



# Los Angeles Collaborative for Healthy Active Children

December 1, 2011  
9:00am-12:30pm

LACOE Head Start • 10100 Pioneer Blvd • Santa Fe Springs 90670



## AGENDA *What's On Your Plate?*

### PRINCIPLES

- Building partnerships
- Increasing benefit to all collaborative partners/ organizations
- Promoting "best practices"
- Embracing diversity of opinion
- Utilizing available research-based evidence
- Serving as a resource
- Increasing visibility

### GOAL STATEMENTS

- **Collaboration:** Develop and maintain strategic partnerships to strengthen mutual efforts and establish leadership.
- **Capacity Building:** Increase capacities of collaborative members to conduct activities that support nutrition education and physical activity initiatives.
- **Access:** Support environments in which all Angelenos have access to healthy foods and safe opportunities for physical activity.
- **Empowerment:** Creating broad scale impact by encouraging our members to become champions for community change.

### CHANNELS

- Families
- Healthy Schools
- Healthcare Insurers and Providers
- Child Care
- Community-based Organizations
- Operations
- Media/ Communications

<b>8:30-9:00</b>	<b>Registration &amp; Networking</b>
<b>9:00-9:15</b>	<b>Welcome and Introductions</b> Dipa Shah-Patel, MPH, RD, <i>Chair, LADPH</i> Zoe Phillips, MPH, CHES, <i>Vice Chair, UEPI, Occidental College</i>
<b>9:15- 9:30</b>	<b>Membership Survey Results</b> Irene Kratz, MA, RN, <i>LAUSD Nursing Services</i> Jennifer Genens, MS, RD, <i>Network for a Healthy CA- LAUSD</i>
<b>9:30-10:30</b>	<b>Resources for Accessing Healthy Food in LA County</b> Zoe Phillips, MPH, CHES, <i>Vice Chair, UEPI, Occidental College</i> Nikki Edwards, MS, RD, <i>CA Food Policy Advocates</i>
<b>10:30-10:45</b>	<b>Physical Activity Break: Jai Ho! Bollywood Dance</b> Dipa Shah-Patel, MPH, RD, <i>Chair, LADPH</i>
<b>10:45-11:00</b>	<b>Break &amp; Year End Celebration Slide show</b>
<b>11:00-11:30</b>	<b>MyPlate resources</b> Mirella Miranda, <i>Regional Media Specialist, Network for a Healthy CA</i>
<b>11:30-12:30</b>	<b>Task Groups: Nutrition Education Initiatives</b> <i>Rethink Your Drink</i> <i>Get Active, Get Healthy LA!</i>
<b>12:30</b>	<b>Evaluations &amp; Adjourn</b>

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**Next Quarterly Meeting: March 22, 2012**  
**CA Endowment • 1000 N. Alameda St • Los Angeles • 90012**

*This material was produced by the California Department of Public Health's Network for a Healthy California with funding from USDA SNAP, known in California as CalFresh (formerly Food Stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663. For more important nutrition information, visit [www.cachampionsforchange.net](http://www.cachampionsforchange.net).*