FEVER AND RASH? CONSIDER MEASLES

Outbreaks of measles are occurring in Los Angeles County. Measles is highly contagious.

MEASLES SYMPTOMS:

Suspect measles in patients with:
- Fever
- Generalized rash

Ask About:
- Travel in past 3 weeks
- Vaccine history
- Exposure to measles cases

Prodrome:
- Fever
- Cough
- Coryza
- Conjunctivitis

Exanthem:
- Red, maculopapular rash that may become confluent
- Classically, rash begins on face before spreading to trunk and extremities
- Koplik's spots may be present

IF YOU SUSPECT MEASLES

- IMMEDIATELY institute airborne isolation precautions.
- IMMEDIATELY call Public Health to arrange testing (see below). Do not wait for laboratory confirmation to report.
- DO NOT routinely send suspect cases to the Emergency Department unless they require hospitalization.
- NOTIFY other facilities prior to referral.
- DO NOT use any regular exam room for at least 2 hours after a suspected measles patient has left the room.

Call LA County Public Health for consultation.
Weekdays 8:30am – 5:00pm call: 213-351-7800 (ask for epidemiologist on call).
After hours or on weekends call: 213-974-1234.