

# Contraception and Abortion Health Care for Teens

## General Services

### Children's Hospital LA Teen & Young Adult Health Clinic

<https://www.chla.org/teenage-and-young-adult-health-clinic>

HIV care, menstrual and gynecologic concerns, reproductive health and contraceptives, including long-acting reversible contraceptive methods, transgender care in **Mid-Wilshire/Koreatown**.



Basic, pediatric and sexual health services available to patients of all ages, including family planning services, sexually transmitted infections (STI) testing/treatment and pregnancy tests.

**Locations in Downtown LA, South Los Angeles, and San Fernando Valley.**

### Eisner Health

<https://www.eisnerhealth.org>

### FPA Women's Health

<https://www.fpawomenshealth.com>

With **locations throughout the county**, FPA provides abortion care, STI testing/treatment and a variety of contraceptive options. **Online appointment booking available.**



## Her Smart Choice

<https://hersmartchoice.com/>

Private abortion clinic in **Los Angeles area with seven locations**. Offers birth control, medication abortion, and STI testing & treatment. **Online appointment booking available.**



## Planned Parenthood Los Angeles

<https://www.plannedparenthood.org/planned-parenthood-los-angeles>

With **locations throughout LA County**, Planned Parenthood LA offers sexual and reproductive health services, including STI testing/treatment, contraception, pap tests, abortion and vaccines. **Online appointment booking available + teen specialists for appointment booking by phone.**

## Planned Parenthood Pasadena & San Gabriel Valley

<https://www.plannedparenthood.org/planned-parenthood-pasadena-san-gabriel-valley>

Clinics **located in the eastern parts of LA County**. Well-person check ups, contraception, STI testing/treatment, abortion and PEP/PrEP available to young people. **Online appointment booking available + teen specialists for appointment booking by phone.**

## Westside Family Health Center

<https://www.wfhcenter.org/>

**Located in Culver City**, Westside Family Health Center offers reproductive health services including family planning and gynecological care, including contraception, pregnancy tests, STI testing/treatment, and referral services.

## Venice Family Clinic

<https://venicefamilyclinic.org/>

Venice Family Clinic has several **clinics on the Westside of LA and the South Bay**, and offers contraceptive counseling, pregnancy, sexual health tests and hormonal therapy.



## Specialty Services

### Alta Med Health Services- Adolescent, Family Life Program

<https://www.altamed.org/youth-services>

Connects **pregnant teens and parents under the age of 22** with a case manager to focus on positive youth development (identify strengths, explore values, set goals, develop skills).



### Los Angeles LGBT Center

<https://lalgbtcenter.org/>

Wide range of **services for lesbian, gay, bisexual, transgender, queer and questioning youth**, including reproductive healthcare, trans care, housing and referral services. Eight different clinics throughout the city, including a youth center.

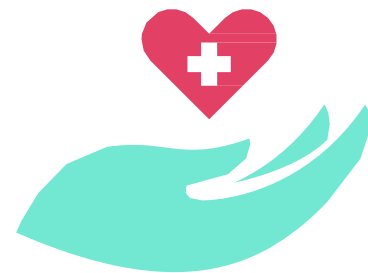
### Pediatric Medical Hub Clinics

<https://dhs.lacounty.gov/medical-hubs/our-services/home/>

The Los Angeles County Medical Hub Clinics provide high quality, coordinated health care, including reproductive health care, for **young people who are involved with the Department of Children and Family Services (DCFS)**.

There are seven Hub locations:

- **Harbor-UCLA Medical Center**
- **High Desert Regional Health Center**
- **MLK Jr. Outpatient Center**
- **LA General Medical Center**
- **East San Gabriel Valley Clinic**
- **Olive View-UCLA Medical Center**
- **Children's Hospital LA (CHLA)**



## School Based Health Centers

The following clinics are **located inside schools** and can only be accessed by students at those schools.

Some of these clinics offer services to family members of current students too.

Find more info on clinics: <https://www.lausd.org/Page/12532>

## Community Clinic Partnerships

- ♦ Harbor-UCLA at Gardena High School  
<https://bit.ly/gardenahscommclinic> | (424) 306-8280
- ♦ St. John's Wellness Center at Theodore Roosevelt High School Wellness Center  
<https://bit.ly/4btscms> | (323) 541-1400



## LAUSD and LA Trust Wellness Centers

<https://www.lausd.org/Page/18488>

LA Trust Student & Family Wellness Centers are located in the following schools:

- |  |                             |   |
|--|-----------------------------|---|
| ♦ Belmont High School                                | ♦ Fremont High School       | ♦ Maclay Middle School                                    |
| ♦ Carson High School                                 | ♦ Gage Middle School        | ♦ Manual Arts High School                                 |
| ♦ Crenshaw High School                               | ♦ Garfield High School      | ♦ North Hills at James Monroe                             |
| ♦ Elizabeth Learning Center                          | ♦ Hollywood High School     | ♦ Washington Prep   |
| ♦ Maywood Center for Enriched Studies (MACES) Magnet | ♦ Jefferson High School     | ♦ North Hills Wellness Center at James Monroe High School |
|  | ♦ Santee Wellness Center    |   |
|  | ♦ Sylvia Mendez High School |   |

## LA County Department of Public Health Wellbeing Centers

The Wellbeing Centers, located on many high school campuses, are welcoming spaces where students can relax, along with access information and services for a variety of health topics. Feeling stressed? Anxious? Want to know more about STI prevention? Want to talk with someone about your relationship? Need more information about Fentanyl or how to help a friend slow down on the vaping? Where to get Emergency Contraception?

**Find out if your school has a Wellbeing Center by asking your school's main office or by contacting the Education Sector Unit at the Department of Public Health via email at [dph-education@ph.lacounty.gov](mailto:dph-education@ph.lacounty.gov)**

*This is a regularly updated resource and is not a comprehensive list. If you would like your school-based health center listed or information updated, please contact us at [owh@ph.lacounty.gov](mailto:owh@ph.lacounty.gov).*



# Reproductive Health Resources

## Pocket Guide LA

<https://www.pocketguidela.org/>

This site provides robust information on clinics in LA that offer reproductive health services for youth. Information on confidentiality and youth rights.

## ScarletTeen

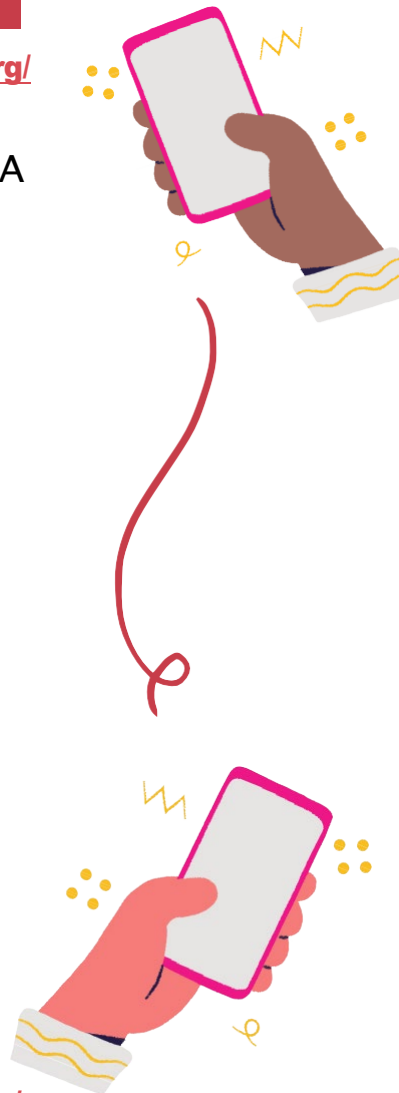
<https://www.scarleteen.com>

Provides inclusive, comprehensive, supportive sexuality and relationships information for teenagers and emerging adults.

## TeenSource+

<https://www.teensource.org/>

Website that educates young people about sexual and reproductive health, the free and confidential services available to them, and their right to access care, take ownership of their health, and build healthy relationships.



## Reproductive Health Equity Project

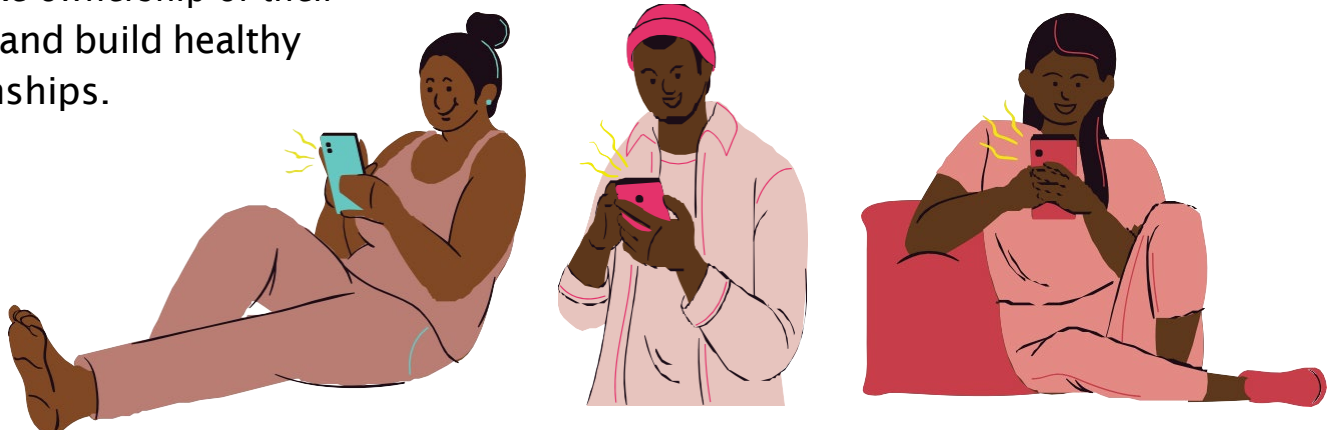
<https://fosterreprohealth.org/>

The Reproductive Health Equity Project (RHEP) for Foster Youth brings together youth in foster care and the agencies that serve them to promote systems that normalize, support, and promote the bodily autonomy and healthy sexual development of youth in foster care.

## Talk With Your Kids

<https://www.talkwithyourkids.org/>

Talk With Your Kids provides information to empower parents and families to start age-appropriate, fact-based conversations with their kids about relationships, sex, development and more.



# Resources on Teen Health Laws

## National Center for Youth Law

<https://youthlaw.org/>

NCYL provides tools, trainings, and resources to youth, families and service providers to help them navigate youth's growing desire for increased privacy, which can feel uncomfortable for care partners and providers.

## Teen Health Law

<https://teenhealthlaw.org/consent/>

The tools on this page summarize the rights of minors and third parties to consent to a minor's health care in the State of California.

## National Health Law Program (NHeLP)

<https://healthlaw.org/resource/resources-for-california-foster-youth-sexual-reproductive-and-mental-health-medi-cal-services/>

Current and former foster youth in the Medi-Cal program have access to a broad array of reproductive, sexual, and mental health services. NHeLP has developed a suite of infographics and factsheets aimed at helping foster youth better understand the services available to them through California's robust Medicaid program.



**Scan this QR code for more info  
on abortion and contraception**