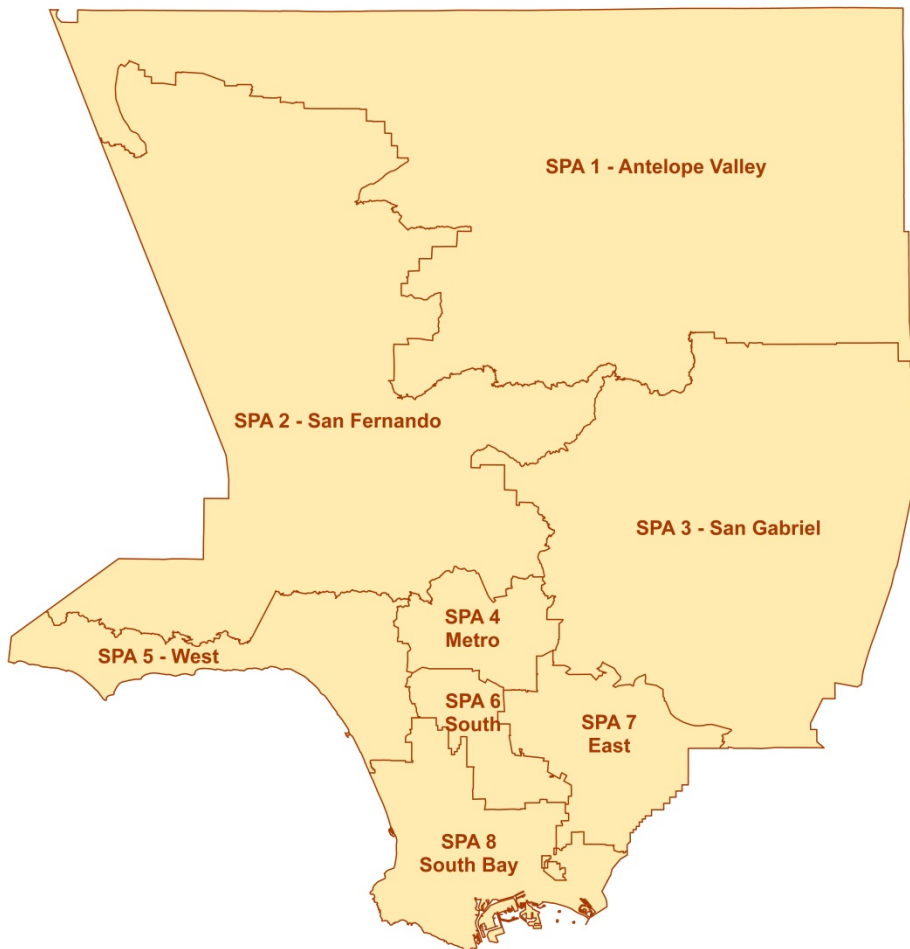


# Grief Support Resources for Parents and Families with Infant and Fetal Loss Los Angeles County

The resource is divided by eight Service Planning Areas (8).  
Please click to the SPA that you live in to go the resources available near you.



For more information, please contact Luz Arboleda-Babcock, BSN, PHN  
SIDS, FIMR & NBS Program Coordinator  
Maternal, Child, and Adolescent Health  
600 S. Commonwealth Ave, Suite 800  
Los Angeles, CA 90005  
P: 213.639.6457 F: 213.639.1034



# Grief Support Information

Los Angeles County Public Health Department

## ***SPA 1 - Antelope Valley***

### Kaiser Permanente Bereavement, Lancaster

800-272-3500 Ext. 3528 / 661-729-7250

Meeting information: Fridays from 10:00-11:30am

43112 15<sup>th</sup> Street West (South Building, Room B)

Lancaster, CA 93534

Open to the community and free of charge

### Kaiser Permanente Bereavement, Palmdale

800-272-3500 Ext. 3528 / 661-729-7250

Meeting information: Thursdays from 6:30-8:00pm

38600 Medical Center Drive, Palmdale, CA 93551

(Corner of Palmdale Blvd. & Tierra Subida Ave.)

Cactus Room, main entrance left of information desk.

Open to the community and free of charge

### Desert Vineyard, Lancaster

GriefShare

661-945-2777 Ext. 250 or email [gmallett@desertvineyard.org](mailto:gmallett@desertvineyard.org)

Meeting information: Wednesdays at 6:30pm

1011 East Avenue (Vineyard Churches), Room 13

Lancaster, CA 93535

[www.griefshare.org](http://www.griefshare.org)

### Hoffman Hospice Grief Support, Bakersfield

661-410-1010

Meetings are every Wednesday of the week from 5:30 to 6:30pm (adult) &

Every Thursday of the week from 5:30 to 6:30pm (children)

8501 Brimhall Rd., Suite 100, Bakersfield, CA 93312

<https://hoffmannhospice.org/grief-support/>

Open to the community and free of charge



## ***SPA 2 – San Fernando***

### **Northridge Hospital Medical Center**

The Healing Journey

818-885-8500, Ext. 4560

Meeting information: Wednesdays from 2:30 - 4:00pm

18300 Roscoe Blvd., Northridge, CA 91328

[http://www.northridgehospital.org/Who\\_We\\_Are/Community\\_Programs/190574](http://www.northridgehospital.org/Who_We_Are/Community_Programs/190574)

Open to the community and free of charge

### **Verdugo Hills Hospital (English/Spanish)**

Compassionate Friends

818-236-3635

Meeting information: 4th Thursday of each month at 7:30pm &

3rd Thursday of each month in Nov. & Dec.

1812 Verdugo Blvd., Glendale, CA 91208

Note: Spanish speaking support: 323-606-8084

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

### **Kaiser Permanente, Woodland Hills**

Compassionate Friends 888-272-5708

818-375-3528 / 818-832-7295

Meeting information: 2nd Monday of each month at 7:30pm

5601 De Soto Ave., Los Angeles, CA 91367

(Burbank Blvd. & De Soto- Entrance 5, Room B)

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

### **Grace Baptist Church**

GriefShare

661-296-8737, Ext 153

Meeting information: Wednesdays at 7:00pm

22833 Copper Hill Drive, Room D220

Santa Clarita, CA 91350

[www.griefshare.org](http://www.griefshare.org)

### **Compassionate Friends**

Fellowship Christian Church

661-252-4654

Meeting information: 1st Thursday of the month at 7:00pm

26889 Bouquet Canyon Rd, Suite C

Santa Clarita, CA 91350

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge



## ***SPA 3 – San Gabriel***

### **Pomona Valley Hospital**

Contact Inland Hospice at 909-399-3289

Meeting information: Every Tuesday and Wednesday at 7:00pm

1798 N. Garey Ave.

Pomona, CA 91767

Open to the community and free of charge

## ***SPA 4 – Metro***

### **Los Angeles County Grief Healing Peer-Parent Support Group**

Hosted by Peer-Parents:

Christina Thiele: 707- 849-5347 - [christina23thiele@gmail.com](mailto:christina23thiele@gmail.com) &

Myia Slaughter: 323-965-7053 - [myslaughter84@gmail.com](mailto:myslaughter84@gmail.com)

Meets every Wednesday of the month from 6:00pm-8:00pm

600 S. Commonwealth Ave., Suite 800

Los Angeles, CA 90005

<http://publichealth.lacounty.gov/mch/sids/sids.htm>

Open to the community and free of charge

### **White Memorial Medical**

Little Angels Support Group

562-682-9631

Grief Coordinators: Ingrid Suarez & Dominique Luckey

Meeting Information: 1st Thursday of each month at 6:30pm

1720 East Cesar E Chavez Avenue, (cafeteria conference room)

Los Angeles, CA 90033

<https://www.adventisthealth.org/event/white-memorial-little-angels-support-groupprts>

Open to the community and free of charge



## **SPA 5 – West**

### **Compassionate Friends Grief Support**

310- 474-3407

Meeting information: 1st Thursday of each month at 8:00pm

5870 West Olympic Blvd.,

Los Angeles, CA 90036

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

### **Miss Foundation, LA CITY**

602-279-6477

11661 West Olympic Blvd., Room # 375

Los Angeles, CA 90064

Wilshire Boulevard Temple (at Olympic and Barrington)

<http://missfoundation.org/support/groups/california>

Open to the community and free of charge

### **Our House Grief Support Center (English/ Spanish)**

310-473-1511 Ext. 222

Meeting information: Monday evenings every other week

1663 Sawtelle Blvd., Suite 300

Los Angeles, CA 90025

Note: Spanish speaking support: 310-231-3196

Must call to pre-register

[http://www.ourhouse-grief.org/support-groups/groups\\_for\\_adults/](http://www.ourhouse-grief.org/support-groups/groups_for_adults/)

Open to the community. Fee based on a sliding scale.

### **Grief Haven**

310-459-1789

Meeting information: 1st Wednesday of the month from 7:00pm-8:30pm

16019 Sunset Blvd.

Pacific Palisades, CA 90272

<http://www.griefhaven.org/>

Open to the community. Fee is donation-based



## ***SPA 6 – South***

### Center for Grief and Loss for Children

213-924-3510 / toll-free 866-744-7433

924 West 70th Street, Los Angeles, CA 90043

<http://www.hathaway-sycamores.org/programs/the-center-for-grief-and-loss-for-children/>

Open to the community and free of charge. Also, offers individual/family counseling for Medi-Cal recipients.

## ***SPA 7 - East***

### Pathway Grief Support Group

562-531-3031

Meets every Tuesday at 6:45pm

3701 Michelson St. Lakewood, CA 90712

<http://www.pathwayshealth.org/grief-support/>

Open to the community and free of charge

## ***SPA 8 - South Bay***

### Compassionate Friends Grief Support

310-963-4646

Meets every Friday at 1:00pm

Mimi's Café- 25343 Crenshaw Boulevard Torrance, CA 90505

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

### Long Beach Memorial

562-933-1454

Meets every 2nd and 4th Monday of the month at 7:00pm

2801 Atlantic Avenue

Long Beach, CA 90806

<http://www.memorialcare.org/events-education/events/topics/bereavement-grief>

Open to the community and free of charge



## **Online Bereavement Support:**

**MISS Foundation** - Providing crisis support and long term aid to families after the death of a child from any cause (Online Support Group 24/7).

<http://www.misschildren.org/>

**First Candle-** Grief counselors are 24 hours a day, seven days a week. Please do not hesitate to contact us if you, or someone you know, needs help. 1-800-221-7437

<http://www.firstcandle.org/grieving-families/grief-resources/online-resources/>

**Bereaved Parents of the USA** - Offers support for parents, siblings, and grandparents.

<http://www.bereavedparentsusa.org>

**The Compassionate Friends** - Offers support for families after the death of a child of any age. Tel: 877- 969-0010

<http://www.compassionatefriends.org>

**Share Pregnancy & Infant Loss Support, Inc.**

<http://www.nationalshare.org>

Tel: 800- 821-6819

**Empty Cradle**

<http://www.emptycradle.org>

**Mother in Sympathy and Support (MISS) Foundation**

[www.missfoundation.org](http://www.missfoundation.org)

**New Hope Grief Support Community, Inc**

[www.newhopegrief.org](http://www.newhopegrief.org)

**Grief and Share.** Grief recovery support groups

<http://www.griefshare.org/findagroup/search>

<http://www.cjsids.org/grief-and-bereavement/if-youre-bereaved.html>

<http://www.californiasids.com/Universal/MainPage.cfm?P=32>

<http://www.sidsks.org/GriefSupport.html>

<http://www.sidsresources.org/>

<http://www.sidscenter.org/Bereavement/>