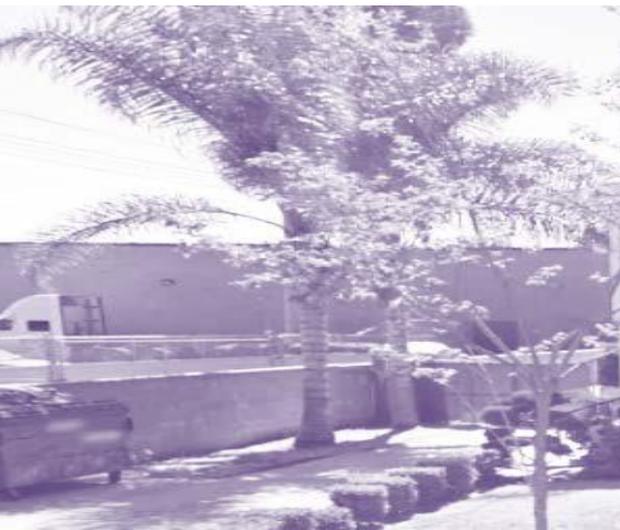
What

Less intensive community-based services (up to 9 hours per week) that include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management



Intensive Outpatient	
Who	Youth and Adults
What	More intensive community-based services (up to 19 hours per week or up to 30 hours per week for perinatal patients) that include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management





Residential – A Preauthorized Service

Who	Youth and Adults
What	Short-term residential services are determined by medical necessity and include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management
Duration	Initial 60-day authorization for adults and 30 days for youth, with extensions based on medical necessity. Los Angeles County may fund more than two stays per year based on medical necessity or early discharge.



Withdrawal Management (Detox)	
Who	Youth (if authorized) and Adults
What	Outpatient or residential withdrawal management services (also known as detox) with or without medication services for up to 14 days

Medication-Assisted Treatment/Opioid Program	
Who	Youth (if authorized) and Adults with alcohol or opioid use disorder
What	Prescribe medications (methadone, buprenorphine, disulfiram, naloxone), as well as provide case management, and group, family therapy, and individual counseling

Recovery Bridge Housing

Who	Adults concurrently enrolled in outpatient, intensive outpatient, medication-assisted treatment/opioid program, who meet high-risk criteria (e.g., LGBTQ, HIV/AIDS, chronically homeless, IV drug user, high service utilizers, transition age youth)
What	Adults up to 180 days per calendar year. Perinatal/Postpartum up to length of pregnancy and 60-days after birth



Recovery Support Services

Who	Youth and Adults – Post Treatment
What	Support services available after treatment completion, including group counseling, individual counseling, relapse prevention, recovery coaching, and case management





SUD Case Management & Coordinated Care

- **Available to all patients receiving treatment services in the SUD specialty care plan**
 - Assist patients in accessing needed medical, educational, social, vocational, legal, or other community services
 - Coordinate care with needed physical health services
 - Assist in transitions in SUD level of care or to recovery support
 - Communicate with referral agencies/partners (with written consent)



Los Angeles County Treatment System:

Our Patients

Our System of Care

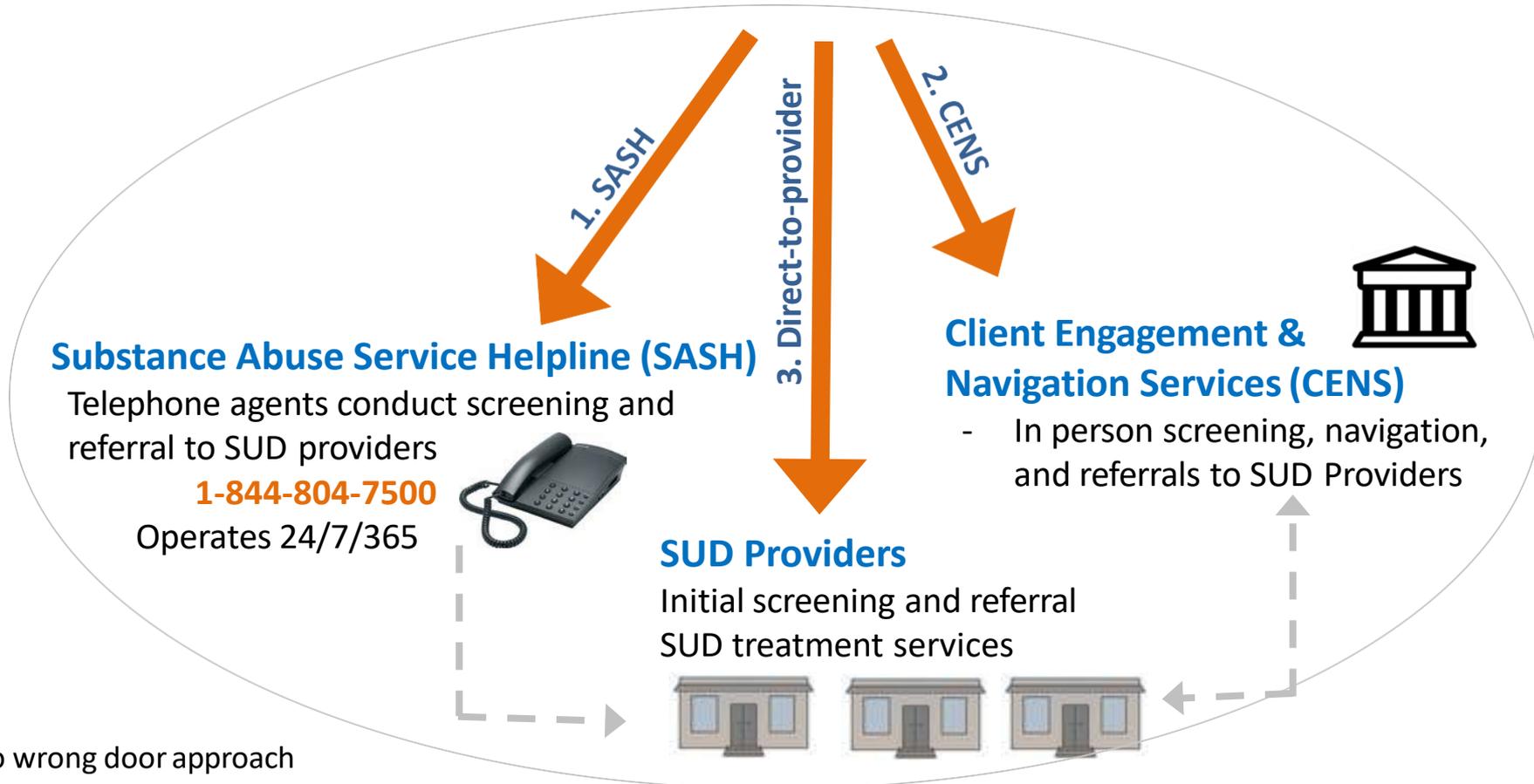
Our Access Points

Our Resources





Entryways into the Specialty SUD System



*No wrong door approach



SUBSTANCE ABUSE SERVICE HELPLINE

 **1.844.804.7500**

- Toll free number
- Team of qualified agents available 24 hours/day 365 days/year
- Screening and referral services for youth and adults
- Assessment appointments with an SUD treatment provider scheduled during business hours
- Language assistance (incl. TTY)





Client Engagement Navigation Service

- **Target:** County/City-involved individuals who are homeless or have criminal justice issues or a co-occurring (physical or mental health) disorder
- **Screen and refer:** brief screening, provisional level of care, and referral to SUD treatment provider (including medications for addiction treatment).
- **Outreach & Education:** outreach activities and patient education **Navigators:** Serve as liaisons between individuals, the referring entities, and the specialty SUD system, ensuring that all parties are aware of the patient's treatment status
- Eight (8) dedicated CENS locations in each Service Planning Area

1	Tarzana Treatment Centers 44447 North 10th Street West, Lancaster, CA 93534
2	San Fernando Valley Community Mental Health Center 14515 Hamlin Street, Van Nuys, CA 91411
3	Prototypes – San Gabriel Valley 11227 E. Valley Boulevard, El Monte, CA 91731
4	Homeless Health Care Los Angeles 2330 Beverly Boulevard, L.A., CA 90057

5	Didi Hirsch Mental Health Services 4760 Sepulveda Boulevard, Culver City, CA 90230
6	Special Service for Groups Homeless Outreach Program Integrated Care System (HOPICS) 5715 S. Broadway Avenue, Los Angeles, CA 90037
7	California Hispanic Commission on Alcohol and Drug Abuse 9033 Washington Boulevard, Pico Rivera, CA 90660
8	Behavioral Health Services 15519 Crenshaw Boulevard, Gardena, CA 90249

Direct to SUD Providers

- Individuals, communities, and partners can contact a treatment provider directly to initiate services (screening **and assessment**)
- The SBAT is a useful tool to assist with this process
- County departments, courts, health plans and other special projects should continue to use the SASH/CENS as they are the best way to determine the provisional level of care and obtain appropriate referral.





Substance Use

SERVICE & BED AVAILABILITY TOOL (SBAT)

Recovery is Possible



FIND AVAILABLE SUBSTANCE USE SERVICES NEAR YOU

- **Option 1:** If you want to speak to someone directly to access services, call the Substance Abuse Service Helpline (SASH) at 844-804-7500
- **Option 2:** If you want to identify substance use services online [CLICK FOR INSTRUCTIONS](#)
- **Option 3:** Search by agency name

Starting Location:

Select

[SEARCH](#)

Filter by:

TREATMENT/SERVICE TYPE: ▾

LANGUAGES SPOKEN: ▾

CLIENT SERVED: ▾

- Adult [?](#)
- Youth [?](#)
- Women [?](#)
- Medication-Assisted Treatment (MAT) [?](#)
- Parent/Guardian (Female) with Children [?](#)
- Parent/Guardian (Male) with Children [?](#)
- Perinatal [?](#)
- Physically Disabled [?](#)
- Developmentally Disabled/Delayed [?](#)
- Visually Impaired [?](#)
- Hearing Impaired [?](#)
- Co-Occurring Mental Health Condition [?](#)
- LGBTQ [?](#)
- Veteran [?](#)
- Homeless [?](#)
- Court Diversion, Probation/Parole, Re-entry [?](#)
- Sexually-Exploited [?](#)

[RESET FILTER](#)



Agency	Available Beds	Intake Appointment	Specific Service Type	Languages Spoken
1 0.42miles 2 LOS ANGELES CENTERS FOR ALCOHOL AND DRUG ABUSE 470 East 3rd Street, Suites A & B Los Angeles, CA 90013 Business Hours: Sun: Closed; Mon - Thu: 7:30 am - 7:30 pm; Fri: 7:30 am - 4:30 pm; Sat: 7:00 am - 3:30 pm Phone number: (213) 626-6411		OP IOP ?	Adult, Co-Occurring Mental Health Capabilities, Court Diversion, Probation/Parole, Re-entry, Criminal Justice, Homeless, LGBTQ, Older Adults, Parent/Guardian (Female) with Children, Sexually-Exploited, Veterans, Young Adults	English, Spanish



KEY POINTS FOR DVHS PROVIDERS

- Recovery is possible!
 - Substance Use Disorder is a **medical condition**
 - It is chronic, but **treatable**.
 - Like other medical conditions, patients are prone to **relapse!**
- Most people needing SUD treatment **do not feel** they need
- SUD Specialty Treatment Services is resource for **DVHS Providers**
- **DVHS Providers** can refer consumers with SUD for screening, assessment and treatment!
 - Call the **SUBSTANCE ABUSE SERVICES HELPLINE**
 - A team of trained professionals is available 24/7!

1-844-804-7500



KEY POINTS FOR DVHS PROVIDERS

- Substance Use Disorder treatment services are available at **no cost and no fees** to eligible LA County residents.
 - A full continuum of treatment is covered from **outpatient to residential, from withdrawal management to recovery support**
 - **Medication-Assisted Treatment** is also covered
 - Treatment includes a **case management** benefit
 - Patients can continue to receive support after they are discharged from SUD treatment
- The road to recovery should be client-focused, meeting them where they are, culturally relevant, and provided in the right setting, at the right time, for the right duration!



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Are Alcohol or Drugs Getting in the Way?

Recovery is Possible

SUBSTANCE ABUSE SERVICE HELPLINE



1.844.804.7500

Public Brochure

QUICK REFERENCE GUIDE

- Eligibility for Services
- Screening
- How to Find Services
- Available Services

English Version:

<http://publichealth.lacounty.gov/sapc/PatientPublic/Brochure.pdf>

Spanish Version:

<http://publichealth.lacounty.gov/sapc/PatientPublic/BrochureSpanish.pdf>





Patient Handbook

COMPREHENSIVE DESCRIPTION OF SERVICES

- Sent to patient within 3 days
- Member Assistance
- Selecting a Provider
- Grievance/Appeal Process



**SUBSTANCE USE
TREATMENT SERVICES**

PATIENT HANDBOOK

DECEMBER 2017

Version 2.0

Los Angeles County
Department of Public Health
Substance Abuse Prevention and Control

English and Threshold Languages Available:

<http://publichealth.lacounty.gov/sapc/PatientPublic.htm>

Other Languages:

Available by request



SAPC ON THE WEB

<http://publichealth.lacounty.gov/sapc/index.htm>

The screenshot shows the SAPC website homepage. At the top, there is a navigation bar with a search box, social media icons, and the text "Substance Abuse Prevention and Control". Below this is a large banner with the headline "Are Alcohol or Drugs Getting in the Way? Recovery is Possible" and a call to action: "Click here to find a treatment center or call 1 (844) 804-7500".

On the left side, there is a sidebar menu with the following items:

- Substance Abuse Prevention and Control
 - Data Reports and Briefs
 - Commission on Alcohol and Other Drugs
 - Safe Med LA
 - Safe Medication Disposal
 - Marijuana Use and Public Perceptions in Los Angeles County: Findings from the 2017 Community Needs Assessment (New - November 2015)
 - Prop. 64 and Responsible Adult Use of Marijuana
- PROVIDER INFORMATION AND SAPC PROGRAM RESOURCES
 -
- UPCOMING PROVIDER TRAININGS, CONFERENCES, AND IMPORTANT EVENTS
 -

The main content area features three circular icons:

- FIND TREATMENT SERVICES**: Search by Service, Location and More
- PATIENTS and PUBLIC**: Eligibility, Patient Handbook, Patient Rights, Resources and More
- NETWORK PROVIDERS**: Service Standards, Data Reports, Forms, Training Resources and More

Below these icons is a message: "If you or someone you know has a substance use disorder, also known as addiction, we can help. Call anytime, toll-free. **SUBSTANCE ABUSE SERVICE HELPLINE** **24/7 1.844.804.7500**".

At the bottom, there are four promotional boxes:

- Medications for Addiction Treatment (MAT) Resource Library
- learn more
- prevention
- sage Information and Resources

The footer contains links: Home | Careers | DPH Programs | Email: Webmaster | Notice of Privacy Practices | Website Privacy Policy | Language | Accessibility | Disclaimer | Employee

Connect Patients to Resources

- Substance Abuse Services Hotline (SASH):

1-844-804-7500

- SAPC Email

SUDTransformation@ph.lacounty.gov

- SAPC Website's Public and Patient Portal:

<http://publichealth.lacounty.gov/sapc/PatientPublic.htm>

- Service and Bed Availability Tool:

<http://sapccis.ph.lacounty.gov/sbat/>





Thank You

Antonne Moore

Chief, Marketing and Beneficiary Engagement Unit
Strategic Network and Development Branch
Substance Abuse Prevention and Control

anmoore@ph.lacounty.gov

Breakouts: Table Top Discussions

Facilitated by Carmen Zapata, MPH

Shelter-Based • Case Management • Legal Services



Please discuss at your tables:

1. What are you and/or your agency doing to address participant substance use/abuse issues if they arise?
2. What resources do you need to better implement domestic violence & substance use disorder strategies?



Group Feedback: Community Needs Assessment

Shelter-Based • Case Management • Legal Services



Domestic Violence Housing & Support Services

Thank you!

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