Protect Yourself and Others from NOVEL CORONAVIRUS

Stay home when you are sick.

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, cough into your sleeve.

Limit close contact with people who are sick or people you don't know.

RIDE SAFELY!

Los Angeles County Department of Public Health
http://publichealth.lacounty.gov