

CalFresh Healthy Living Newsletter

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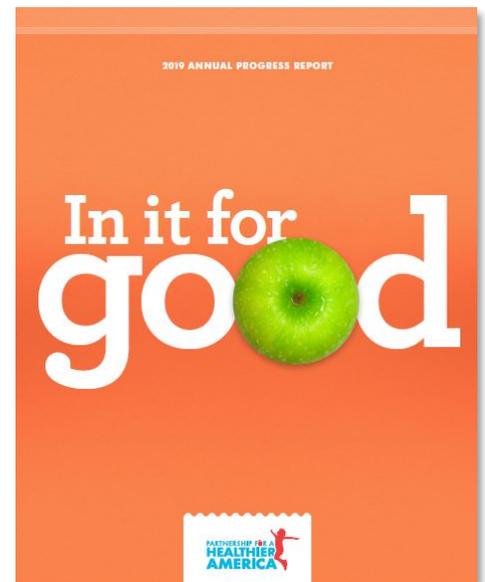
In it for Good

Partnership for a Healthier America

Recent events, such as the COVID-19 pandemic and protests over the systemic racism that remains rampant in our country, have transformed the public conversation about U.S. food systems and health equity. It can even seem that 2019 was so long ago—a completely different era. However, it goes without saying, these recent events did not create the inequities present in our food supply today, but merely shined a light on them. And, in 2019, PHA was already diligently at work to better address these challenges.

Throughout Partnership for a Healthier America’s (PHA’s) history as an organization, they have listened to their partners and the people they serve. In

2019, they amassed a large body of research and data around who our food supply is failing: most notably, economically disadvantaged communities and communities of color. Equipped with these learnings, PHA is well-positioned to confront the challenges that have seized the national spotlight in 2020. Download the report [here](#).



The Longest Summer: Childhood Hunger in the Wake of the Coronavirus

51%

of parents are skipping meals or limiting the amount everybody eats more often as a result of the crisis.

“The adults eat less food to make sure that the kids have food. We’re trying to do pretty much everything possible.”

MELYSSA, MOTHER, NEW YORK

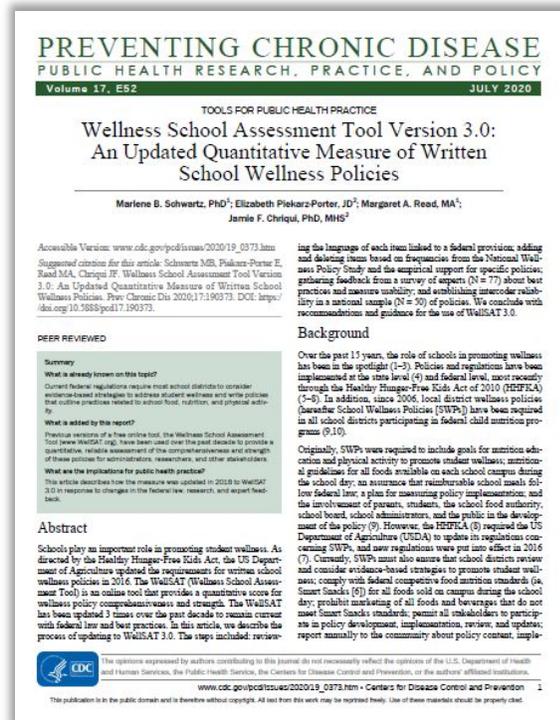
No Kid Hungry recently released a new research-driven report, The Longest Summer: Childhood Hunger in the Wake of the Coronavirus. The report provides new insight into COVID-19’s impact on children and families through a series of videos and two national surveys -how they’re coping and what new sacrifices their families are forced to make.

But there is a thin ray of light. More Americans are newly aware of just how many families were living on the edge before the pandemic—and how many children struggle with hunger. And more Americans are willing to invest in a stronger safety net to feed them. It’s a safety net we must strengthen, for meals they cannot afford to miss. Read the full report [here](#).

Wellness School Assessment Tool Version 3.0

Schools play an important role in promoting student wellness, and over the past 15 years, local district wellness policies have been required in all school districts participating in federal child nutrition programs. Originally, these wellness policies were required to include goals to promote student wellness, nutritional guidelines for all foods available on school grounds during the school day, a plan for measuring implementation, and the involvement of community members in developing the policy.

To help schools and districts measure their compliance with these requirements, the WellSAT was published in 2009. In 2010, however, the Healthy Hunger-Free Kids Act added new requirements for school wellness policies, which were put into effect in 2016. As a result, the WellSAT was adapted to meet needs in the field. This article describes how the measure was updated in 2018 to WellSAT 3.0 in response to the most recent changes in the federal law, research, and expert feedback. Read the full article [here](#).



Webinars

New Additions in Purple

A National Strategy to Reduce Food Waste at the Consumer Level Friday, August 21, 9:00 am

Please join the National Academies of Sciences, Engineering, and Medicine on **Friday, August 21, at 12:00 p.m. ET** for the release of its new report *A National Strategy to Reduce Food Waste at the Consumer Level*. This report identifies strategies to reduce food wasted at the consumer level from a holistic, systems perspective by applying knowledge from the social and behavioral sciences and identifying promising interventions for changing behavior. The webinar will include an overview of the study process and discussion of the report's findings, conclusions, and recommendations. Register [here](#).

Delivering More Than Food: Understanding and Operationalizing Racial Equity in Food Hubs August 24, 2020, 11:30 am

The webinar will share results from a qualitative study led by a diverse group of food system practitioners as to how U.S. based food hubs understand and operationalize engagement in racial equity work. We will share examples of how food hubs operationalize equity within their business, and with their partners, and with the community they serve. Authors and food hub leader discussants will also offer perspectives on the deeper questions that must be addressed to meaningfully support equity across the food system. Register [here](#).

Eliminating Sugary Drinks in a Large Health System: Leveraging Data for Systems Change August 26, 2020, 10:00 am

Join the Public Health Law Center and American Cancer Society in learning from the University of California, San Francisco, which ended the sale of sugary drinks in all campus sites and medical facilities in 2015. The presenters will discuss the development and implementation of the UCSF Healthy Beverage Initiative, how they evaluated the impact of the policy on employee health, and how they are leveraging their experience to catalyze broader change. Register [here](#).



Funding Opportunities New Additions in Purple

Emergency Meal Distribution Equipment Grants

Close Date: Rolling deadline until all funds are awarded

School nutrition professionals across the county have stepped up to get food to kids during school closures. Districts and schools have shared the need for additional equipment to create grab-and-go curbside meal pickups at schools and other locations within the community, additional hot and cold food storage containers, grab-and-go packaging materials, and mobile distribution to families in outlying or rural communities. Working with the equipment vendor, [Hubert](#), Action for Healthy Kids will provide selected school districts with equipment credits for \$1,000-\$2,000 per site to purchase equipment. Click [here](#) to apply.

Pioneering Ideas: Exploring the Future to Build a Culture of Health

Close Date: Proposals accepted on a rolling admission

Pioneering Ideas: Exploring the Future to Build a Culture of Health seeks proposals that are primed to influence health equity in the future. RWJ Foundation is interested in ideas that address any of these four areas of focus: Future of Evidence; Future of Social Interaction; Future of Food; Future of Work. Additionally, RWJ welcomes ideas that might fall outside of these four focus areas, but which offer unique approaches to advancing health equity and our progress toward a Culture of Health. Click [here](#) to apply.

Equitable Parks and Green Spaces in Small and Midsize cities: Planning Grant

Close Date: September 9, 2020

The Robert Wood Johnson Foundation (RWJF) seeks an organization (or up to three collaborating organizations) to plan an initiative, which, by influencing policy and systems change, rectifies the inequitable distribution of parks and green spaces in low-income communities and communities of color in urban regions, including small and midsize cities (pop. 50,000–500,000). Click [here](#) to apply.

Community Solutions for Health Equity

Close Date: October 7, 2020

With Community Solutions for Health Equity, RWJF seeks to make local health care systems more responsive to the needs of the community by elevating the voices, stories, priorities, and knowledge of people of color, and others who are left out of policy decisions. The Foundation's funding will provide community organizations with grant support to help increase their ability to organize members, build partnerships with other constituencies, and develop effective communication—all of which are critical to shared decision-making. Click [here](#) to apply.

HER Call for Proposals

Close Date: October 7, 2020

Sugar-sweetened beverages (SSBs) are a significant contributor to children's unhealthy diets, containing excess calories and few, if any, nutrients. Overconsumption is associated with excess weight gain and obesity, as well as an overall decrease in dietary quality. Further, despite the many benefits of water, many children in the U.S. do not drink enough. Given the importance of early childhood for developing lifelong healthy dietary behaviors, HER is interested in identifying policy, systems, and environmental (PSE) strategies that have the strongest potential to reduce SSB consumption (especially fruit-flavored drinks) and increase safe drinking water access and intake among low-income and children of color (ages 0 to 5) who are at greatest risk for poor nutrition and obesity. Click [here](#) to apply.

Training Resources

Title	Date / Time	Format	Info	Registration
Nutrition Update Webinar	Tues. 8/25 11:00 am	Webinar	----	Register here
Community Engagement: Involving Community Members in Priority Planning and Implementation	Wed. 8/26 1:30 pm	Webinar	----	Register here
2020 Healthy Snack Day Step-by-Step Webinar for Hosts	Wed. 8/26 11:00 am	Webinar	----	Register here
How to Implement Physical Activity in ECE Settings while Physical Distancing	Thurs. 8/27 10:00 am	Webinar	----	Register here
Community Engagement: Inclusion, Trust Building, and Meaningful Participation	Thurs. 9/10 10:00 am	Webinar	----	Register here

Visit the CDPH Trainings and Resources page for the latest training related information and [calendar](#) of all scheduled trainings and events. Please seek approval from Project Officer and Contract Manager prior to travel.

If you would like to submit content or have any questions or comments about the CalFresh Healthy Living newsletter, please contact Tania Marquez at tmarquez@ph.lacounty.gov