



## HELP ME GROW LA: PARENT CAFES

Help Me Grow LA will host a parent café providing a safe space for parents/caregivers raising children with developmental delays and special health needs to participate in reflective conversations.

Register using the QR Code below.



## EVENT INFORMATION

**Wednesday, April 3, 2024**

MLK Center for Public Health  
11833 Wilmington Ave.  
Los Angeles, CA 90059  
10am-12:30pm

## RESOURCES AND SUPPORT

### TELEPHONE:

1-833-903-3972

### WEB:

[HelpMeGrowLA.org](https://HelpMeGrowLA.org)