



# COVID-19 Vaccine Facts

## REASONS TO GET A COVID-19 VACCINE



- The vaccine reduces your risk of getting very sick from COVID-19, ending up in the hospital, or dying. It also lowers your risk of getting long COVID.
- You need **all recommended doses** to get the best protection. This includes one **updated (bivalent) booster** for everyone 6 months and over\*. Get your updated booster if it has been at least 2 months since your last COVID-19 dose. This is regardless of how many original (monovalent) booster doses and what type(s) of vaccine you got in the past. \*A booster dose is not authorized for children ages 6 months-4 years who already had a bivalent Pfizer vaccine for the 3rd dose of a Pfizer primary series.

## WHO CAN GET A VACCINE

### Anyone 6 months of age or older

- COVID-19 vaccines are **free** to everyone - even if you don't have insurance.
- You will not be asked about your immigration status.
- Vaccines are recommended for everyone, including people who are pregnant or breastfeeding, and people who have had COVID-19.



## RECOMMENDED COVID-19 VACCINES

### Moderna

**Ages 6 months and older:** 2 primary doses plus one updated Pfizer or Moderna booster\*

\* 6 mo- 4 years get a Moderna booster only

### Novavax

**Ages 12 years+:** 2 primary doses plus one updated Pfizer or Moderna booster

See [ph.lacounty.gov/covidvaccineschedules](https://ph.lacounty.gov/covidvaccineschedules) for more information.

If you are **immunocompromised you may need additional doses** - talk to your doctor.

The [Novavax booster](#) can be used for people age 12+ in some situations.

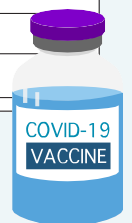
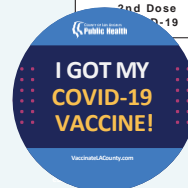
### Pfizer

**Ages 6 months - 4 years:** 3 primary doses (the 3<sup>rd</sup> dose is an updated bivalent dose)

**Ages 5 years+:** 2 primary doses plus one updated Pfizer or Moderna booster^

^5-year-olds can get a Pfizer booster only

COVID-19 Vaccination Record Card			
Last name		First Name	
Date of Birth		Medical Record Number	
Vaccine	Product/Lot #	Date	Clinic Site
1st Dose COVID-19		___/___/___	
2nd Dose COVID-19		___/___/___	
		___/___/___	





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## HOW TO GET A VACCINE

There are hundreds of sites across LA County - many are open weekends and evenings and don't need an appointment.

To find a location in your neighborhood:

- Visit [ph.lacounty.gov/howtogetvaccinated](https://ph.lacounty.gov/howtogetvaccinated) or call **1-833-540-0473**, 8am to 8:30pm.
- You can also call 2-1-1 or ask your doctor or local pharmacist.
- Free transportation and in-home vaccination are available.



Minors need consent from their parent or legal guardian to get vaccinated.

## WHAT ARE THE SIDE EFFECTS?

- Common side effects include pain, swelling and redness where the vaccine was given, muscle or joint pain, swollen lymph nodes, fever, chills, headache, and feeling tired. Side effects in young children also include crying, fussiness, sleepiness, and loss of appetite.
- Side effects are a sign that your immune system is **building protection**. They may affect your ability to do some daily activities but should go away within a day or two of getting vaccinated.
- Serious side effects are rare.



## WHAT ABOUT SAFETY?

- You cannot get COVID-19 from the vaccine. None of the vaccines contain the virus that causes COVID-19.
- The vaccines were tested on tens of thousands of people, including people of color, older adults, and people with medical conditions and found to be **safe and effective**.
- Since December 2020, **hundreds of millions of people** have safely received a COVID-19 vaccine.
- COVID-19 vaccines continue to go through the most **intensive safety monitoring** in US history.
- There is no evidence that COVID-19 vaccines cause fertility problems. They are safe for pregnant people and are recommended by pregnancy experts.

