

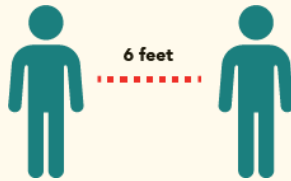
SOUTH ASIAN COMMUNITY

What you need to know now about COVID-19

Los Angeles County is safely reopening in stages. As more businesses re-open, there are important things you should continue to do:



Wear a Cloth
Face Covering



Practice Physical
Distancing



Frequently Wash
Your Hands



Self-isolation when sick &
Self-quarantine when exposed

Are you concerned about going to the emergency room or calling 9-1-1 in an emergency?



Emergency rooms and calling 9-1-1 are SAFE

Hospital emergency rooms are taking extra steps to make sure you stay safe.

Is what you're hearing from friends, family, and social media confusing?



Remember, there is NO CURE for COVID-19

Talk to your doctor about any herbs or non-prescription drugs you are taking.

Get your information from reliable places and avoid scams.

(<https://tinyurl.com/ScamEng>)

Do you have children?



Keep your well-child appointments and get your children vaccinated for other diseases.

Your doctor's offices are taking extra steps to make sure you and your family stay safe.

We are here to help

Interpretation services are available



UNEMPLOYMENT CLAIM (<https://tinyurl.com/unemplENG>)

- For help filing an unemployment claim, call Employment Development Department: 1-800-300-5616

EMOTIONAL AND MENTAL HEALTH SUPPORT

(<https://tinyurl.com/MentalHEng>)

- Call the Los Angeles County Department of Mental Health's 24/7 Help Line: 1-800-854-7771 (Press 1)

CalWORKS, CaFRESH, Medi-Cal, GENERAL RELIEF

- For help with CaFRESH, Medi-Cal, CalWORKS, or General Relief, call the Department of Public Social Services: 1-866-613-3777 or the South Asian Network: 562-403-0488 ext. 112

DOMESTIC VIOLENCE AND SEXUAL ASSAULT

- To get help, call the Center for the Pacific Asian Family (<https://nurturingchange.org/>): 1-800-339-3940, 24-hours a day or the South Asian Network: 562-403-0488

CONFLICT RESOLUTION

- For help, call the Asian Pacific American Dispute Resolution Center (APADRC): 1-213-250-8190

HATE CRIMES

- To report a hate crime, go to: www.a3pcon.org/stopaapihate