

# CalFresh Healthy Living Newsletter

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## 2020 Food System Dashboard

The Los Angeles Food Policy Council (LAFPC) is excited to announce the release of the 2020 Food System Dashboard, which measures the health, affordability, sustainability, and fairness in our local food system.

The first version of the Dashboard was created early on in our organization, originally being called the “2013 Food System Snapshot.” Since then, we have had updates in 2017, and now 2020, to begin to express trends, not only across our values and indicators, but also equity in our communities.

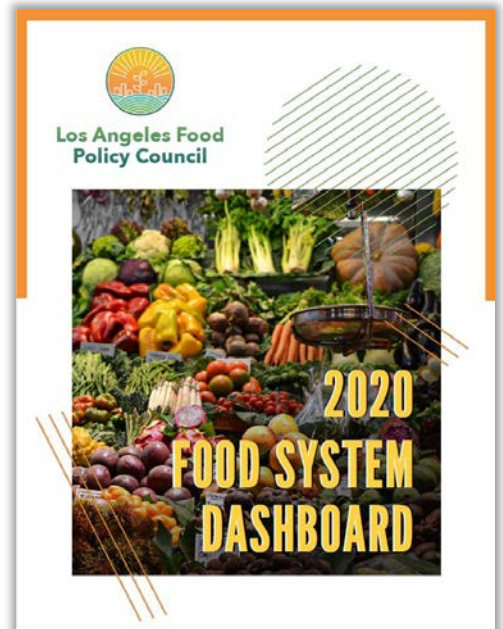
With over 250 indicators sourced from dozens of databases and reports, the Dashboard is rich in quantitative data regarding LA Foodshed, County, City, and neighborhoods. While the Dashboard does not imply causality, it does provide context to some of these indicators and their trends through qualitative data - including Expert Commentaries from our Leadership Circle, Case Studies of organizations doing fantastic work in the area, and Video Interviews with knowledgeable and experienced members of the community.

The Dashboard is divided into four sections based around LAFPC’s values and it is centered in equity, because in order to achieve a truly Good Food system, it must be good for all people. To distinguish disparities across demographic groups, the data is disaggregated wherever possible, specifically by race, ethnicity, and nationality; age; socioeconomic status; and neighborhoods of Los Angeles.

The Dashboard can be utilized for multiple ways including:

- ❖ For an organization looking to reevaluate their strategic direction or priorities
- ❖ For concerned community members, students writing reports, or grant writers
- ❖ For people that are looking to learn more about the where community they work or live

Click [here](#) to learn more.





## Webinars

### New Additions in Purple

#### **The Public Charge Rule and the Threat to Public Health** **Thursday, February 20, 10:00 am**

This webinar will provide an overview of the public charge Final Rule and its anticipated impact, including how immigrant communities are being impacted and a discussion of some core legal arguments submitted in federal district court on how the Final Rule contravenes Congress' health policy goals. Register [here](#).

#### **Click, Click, Cook: Online Grocery Shopping Leaves 'Food Deserts' Behind** **Thursday, February 20, 10:00 am**

On Feb. 20, 2020 the National Collaborative on Childhood Obesity Research (NCCOR) is hosting a Connect & Explore Webinar to provide a brief overview of a study recently published in JAMA, "Availability of Grocery Delivery to Food Deserts in States Participating in the Online Purchase Pilot"; and discuss opportunities to expand programs and policies to increase food access and improve diet quality in food deserts through online grocery delivery services. Register [here](#).

#### **Walkability at the Ballot Box** **Wednesday, March 11, 11:00 pm**

Join America Walks on March 11, 2020 as they explore ways to engage with candidates and local officials to prioritize walkability initiatives. This webinar is intended for those just starting out on the walking path as well as those interested in learning more about the topic. Register [here](#).

#### **Healthy Food at School: Social and Emotional Learning Opportunities** **Thursday, March 12, 1:00 pm**

Learn how access to healthy food through meal programs and improving nutrition education opportunities support the whole child. Register [here](#).

#### **Cross-Sector Collaboration: Making Partnerships Work for Your Community** **Tuesday, April 14, 2020, 10:00 am**

Cross-sector collaboration is a term used to describe a process where various community organizations come together to collectively focus their expertise and resources on a complex issue of importance to a community they serve. The cross-sector collaborative may address issues of physical health, behavioral health, and social determinants of health such as transportation, housing, and food insecurity that are impacting the health of the community. Register [here](#).



## Funding Opportunities

### New Additions in Purple

#### **CalFresh Healthy Living Program**

**Close Date: February 21, 2020**

The Los Angeles County (LAC) Department of Public Health (DPH) is issuing a Request for Proposals (RFP) to solicit proposals from interested qualified organizations (Proposers) to implement the CalFresh Healthy Living Program to increase food security and reduce the prevalence of diet related chronic diseases among low-income individuals and families in LAC. The overall goal of the program is to achieve specific behavioral outcomes including increased consumption of healthy foods and water, reduced consumption of unhealthy foods and sugar sweetened beverages, increased levels of physical activity, and optimization of the food system. Click [here](#) to learn more and apply.

#### **Brady Shines**

**Close Date: February 29, 2020**

Brady Shines is committed to supporting the communities wherein Brady Companies are located, including the metropolitan areas of Los Angeles, California, and it does this through three giving programs: Monetary Awards, In-Kind Donations and the Brady Employee Matching Program. Proposed themes for applications include supporting disabled communities (e.g., children with disabilities, social skills for developmentally challenged, inclusion programs, Autism, Down syndrome, and more, and anti-bullying), healthy living (e.g., after school programs, summer camps, athletics, community gardens, playground improvements, healthy eating habits, and artistic programs) and safety and wellbeing (e.g., foodbanks, child advocacy, crisis intervention, and childhood hunger programs). Click [here](#) to apply.

#### **Built Environment Policy Advocacy Fund**

**Close Date: March 13, 2020**

With funding from First 5 LA, Prevention Institute will award one-year (May 2020 – May 2021) grants ranging from \$25,000 – \$100,000 to community-based organizations, policy advocacy networks, and emerging coalitions advocating for high-quality parks, open space, and recreation facilities; safe and reliable transportation/opportunities for mobility; and/or food security in First 5 LA's Best Start geographic areas. This is a unique opportunity to improve the built environment, with a goal of promoting healthy early childhood development. Click [here](#) to apply.

#### **Healthiest Cities and Counties Challenge**

**Close Date: February 26, 2020**

The purpose of this program is to advance health equity and prevent chronic disease in communities by accelerating systems-level approaches to improving community health. The program is based on the theory that authentic collaboration across sectors can result in powerful, sustainable approaches that advance health equity. Successful applicants are expected to establish or revitalize a cross-sector team that fosters partnerships between community residents, local government, nonprofit partners, businesses, academic institutions, and others. Applicants must have a population of up to 600,000 to be eligible for funding. Prospective applicants from the same city, county, or tribe are encouraged to collaborate and submit one joint application. Click [here](#) to apply.

## **Game on Grant**

**Close Date: April 3, 2020**

In order to get every kid healthy and ready to learn, our Game On grants provide funding, support, and resources for schools to increase physical activity and nutrition initiatives while promoting students' social emotional learning. Funding is for \$1,000 for physical activity OR nutrition projects; and funding is for \$2,500 for physical activity AND nutrition projects. PreK-12 schools in all states are eligible to apply. Click [here](#) to learn more and apply.

## **Parents for Healthy Kids Grant**

**Close Date: April 3, 2020**

Parents: Here's your chance to make your mark on school health! Apply for a Parent for Healthy Kids grant that will provide funds and support to increase physical activity or nutrition initiatives while promoting students' social emotional learning and engaging parents in school wellness. Grant funding starts at \$1000. Parents or parent groups must apply for the grant (either for physical activity or nutrition) and lead projects in partnership with the school. Click [here](#) to learn more and apply.



## **Reading Opportunities**

### **Can Opening More Grocery Stores Reduce Food Waste?**

A new economic model suggests increasing geographic access to supermarkets could lead more frequent shopping trips, and thus, less uneaten and spoiled food. Read more [here](#).

### **Cooking shows can help kids make healthy food choices**

In a January study in the Journal of Nutrition Education and Behavior, researchers in the Netherlands found that after children watched a cooking show featuring healthy foods, they were more than twice as likely to choose nutritious foods immediately after. Read more [here](#).

### **Evidence-Based Community Health Worker Program Addresses Unmet Social Needs and Generates Positive Return on Investment**

Interventions that address socioeconomic determinants of health are receiving considerable attention from policy makers and health care executives. The interest is fueled in part by expected returns on investment. However, many current estimates of returns on investment are likely overestimated, because they are based on pre-post study designs that are susceptible to regression to the mean. This study presents a return-on-investment analysis that is based on standardized community health worker intervention that addresses unmet social needs for disadvantaged people. Read more [here](#).

# Training Resources

Title	Date / Time	Format	Info	Registration
Nutrition Update: Nutrition and Health Effects of Food Insecurity	Tues, 2/25 11:00 am	Webinar	<a href="#">Flyer</a>	<a href="#">Register here</a>
Child Feeding Community of Practice: Healthy Fathers, Healthy Kids	Fri, 2/28 10:30 am	Webinar	<a href="#">Flyer</a>	<a href="#">Register here</a>
2020 Rethink Your Drink Day Kickoff Webinar	Wed, 3/11 11:00 am	Webinar	<a href="#">Website</a>	<a href="#">Register here</a>
Trauma-Informed Nutrition Security (Free for CalFresh Healthy Living funded partners)	Mon, 3/16 8:30 am	In-person	----	<a href="#">Register here</a>
Around the Table Training Program ( <i>Free for CalFresh Healthy Living funded partners</i> )	Tues, 3/17 8:30 am	In-person	----	<a href="#">Register here</a>

Visit the CDPH Trainings and Resources page for the latest training related information and [calendar](#) of all scheduled trainings and events. Please seek approval from Project Officer and Contract Manager prior to travel.

**If you would like to submit content or have any questions or comments about the CalFresh Healthy Living newsletter, please contact Tania Marquez at [tmarquez@ph.lacounty.gov](mailto:tmarquez@ph.lacounty.gov)**