COVID-19
Los Angeles County Department of Public Health

Phnom Penh Times

Los Angeles County Department of Public Health (Public Health) encourage everyone to stay informed about the latest updates on COVID-19 (coronavirus) and take necessary precautions to protect themselves and others. Public Health is closely monitoring the situation and working closely with local and national authorities to ensure the safety and health of all residents. We encourage everyone to stay informed, wash their hands regularly, and practice social distancing when necessary.

Public Health encourages the public to take precautionary measures such as:

- Regularly washing hands with soap and water for at least 20 seconds.
- Covering coughs and sneezes with a tissue or elbow.
- Avoiding close contact with people who are sick.
- Cleaning and disinfecting frequently touched surfaces.
- Staying home when feeling sick.
- Avoiding large gatherings.

You can find more information on COVID-19 and how to protect yourself at https://publichealth.lacounty.gov/media/Coronavirus/.

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www.publichealth.lacounty.gov
ម្របសិនងបើអ្នកានសំួរងហើយចង់និោយជាមួយនរណាដន្តសូមទូរស័ពាជំនួយដំណើរការសិក្សារបស់ប្រក្រិតថ្មីផ្សេងៗនៃការជំនួយដ៏លឿននិងការបង្កើតបច្ចុប្បន្នស្កាំងដ៏ល្អ។

គនលឹះអ្ំពីការលាងសាអរនដងសចកតីម្របកាសព័រ៌ានតភាព៖ ការងបាកម្របាស់ព័រ៌ានមិនពិរនិងការងបាកបងញ្ញោរស្កគល់ពីកណនលងងដើមបីទទួលបានព័រ៌ានណដលអាចទុកចិរតបានការណែនំបងណា តេះអាសននសម្រាប់

• Los Angeles County Department of Public Health (LACDPH, County)
  ○ http://publichealth.lacounty.gov/media/Coronavirus/
  ○ ឯកសារបញ្ជាក់ @lapublichealth

• The Los Angeles County Department of Mental Health Access Center 24/7 ់សហគមន៍ (800) 854-7711

ប្រក្រិតថ្មីណដលអាចរុករកលើអាជីវកមមជាងម្រចើនដើមបីង្វើណផ្នការណដលអាចរាប់បញ្ចូលវាអាចរាប់បញ្ចូលទៀតអំពីការបងតែមនៃការបង្កើតបច្ចុប្បន្នស្កាំងដ៏ល្អ។

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