



**NURSE-FAMILY PARTNERSHIP-LOS ANGELES**

Partnership

**Nurse Family**

Program – Los Angeles (NFP-LA) was piloted in 1997 as the “Esperanza” program at California Hospital and Medical Center and expanded countywide in February 2000. NFP is an evidence-based model of nurse home visiting developed by Dr. David Olds in Elmira, New York over 40 years ago that is now in over 32 states and in Europe. NFP has been shown to enable at-risk mothers and their children get and stay on the path to a meaningful and productive life.

NFP targets low-income, socially disadvantaged, first-time pregnant women to improve pregnancy outcomes, qualities of parental care giving, child health, and maternal life-course development. Nursing follow-up begins before the mother’s 24<sup>th</sup> week of pregnancy (preferably beginning at or before her 16<sup>th</sup> week of pregnancy) and extends through the critical first two years of the child’s life.

NFP Nurse home visitors follow tested program protocols that focus on five domains of functioning: personal health, environmental health, maternal role development, maternal life-course development, and family and friends support. The Nurse assesses and provides direct services and intervention (e.g., referrals, education or counseling) for any problems identified during the 2 ½ years of follow up.



Each NFP Nurse carries a maximum caseload of 25 families, and the visitation schedule mandated in Program protocols is:

- ◆ Weekly visits during the first month following enrollment (4 visits)
- ◆ Biweekly visits for the remainder of the pregnancy (5+ visits)
- ◆ Weekly visits during the first six weeks after delivery (6 visits)
- ◆ Biweekly visits thereafter through the 21<sup>st</sup> month of childhood (40 visits)
- ◆ Monthly visits until the child reaches age two (3 visits)

**EFFECTIVENESS OF THE NFP MODEL PROGRAM**

Following the three initial clinical trials, Dr. Olds has continued to measure outcomes at all the nation’s NFP program sites. The following are considered to be a few of the consistent program effects that are seen with NFP intervention. (see also: [www.nursefamilypartnership.org](http://www.nursefamilypartnership.org) for more details on research findings):



- Improved Prenatal Health
- Fewer Childhood Injuries
- Reduced Child Abuse and Neglect
- Fewer Subsequent Pregnancies
- Increased Intervals Between Births
- Increased Maternal Employment

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**NURSE-FAMILY PARTNERSHIP-LOS ANGELES  
EXPANDED CLIENT CAPACITY 2012-2013**

SPA #	CURRENT CAPACITY <sup>1</sup>	+ MHSA EXPANSION <sup>2</sup> (By April 2012)	FEDERAL EXPANSION <sup>3</sup> (By May-June 2012)	TOTALS PER SPA
1	50 (25*)	100 (+12 deaf)	0	187
2	100 (25*)	(+13 deaf)	25	138
3	75 (25*)	(+12 deaf)	50	162
4	50	200 (+13 deaf)	0	363
6 & 7	50	100 (+25 deaf)	25	200
8	50	100 (+25 deaf)	0	175
MCAH Subtotal	<b>375</b>	<b>500 (+100 deaf)</b>	<b>100</b>	<b>1,075</b>
Long Beach		25	0	<b>25</b>
LAUSD <sup>4</sup>	**		100	<b>100</b>
<b>TOTALS</b>	<b>375</b>	<b>625 (includes 100 deaf or hard of hearing)</b>	<b>200</b>	<b>1,200</b>

<sup>1</sup> Current capacity is the number of NFP clients who can be served with existing staff prior to MHSA or Federal Expansion  
<sup>2</sup> MHSA (Mental Health Services Act) Expansion is the number of families to be served following full MHSA grant expansion.  
<sup>3</sup> Federal Expansion is the number of families to be served with new (2012) federal dollars (Patient Protection and Affordable Care Act).  
<sup>4</sup> Los Angeles Unified School District (LAUSD) will start their own NFP site within select school jurisdictions.  
 (\*) Indicates the number of families to be served after a MCH-funded nurse vacancy is filled.  
 \*\* Indicates that the current NFP nurse will be covered under another grant funding source.

**INTAKE CRITERIA**

- 1. PREGNANT FOR THE FIRST TIME.**
- 2. LESS THAN 24 WEEKS PREGNANT.**
- 3. LIVING IN POVERTY (200% OF FPL)**

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