Contact tracing is a simple, confidential process that has been used by public health departments for decades to slow the spread of infectious diseases and avoid outbreaks. You can do your part by answering a few simple questions.

• If you get a call from Public Health, it is important to take this call. It will show on your phone as “LA PublicHealth” or 1-(833) 641-0305.
• If you receive a Los Angeles County Health Officer Order and have not already had a contact tracing interview, you must call the number on the Order within 24 hours.
• The Public Health Specialist can answer your questions and provide you with information such as how to get a COVID-19 test, find a doctor, or get help while you are in quarantine or isolation.

If you test positive for COVID-19:

Public Health will ask:
1. About the places you have been.
2. The people you have been around while you were infectious.

To learn more, see Isolation Instructions
• Scan the QR code, or
• Visit ph.lacounty.gov/covidisolation.

If you have been in contact with someone with COVID-19:

Public Health will ask:
1. If you have any COVID-19 symptoms or if you have been tested.
2. About places that you may have been to.

• In order to avoid you getting mixed up with another person, please give your complete and correct information.
• Public Health may call you more than once to check how you are doing.
• They will give you information on next steps based on your answers.

To learn more, see Quarantine and Other Instructions for Close Contacts
• Scan the QR code, or
• Visit ph.lacounty.gov/covidquarantine.