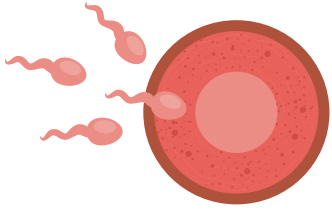




COVID-19: Vaccine Facts

Fertility and Periods

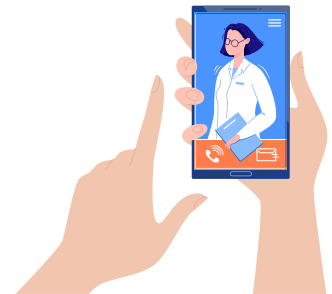
COVID-19 AND FERTILITY



- There is **no evidence** that any vaccine, including COVID-19 vaccines, cause fertility problems in females or males. In fact, studies show vaccinated people get pregnant at the same rate as unvaccinated people. There is also no evidence that COVID-19 vaccines affect puberty or teenage development.
- Medical experts **recommend COVID-19 vaccination** for people who want to have a child in the future as well as for people who are currently pregnant.
- Experts also recommend that everyone **stay up to date with their COVID-19 vaccines**. This is especially important for people who are trying to get pregnant or are already pregnant. COVID-19 can be worse during pregnancy. Having COVID-19 during pregnancy, increases the risk of complications for the pregnant person as well as their developing baby.

VACCINE TEMPORARY EFFECTS ON PERIODS

- Some women have reported a change in their period after getting the COVID-19 vaccine. There is limited research on this issue but two recent studies showed common, but minor, changes after COVID-19 vaccination. These included changes in the length of the menstrual cycle and the time between periods as well as heavier bleeding than usual. These **changes were temporary**.
- It is important to remember, many things can cause a change to menstrual cycles and irregular periods are very common among teens. If you have concerns about your period, talk to a doctor.



For more information, see the CDC webpage [COVID-19 Vaccines for People Who Would Like to Have a Baby](#).

VACCINES ARE FREE FOR EVERYONE - even if you don't have insurance

You will not be asked about your immigration status. There are many sites across LA County - many are open weekends and evenings and don't need an appointment. To find a location in your neighborhood:

- Visit **VaccinateLACounty.com** or call **833-540-0473**, 8am to 8:30pm.
- You can also call 2-1-1 or ask your doctor or local pharmacist.
- Free transportation and in-home vaccination are also available.