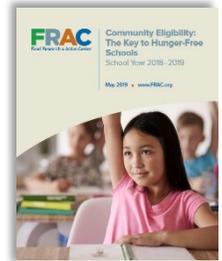


# CalFresh Healthy Living Newsletter

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## Community Eligibility: The Key to Hunger-Free Schools, School Year 2018–2019

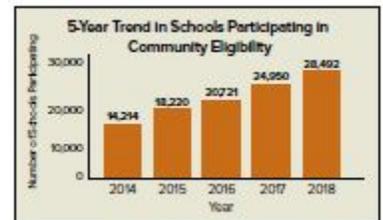


Participation in [community eligibility](#) — a powerful tool for high-need schools to offer breakfast and lunch at no cost to all students while eliminating the need for families to fill out school meal applications — is growing across the nation, according to a new FRAC report released this month. *Community Eligibility: The Key to Hunger-Free Schools, School Year 2018–2019* shows that nearly 13.6 million children in nearly 28,500 schools across the country (64 percent of all eligible schools) are using the provision in the 2018–2019 school year.

Community eligibility’s success has been dramatic. In the 2014–2015 school year, the first year of the provision’s nationwide availability, more than 14,000 schools participated. Just four school years later, participation has doubled. Thirteen states have 80 percent or more of their eligible schools participating, and, during the 2018–2019 school year, nine additional states and the District of Columbia had take-up rates of over 70 percent.

Many families continue to struggle with low wages and rely on the National School Lunch Program and School Breakfast Program to help stretch limited budgets. Community eligibility makes it easier than ever for low-income families to access nutritious school meals for their children. By offering meals at no charge to all students, community eligibility reduces the perception that school meals are only for low-income children. Curbing the stigma associated with school meals is crucial for ensuring high-needs schools can successfully provide the nutritious meals all students need to be healthy and have better learning outcomes, attendance, and behavior.

Eligibility for participating is based on the percentage of “identified students” who are [certified](#) for free school meals without an application because their household participates in the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), the Food Distribution Program for Indian Reservations (FDPIR), or, in some states, Medicaid. Students who are homeless, migrant, or in foster care or Head Start can also be directly certified for free school meals. School districts can choose to implement community eligibility in individual schools, groups of certain schools, or districtwide.



Many more schools and students could benefit from community eligibility. School districts interested in adopting the provision for the upcoming school year must notify their state agency by June 30, 2019. Read the full report [here](#).

## Neighborhood Data for Social Change Community Training

The Neighborhood Data for Social Change (NDSC) platform is a project of the USC Price Center for Social Innovation. NDSC is a free, publicly available online resource for civic actors to learn about their neighborhoods. NDSC illuminates the trends, challenges, and opportunities facing Los Angeles County neighborhoods. The platform helps tell the stories of L.A. neighborhoods through maps, charts, data analysis, and storytelling; helping community stakeholders track measurable change, improve local policies and programs, and ultimately advocate for a better quality of life within their communities.



The NDSC is offering a training on how to access data for specific neighborhoods and cities within Los Angeles County, understand why specific data sets are important, and conceptualize data stories to better tell the stories of their communities. Next trainings take place on Wednesday, August 21 and Wednesday, September 18 at 12:00 pm. Click [here](#) to RSVP.

## Measuring Racial Equity in the Food System: Established and Suggested Metrics



The U.S. food system has created and been shaped by racial injustices since its inception. The ways in which racial injustice is made manifest through our food system are sometimes quite clear and other times murky at best. Data is a powerful tool that can either illuminate or obstruct the reality of injustice. Disaggregating data by race can shed light on systemic oppression.

This report identifies metrics related to racial equity in the food system that are either in use by organizations currently or have been recommended, whether in a publication or through an interview. By documenting the current landscape in this area, this report provides a foundation for the Michigan Good Food

Charter Shared Measurement Advisory Committee to consider and select a set of metrics that can be used at state (Michigan) and local levels to track progress towards an equitable food system. The metrics in this report can also provide a foundation for other interested organizations to track progress.

To identify metrics presented in this spreadsheet, over 100 sources were scanned from reports and peer-reviewed literature touching on race or ethnicity and the food system. Duplicate metrics found in multiple sources were included only once. Personal communication (either interviews or emails) with about a dozen food system experts added several additional suggested metrics and insight on the structure of the list. Click [here](#) to download the [report](#).

## No Cost EatFresh.Org Recipe Cards

EatFresh.org has remaining printing budget for CalFresh Healthy Living funded agencies. Visit their online store to order your favorite recipe cards or "Eat the Rainbow" poster. You have the option of ordering recipe cards with English on onside and another language on the other side. You can also order recipe cards in a large format (5.5 x 8.5") designed for older adults. Visit their resource page [here](#) and [register](#) as a partner to receive your special CalFresh Healthy Living -funded discount code.





## Webinars

### New Additions in Purple

#### **The Health Value of Community Development: Making Connections Across Sectors**

**Thursday, August 8, 10:00 am**

Join PHI's Build Healthy Places Network and NeighborWorks America to explore the connections between health and community development. This free webinar is geared to community development practitioners interested in developing a health strategy and partnerships—providing a foundation in terminology, shared goals across sectors, and what works for collaboration. Register [here](#).

#### **Learning About Positive Youth Development**

**Wednesday, August 14, 1:00 pm**

Join the The Dibble Institute on August 14<sup>th</sup> for a webinar on positive youth development. What does positive youth development mean? We may think about competencies, opportunities, and supports young people need to thrive and make healthy decisions. We may think about youth voice and leadership. In this webinar co-creator Jutta Dotterweich will provide a guided tour of a new, interactive online training course on positive youth development. This free resource consists of six, stand-alone segments, which were developed with a wide range of audiences in mind (e.g., volunteers, parents, frontline youth workers). Register [here](#).

#### **Connected and Engaged: Community Outreach Strategies for Transportation**

**Wednesday, August 14, 11:00 pm**

Join America Walks on August 14 to learn the importance of community engagement and collaboration in designing and creating walkable and movable neighborhoods for all its members. Learn how organizations and individuals can build relationships and connections for a more active and engaged future. This webinar is intended for those just starting out on the walking path as well as those interested in learning more about the topic. Register [here](#).



## Funding Opportunities

### New Additions in Purple

#### **Boosting Opportunities for Social and Economic Mobility for Families**

**Close Date: July 26, 2019**

The Kresge Foundation has announced a \$3.6 million funding opportunity to strengthen partnerships between community colleges and human services nonprofits that connect people with low incomes in cities to critical human service supports and educational pathways that advance social and economic mobility. Through the BOOST funding opportunity, Kresge will award up to eight grants of up to \$450,000 each to qualifying partnerships between community colleges and nonprofit human services nonprofits. Learn more [here](#).

## Healthy Eating Research 2019

**Close Date: July 31, 2019**

This funding opportunity is to support actionable research that advances health equity in the areas of nutritional disparities, nutrition, and food security. Three types of grants will be awarded through the Healthy Eating Research program with the aim of providing advocates, decision-makers, and policymakers with the evidence needed to address the key social determinants of health and inequalities that underlie poor dietary patterns and related health consequences. Eligible applicant organizations include academic institutions, public entities and private nonprofit organizations, state and local government agencies, and for-profit organizations. Learn more [here](#).

## Statewide Park Program

**Close Date: August 5, 2019**

This year, \$255 million in state funds were made available to cities and other local governments to create new parks and introduce new recreation opportunities specifically in California's underserved communities. Local agencies have been invited by the California Department of Parks and Recreation to apply for possible funding for their communities. The funds are specifically allocated to critically underserved communities, with an eye to increasing health equity and reducing health disparities. Learn more [here](#).

## IRONAID Grants

**Close Date: September 1, 2019 (Application)**

The purpose of this program is to raise funds and awareness for health-related causes and solve health-related issues by engaging North American athletes in the health care industry who routinely race Ironman and Ironman 70.3 events. Potential projects include improving fresh water access, nutrition for children, vaccines for communicable diseases, and lifesaving equipment. Learn more [here](#).

## Goggio Family Foundation

**Close Date: September 1, 2019**

The Goggio Family Foundation respects the dignity of all people, believes in the power of ideas to transform society, values education and knowledge-sharing, and has confidence in the potential to create a better world. To fulfill its mission, the Foundation has developed the following program areas:

- ❖ The Community Development and Social Change Program
- ❖ The Environmental Preservation Program
- ❖ The Educational Program

The Goggio Family Foundation accepts [Letters of Interest](#) (LOI) on a rolling basis, though LOIs must be received June 1st to be considered for funding issued by the end of the calendar year. Learn more [here](#).

## Tomberg Family Philanthropies

**Close Date: September 9, 2019**

The purpose of this program is to support projects in the areas of education, the environment, health, and poverty alleviation. The funding agency seeks to fund opportunities such as pilot projects, new projects, capacity building, and evaluations. Generally, funding is provided for specific projects, although portions of awards may be designated for capacity-building efforts after the first year of support. Mandatory letters of inquiry (LOIs) may be submitted beginning at 9:00 a.m. PT on July 25, 2019 and must be received by 11:59 p.m. PT on September 9, 2019. For more information, please click [here](#).

**Simply Organic: Giving Fund**  
**Close Date: September 30, 2019**

The Simply Organic Giving Fund strives to nourish the millions of food insecure by providing them access to healthy, organic food. Providing nourishment and nutrition education for the food insecure, with a focus on organics, is central to the goal of the Simply Organic Giving Fund. Successful grant applications should meet one or more of the following program priorities: promote access to organic food options, utilize and distribute organic food/meal, and provide nutrition counseling and food preparation education. Only non-profit organizations are eligible. Applications will be accepted beginning on July 1, 2019 and must be received by 9:59 p.m. PDT on September 30, 2019. For more information, please click [here](#).

## Training Resources

Title	Date / Time	Format	Location	Info	Registration
Statewide Day of Action - Healthy Snack Day Kickoff	Wed 7/24 11:00 am	Webinar	----	----	<a href="#">Register here</a>
Assessing Needs & Resources: A CalFresh Healthy Living Training Series: #1 of 3: Getting Started with Assessment	Mon 7/29 10:30 am	Webinar	----	<a href="#">Flyer</a>	<a href="#">Register here</a>
Listen! Laying a Foundation for Community Engagement	Tues 7/30 10:00 am	Webinar	----	----	<a href="#">Register here</a>
Nutrition Update webinar	Tues, 8/6 11:00 am	Webinar	----	<a href="#">Flyer</a>	<a href="#">Register here</a>
Building a Strong Foundation: A Strategic Approach for Preparing to Teach a New Curriculum	Thurs 8/8 10:00 am	Webinar	----	----	<a href="#">Register here</a>
Intergenerational Approaches to Physical Activity (PA): PA Promotion for All Ages	Thurs, 8/15 1:30 pm	Webinar	----	----	<a href="#">Register here</a>

Visit the CDPH Trainings and Resources page for the latest training related information and [calendar](#) of all scheduled trainings and events. Please seek approval from Project Officer and Contract Manager prior to travel.

**If you would like to submit content or have any questions or comments about the CalFresh Healthy Living newsletter, please contact Tania Marquez at [tmarquez@ph.lacounty.gov](mailto:tmarquez@ph.lacounty.gov)**