

IMPACT!

PUBLIC HEALTH AMBASSADORS NEWSLETTER



The Los Angeles County Department of Public Health values the important and innovative work that our Parent, Student, and Early Childhood Public Health Ambassadors are doing across Los Angeles County to help stop the spread of COVID-19 and keep communities thriving and are thrilled to launch Impact! - a monthly newsletter for our community partners with valuable health resources and learning opportunities that highlight the great work of our Public Health Ambassadors and the community at large.

How do you make an IMPACT?

WHAT'S NEW?

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WHAT ARE PUBLIC HEALTH AMBASSADORS?

Public Health Ambassadors are parents, middle/high school students, and providers or partners of early care and education programs in Los Angeles County that serve as trusted community messengers. Ambassadors are trained on timely COVID-19 health and safety information, provided with information and resources to then share as community leaders to keep their communities healthy and safe. During the 2021-2022 academic year, LACDPH trained over 3,000 Public Health Ambassadors.



HOW HAS TRAINING HELPED AMBASSADORS?

Take a look at results from our Early Childhood Partners Ambassador training in August: trainees reported more than 7 times greater knowledge and confidence about COVID-19 prevention methods and ability to share accurate COVID-19 resources and information as compared to before the Ambassador training.

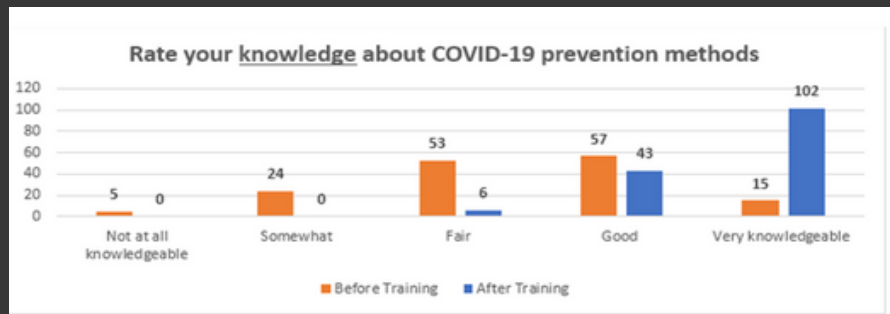


Figure 1. ECP Training 8/16/2022 evaluation results- knowledge



Figure 2. ECP Training 8/16/2022 evaluation results- confidence

AUGUST HIGHLIGHTS

CELEBRATING AMBASSADORS AT DAY AT THE PARK-BACK-TO-SCHOOL HEALTH AND WELLNESS FAIR

On Saturday, August 13th, LACDPH partnered with the Community Impact Alliance (CIA) at Belvedere Park in East Los Angeles to celebrate the work of the Public Health Ambassadors over the last school year and gear up for the great year ahead! The event brought together 24 community organizations to offer invaluable connections to health and wellness resources including blood pressure screenings, COVID-19 vaccinations, fresh food, arts, crafts, and Zumba.



The LACDPH Public Health Ambassador team distributed 1,000 children’s backpacks stuffed with school supplies and COVID-19 antigen test kits and all who attended enjoyed delicious Nomad Ice Pops and a special address from LACDPH Director, Dr. Barbara Ferrer. The event was a big success and LACDPH is deeply grateful for the Public Health Ambassadors, staff, and community members who demonstrate their commitment to keep our LA County communities thriving. [Watch the recap here.](#)

IMPROVING STUDENT OUTCOMES

LACDPH AND LACOE PARTNER TO OFFER OVER \$4M IN COVID-19 PREVENTION GRANTS TO SCHOOLS AND TEACHERS

Dozens of grants were awarded to teachers, schools, and school districts to fund projects that address the ongoing effects of the COVID-19 pandemic on student outcomes. Given the tremendous impact of the pandemic on learning and achievement, the grants are focusing on four key areas: improving student daily attendance, social emotional wellbeing, health/fitness and childhood vaccinations. [Learn more here.](#)

PUBLIC HEALTH AMBASSADOR SPOTLIGHT

ANGELINA AND ANTONIO CHOW PREPARE FOR BACK TO SCHOOL

Student Ambassadors Angelina and Antonio Chow help stop the spread of COVID-19 by volunteering to share information in their community and applying best practices in their own lives.



"My brother and I are proud and honored to be student ambassadors for the Department of Public Health as we continue to raise awareness on how to stay healthy and safe."

DPH: How did information in the Public Health Ambassador Program help you prepare for this year's return to school?

Angelina: The information helped me and my brother (Antonio) prepare for this year's return to school by providing us important guidelines on how to protect ourselves, as well as our family and friends, from the COVID-19 virus. We learned that there are various ways to mitigate the spread of COVID-19. Using this knowledge, my brother and I attend school every day with confidence that we will continue to be healthy and stay safe. We diligently wear our face masks indoors and practice good hygiene and social distancing measures. Most importantly, we are fully vaccinated and have our booster shots. By following the information in the Public Health Ambassador program, we are doing our part to protect ourselves, our loved ones, and our community.





DPH: How have you shared information learned from the Public Health Ambassador Program with other parents and students?

Angelina: My brother and I have spoken to our friends and families about our experience as Public Health ambassadors. We educated our community about the knowledge we gained regarding precautions everyone can take to stay safe from COVID-19. For example, we created a bilingual (Mandarin and English) COVID-19 health pamphlet. Our pamphlet was so well-received that it was featured in our Chinese community's monthly newsletter. In addition, this past summer, my brother and I volunteered at the Day at the Park Back-to-School Health and Wellness Fair sponsored by the Los Angeles Department of Public Health.

Among other volunteer duties, we spoke with the public about our wonderful experience as student ambassadors. My brother and I are proud and honored to be student ambassadors for the Department of Public Health as we continue to raise awareness on how to stay healthy and be safe.



① Cover up
Wear a face mask
戴口罩



② Wash your hands
Use lots of soap
用肥皂洗手



③ Clean with disinfectant
Spray on surfaces
噴酒精



④ Stay at home
Avoid visitors
避免客人



⑤ Stay tuned
Get advice from doctors
向醫生詢問建議

**ATTENTION PUBLIC HEALTH
AMBASSADORS, WE WANT TO
HEAR YOUR SUCCESS STORY!**

How did you share COVID-19 information this month? Let us know by [clicking here](#).

**BECOME A
PUBLIC HEALTH
AMBASSADOR**

**STUDENT PUBLIC HEALTH
AMBASSADOR**

Calling all middle and high school students! The Student Public Health Ambassador program is a great opportunity to learn about preventing the spread of COVID-19 and how to play an active role with peers, family, and community members in adopting healthy behaviors. [Register here](#).

Upcoming Training Dates/Times
Tues. 10/4 @4:30-6pm

**PARENT PUBLIC HEALTH
AMBASSADOR**

The Los Angeles County Department of Public Health is looking for parents who want to make a difference in their community through the Parent Ambassador Program.

The program offers interested parents an opportunity to learn about ways to stay safe to help stop the spread of COVID-19 in their own communities.

[Register here](#).

Upcoming Training Dates/Times
Tues. 9/27 @3:30-5:00pm (English)
Wed. 9/28 @3:30-5:00pm (Spanish)

**EARLY CHILDHOOD PUBLIC
HEALTH AMBASSADOR**

Do you work with young children? Join us for Early Childhood Public Health Ambassador training and gain information, insight, and resources to assist with communicating with parents, kids, and the community about safety and best practices for COVID-19 and other infectious diseases, childhood vaccinations, and trauma informed care for children and families.

[Register here](#).

Upcoming Training Dates/Times
Tues. 9/20 @1-2:30pm (English)
Wed. 9/21 @1-2:30pm (Spanish)

LACDPH UPDATED GUIDELINES

Guidance for Early Childhood Education Providers Requirements and Best Practices, updated 8/26/2022. [See updates here.](#)

COVID-19 Exposure Management Plan Guidance in ECE Sites, updated 8/15/2022. [See updates here.](#)

COVID-19 Protocols for TK-12, updated 8/11/2022. [See updates here.](#)

MONKEYPOX GUIDANCE

Read isolation instructions for people with Monkeypox [here](#).

WELLNESS CORNER

COVID-19 MENTAL HEALTH RESOURCES

LACDPH recognizes that throughout this long-lasting COVID-19 pandemic, it is natural to feel stress, anxiety, grief, and worry. The Los Angeles County Department of Mental Health [webpage](#) includes tips to help manage stress and improve your emotional health.

KEEPING LOS ANGELES SAFE

Looking for support during the COVID-19 crisis? The City of Los Angeles has many resources for students, testing, food, supplies, and more at [Keeping Los Angeles Safe.](#)

AMBASSADOR OUTREACH

Are you a trained Public Health Ambassador but have not yet completed an outreach activity? You still have time! Report your outreach activity [here](#) and claim your additional \$25 stipend.

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Thank you for your ongoing commitment to keeping your community healthy and safe.

-Los Angeles County
Department of Public Health