

Food Policy Nutrition Guidelines – Vending Machines

100% of snacks and beverages sold in County-contracted vending machines will adhere to the Food Policy's nutrition guidelines.

Beverage Vending Machines Nutrition Guidelines

- a) Fruit-based and vegetable-based drinks that are at least 50 percent fruit juice without added sweeteners
- b) Drinking water without added sweeteners
- c) Milk products including two-percent, one-percent, nonfat, soy, rice and other similar non-dairy milk
- d) No carbonated beverages
- e) An electrolyte replacement beverage that contains no more than 42 grams of added sweetener per 20-ounce serving

Snack Vending Machines Nutrition Guidelines

An individually sold snack that has no more than:

- a) 35% of its calories from fat (excluding legumes, nuts, nut butters, seeds, eggs, non-fried vegetables, and cheese packaged for individual sale)
- b) 10% of its calories from saturated fat (excluding eggs and cheese packaged for individual sale)
- c) 35% sugar by weight (excluding fruits and vegetables)
- d) Item cannot exceed 250 calories per individual food item or package if a pre-packaged item

Information provided by the California Center for Public Health Advocacy

