



# COVID-19: Best Practices for Senior Centers

Senior centers and community centers serving older adults in Los Angeles County provide a vital resource for our older adults to get necessary exercise, social interaction, and nutritious meals among many other benefits. The Los Angeles County Department of Public Health is working with partners to ensure that these centers are operating safely and following best practices to prevent COVID-19.

Please see below for best practices guidance that can be used by senior centers and community centers serving older adults:

- [LAC DPH Best Practices to Prevent COVID-19 Guidance: General Guidance](#)
- If the center provides for congregate meals, then recommend where applicable [LAC DPH Best Practices to Prevent COVID-19: Food and Beverage Services](#)
- If the center provides exercising programs, then recommend where applicable [LAC DPH Best Practices to Prevent COVID-19: Exercising Indoors](#)
- For other best practices for businesses and employers, please see our [Re-opening LA County](#) page.

