

CalFresh Healthy Living Newsletter

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Initiatives to Make SNAP Benefits More Adequate Significantly Improve Food Security, Nutrition, and Health

FRAC's paper analyzes why SNAP benefits are inadequate, reviews the body of research showing positive effects from more adequate SNAP benefits and concludes with some of the key policy solutions that can improve benefit adequacy. Instances of more adequate SNAP benefits that have occurred in the past include:

❖ The temporary increase in monthly SNAP benefits from the American Recovery and Reinvestment Act (ARRA) of 2009 which helped to reduce food insecurity by 2.2 percentage points and reduce very low food security by 2.0 percentage points among low-income households between December 2008 (pre-ARRA) and December 2009 (about eight months post-ARRA).

❖ The Summer Electronic Benefit Transfer for Children demonstration project provided low-income households with children \$60 per month in SNAP-like benefits. Among families receiving SNAP before the project started, food insecurity among children was reduced by one-fourth. The demonstration project also had favorable impacts on multiple nutrition outcomes among participating children.

❖ Federally funded financial incentives to purchase fruits, vegetables, or other nutritious foods, which boost the overall purchasing power of SNAP benefits, have improved food security and dietary intake among SNAP participants.



To read more about FRAC's policy solutions to make SNAP more effective, download the full report [here](#).

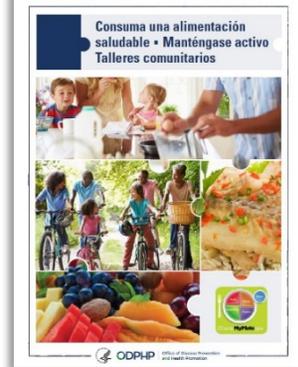


CA Meals for Kids Mobile Application to locate California Afterschool and Summer Meal Programs Sites

School is out, and summer is here! The California Department of Education (CDE) has created the CA Meals for Kids mobile application that helps you find nearby California Afterschool and Summer Meal Programs Sites through your iOS, Android, or Microsoft devices. The app lets you find sites in California by physical location, custom map, county, city, zip code and partial site name! Get informed and check out a list of valuable resources related to Summer Meals on the CDE webpage [here](#).

Eat Healthy, Be Active Community Workshops - Now Available in Spanish

The Eat Healthy, Be Active Community (EHBA) Workshops are now available in Spanish. The workshops are based on the Dietary Guidelines for Americans and the Physical Activity Guidelines for Americans. Each of these six 1-hour workshops includes a lesson plan, learning objectives, talking points, hands-on activities, videos, and handouts. The workshops are used by community educators, health promoters, dietitians/nutritionists, cooperative extension agents, and others to teach to adults in a wide variety of community settings. They are designed to be delivered to adults in a variety of community settings as either a series or as individual lessons. Download the complete workshop series [here](#).



Webinars

New Additions in Purple

The Potential Role of Nutrition in the First 2 Years of Life in the Prevention of Child Overweight and Obesity

Thursday, July 18, 9:00 am

The Roundtable on Obesity Solutions is hosting a 75-minute webinar that will explore the role of infant and early childhood nutrition (birth to <2 years of age) related to healthy growth and the prevention of overweight and obesity later in childhood. Presentations will feature the current prevalence and trends of high weight-for-length in infants and young children, the state of the science on nutrition-related modifiable risk factors, and obesity prevention interventions that address healthy growth, with a special emphasis on reducing disparities in populations with above-average obesity risk. Click [here](#) to register.



Funding Opportunities

New Additions in Purple

Partnership Grants to Fuel Social Innovation

Close Date: TBD

The purpose of this program is to support partnerships that aim to implement new models of service delivery and/or transformative and technological approaches to increase access to health; improve health outcomes; and develop, expand, or replicate effective models of coordinated services. Projects must engage multiple organizations and produce effective, efficient, measurable, and sustained outcomes that: increase access to health, improve health outcomes, develop, expand, or replicate new, innovative, and effective models of coordinated services, facilitate collaboration among organizations that bring different and unique attributes and capabilities, engage with funding agency staff to analyze data and strategize/implement projects. Letters of intent (LOI's) must be submitted by 5:00 pm on July 3, 2019 at agency.e-impact.com. Email questions to sipg@dignityhealth.org.

Statewide Park Program

Close Date: August 5, 2019

This year, \$255 million in state funds were made available to cities and other local governments to create new parks and introduce new recreation opportunities specifically in California's underserved communities. Local agencies have been invited by the California Department of Parks and Recreation to apply for possible funding for their communities. The funds are specifically allocated to critically underserved communities, with an eye to increasing health equity and reducing health disparities. Learn more [here](#).

IRONAID Grants

Close Date: September 1, 2019 (Application)

The purpose of this program is to raise funds and awareness for health-related causes and solve health-related issues by engaging North American athletes in the health care industry who routinely race Ironman and Ironman 70.3 events. Potential projects include improving fresh water access, nutrition for children, vaccines for communicable diseases, and lifesaving equipment. Learn more [here](#).

Goggio Family Foundation

Close Date: September 1, 2019

The Goggio Family Foundation respects the dignity of all people, believes in the power of ideas to transform society, values education and knowledge-sharing, and has confidence in the potential to create a better world. To fulfill its mission, the Foundation has developed the following program areas:

- ❖ The Community Development and Social Change Program
- ❖ The Environmental Preservation Program
- ❖ The Educational Program

The Goggio Family Foundation accepts [Letters of Interest](#) (LOI) on a rolling basis, though LOIs must be received June 1st to be considered for funding issued by the end of the calendar year. Learn more [here](#).

Tomberg Family Philanthropies

Close Date: September 9, 2019

The purpose of this program is to support projects in the areas of education, the environment, health, and poverty alleviation. The funding agency seeks to fund opportunities such as pilot projects, new projects, capacity building, and evaluations. Generally, funding is provided for specific projects, although portions of awards may be designated for capacity-building efforts after the first year of support. Mandatory letters of inquiry (LOIs) may be submitted beginning at 9:00 a.m. PT on July 25, 2019 and must be received by 11:59 p.m. PT on September 9, 2019. For more information, please click [here](#).

Recommended Reading

The Impacts of Supplemental Nutrition Assistance Program Redemptions on County-Level Employment

This study investigates the impacts of USDA's Supplemental Nutrition Assistance Program (SNAP) redemptions (the value of SNAP benefits redeemed by SNAP-authorized stores) on metro and nonmetro county-level employment from 2001 to 2014. To read the study, please click [here](#).

Engaging Fathers in Early Obesity Prevention During the First 1,000 Days: Policy, Systems, and Environmental Change Strategies

Research shows that children and moms benefit when dads are actively engaged in their kids' health and development. This review presents a new approach to engaging fathers in obesity prevention during the first 1,000 days. To read the study, please click [here](#).

Training Resources

Title	Date / Time	Format	Location	Info	Registration
How to become a "SLAQer" - using assessment tools in the Learn Setting	Thurs, 7/11 10:00 am	Webinar	----	----	Register here
Statewide Day of Action - Healthy Snack Day Kickoff	Wed 7/24 11:00 am	Webinar	----	----	Register here
Nutrition Update webinar	Tues, 8/6 11:00 am	Webinar	----	Flyer	Register here
Building a Strong Foundation: A Strategic Approach for Preparing to Teach a New Curriculum	Thurs 8/8 10:00 am	Webinar	----	----	Register here
Intergenerational Approaches to Physical Activity (PA): PA Promotion for All Ages	Thurs, 8/15 1:30 pm	Webinar	----	----	Register here

Visit the CDPH Trainings and Resources page for the latest training related information and [calendar](#) of all scheduled trainings and events. Please seek approval from Project Officer and Contract Manager prior to travel.

If you would like to submit content or have any questions or comments about the CalFresh Healthy Living newsletter, please contact Tania Marquez at tmarquez@ph.lacounty.gov