

# How Does Contact Tracing Work?

Contact tracing is a simple, confidential process that has been used by public health departments for decades to slow the spread of infectious diseases and avoid outbreaks. You can do your part by answering a few simple questions when Public Health calls.

## If you test positive for COVID-19:

- **Stay home and away from others to prevent the spread of COVID-19.**
  - If you have symptoms stay home till at least 24 hours after your fever is gone and there is improvement in your symptoms and at least 10 days have passed since your symptoms first started.
  - If you do not have symptoms stay home till 10 days after the day you had your test.



- **The public health department will contact you to follow-up. It is important to take this call.**

### Public Health will ask:

1. About the places you have been.
2. The people you have been around while you were infectious.

- **The people you tell us about will be contacted but will not be told your name or contact information. They will also be asked to stay home to help prevent others from getting sick.**



## If you have been in contact with someone with COVID-19:

- **Remain home for 14 days after your last contact with the person who had COVID-19.**
- **The Public Health department will call you to follow-up. It is important to take this call.**



### Public Health will ask:

1. If you are experiencing any symptoms or if you have been tested.
2. About places that you may have been to.

- **In order to avoid you getting mixed up with another person, please provide them with your complete and correct information.**
- **They may call you more than once to check how you are doing during your 14 days at home.**
- **They will provide you with information on next steps based on your responses.**
- **They will also provide you with information on how to access services like testing for COVID-19 or how to find a doctor if you don't already have one.**

