

# Welcome



**Co-Chairs:**

Francisco Covarrubias  
vacant

**Coordinator:**

Loretta Worthington

# Welcome and Introductions

Please tell us...

- \* What is your name?
- \* Where do you work?
- \* One word that describes how you feel about your work to reduce the impact of asthma...



Approve those minutes!

# Membership Agreements



Who needs to have one?

- \* New Members - Greetings!
- \* Renewing Members
- \* Returning Members who have not filled one out previously

# General Updates

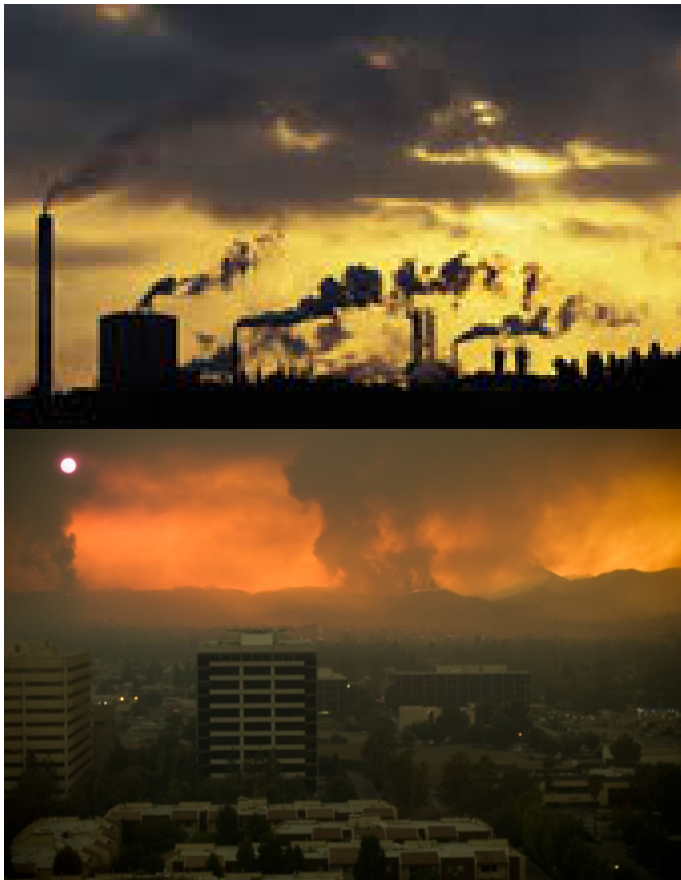


# ACLAC Needs a Co-Chair

- \* Opportunity to assist in the leadership of ACLAC
- \* Four Workgroups to learn from and contribute to
- \* Lend your name and expertise to a variety of legislative initiatives that support or enhance the quality of life for people living with asthma
- \* Integrate your asthma work with the resources of the coalition
- \* Work with our amazing steering committee and ME!

# Outdoor Air Quality Workgroup

ACLAC has **two vacancies for Outdoor Air Quality workgroup co-chairs!** This is an important role, and a significant area of asthma control and prevention. Please consider joining us!



# Healthcare Provider Trainings in Antelope Valley

- \* Dec. 2, 2014 – trained 17 physicians, 16 physician assistants and nurses, and one dietician
- \* Jan. 22, 2015 – trained nurse care managers and other nursing leadership

## Topics:

- \* Defining Asthma & Health Disparities in AV
- \* Implementing Asthma Guidelines-based Care
- \* Barriers to Adherence
- \* Asthma Action Plans
- \* Correct Usage of Medications
- \* Motivational interviewing





# Nurse Asthma Training in AV



# One thing I learned

## ***Cockroach Tea***

- A tea made with cockroaches, or from cockroach remains, will cure asthma
- Tea drinkers are of Central-American descent



- \* Yes, in some cultures it is believed that drinking cockroach tea will cure asthma.
- \* These pics are from an actual home visit
- \* Thanks for the visual, Esperanza!

# ACLAC Actions & Legislative Support



Action/Accomplishment	Date	Description
<p>Sent <b>letter of support to Governor Brown</b> in support of SB1204 to reduce greenhouse gas emissions by creating incentives to help bring zero- and near-zero emission medium and heavy duty trucks and busses to the road</p> <p><b>PASSED/SIGNED</b></p>	09/10/14	<p>SB 1204 would not only reduce greenhouse gas emission, but also emissions of co-pollutants that impact people with asthma and other respiratory challenges. It can reduce emissions from one of the biggest sources of air pollution, particularly in communities impacted by freight from ports, rail yards, and distribution centers – communities where asthma rates tend to be disproportionately high. This bill can play a significant role in reducing the burden of asthma in California.</p> <p><b>PASSED Assembly Natural Resources Committee. Passed the legislature and was signed by the Governor!</b></p>



# ACLAC Actions & Legislative Support



Update	Date	Description
<p>Sent a <b>letter of support</b> to Governor Brown for SB1275 - to increase access to zero-emission vehicles particularly in communities most impacted by air pollution</p> <p><b>PASSED/SIGNED</b></p>	<p>9/8/14</p>	<p>SB 1275 aims to bring one million electric cars, trucks &amp; buses to CA over next decade and ensure low-income Californians benefit from the transition to a clean transportation sector.</p> <p><b>PASSED the legislature and was signed by the Governor!</b></p>

# ACLAC Actions & Legislative Support



Update	Date	Description
<p>Sent a <b>letter of support</b> to Governor Brown for SB 1405 to strengthen the Healthy Schools Act and create healthier, more asthma-friendly schools.</p> <p><b>PASSED/SIGNED</b></p>	<p>9/24/14</p>	<ul style="list-style-type: none"> <li>• SB1405 encourages the use of integrated pest management (IPM) at schools,</li> <li>• SB 1405 can reduce exposure to pests, such as cockroaches and rodents, which can trigger and exacerbate asthma,</li> <li>• IPM practices minimize exposure to pesticides that can also trigger and exacerbate asthma,</li> <li>• SB 1405 helps reduce the risk of accidental exposures by requiring staff to be trained in the proper application of pesticides</li> </ul> <p><b>PASSED the legislature and was signed by the Governor!</b></p>

# ACLAC Fun-raiser 2015

- \* Asthma Awareness Month – May 2015
- \* Comedy Sportz
- \* Weekend of fun and laughter
- \* All ages, clean humor
- \* Multiple shows

*"Be prepared to scream with laughter at ComedySportz."  
LA WEEKLY*

*"Hilarious...a high mix of games, improv and slapstick."  
WASHINGTON POST*



# ACLAC Member Directory

- \* Survey Monkey will be sent out in February to collect:
  - \* Member agency's primary contact info
  - \* Target populations
  - \* Asthma services and programs
  - \* Geographical areas of service
  - \* How best to refer to your organization

The South Coast Air Quality Management District

**Invites you to attend:**

# Environmental Justice For All:

**A Conversation with the Community**

**Friday,  
February 27, 2015**

**9:00 a.m. - 4:00 p.m.**

The Center at Cathedral Plaza  
555 West Temple Street  
Los Angeles, CA 90012-2707

*(Accessible via Metro Red Line's Civic Center Station)*

To register, visit [www.aqmd.gov/ejconversation](http://www.aqmd.gov/ejconversation)



South Coast  
Air Quality  
Management District  
[www.aqmd.gov](http://www.aqmd.gov)  
21865 Copley Drive  
Diamond Bar, CA 91765-4178  
Cleaning the air that we breathe...







## CALIFORNIA HEALTHY HOUSING COALITION 2015 ANNUAL MEETING

**Date:** March 18-19, 2015

**Time:** 9:30 a.m. - 4:30 p.m.

**Cost:** **Free**

**Location:**

The Joan Palevsky Center  
California Community Foundation  
281 S. Figueroa St., Suite 100  
Los Angeles, CA 90012  
(see map below)

**Lunch will be provided**

The Meeting will include:

- Guest speakers covering:
  - National Healthy Housing Standard
  - Farmworker Housing and Health
  - Health Impacts of Indoor Mold
- Updates on achievements in 2014
- Setting goals for 2015
- Day 2 education and advocacy training

**Meeting Registration Deadline: February 18th - register at:**

<http://www.rampasthma.org/2013/12/ca-healthy-housing-coalition-2014-annual-meeting/>

Limited full and partial travel stipends are available to assist those whom otherwise could not attend. Travel stipends can cover air or train fare, mileage, tolls, parking, and/or taxi/shuttles. For those staying for Day 2, limited funds are available to cover hotel costs. You can apply for travel and hotel stipends when you register.

For additional information contact Brandon Kitagawa at:  
[brandon@rampasthma.org](mailto:brandon@rampasthma.org) or 510-302-3395.

**Who Should Attend?**

- California Healthy Housing Coalition Members
- Persons Concerned about Health and Housing
- Environmental Health Professionals
- Code Enforcement Officers
- Public Health Nurses
- Energy Auditors
- Health and Housing Advocates
- Community-Based Organizations
- Affordable Housing Developers

Meeting is intended for CHHC members but there is no fee to join CHHC. Organization information and membership form can be found at :  
[www.cahealthyhousing.org](http://www.cahealthyhousing.org)

- \* CA Healthy Housing is a membership org, but has free membership. Consider joining and attending this full day of great info and discussion

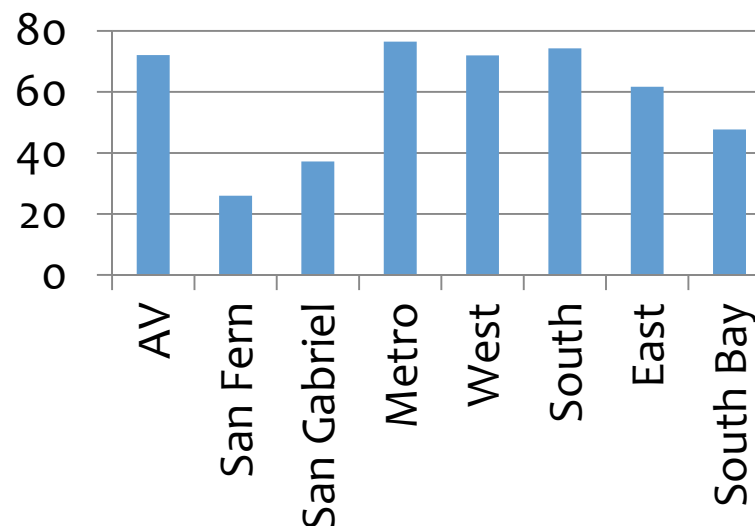
# New Member Outreach

- \* Discussion – ready, set, go!

# The Burden of Asthma in Schools

- \* An estimated 96,000 children miss school days each year due to asthma
- \* Missed school days often lead to poor academic outcomes
- \* Increased absenteeism may reflect greater asthma severity, poor asthma management, or lack of access to adequate care

**% Kids w Asthma who Missed School by SPA**



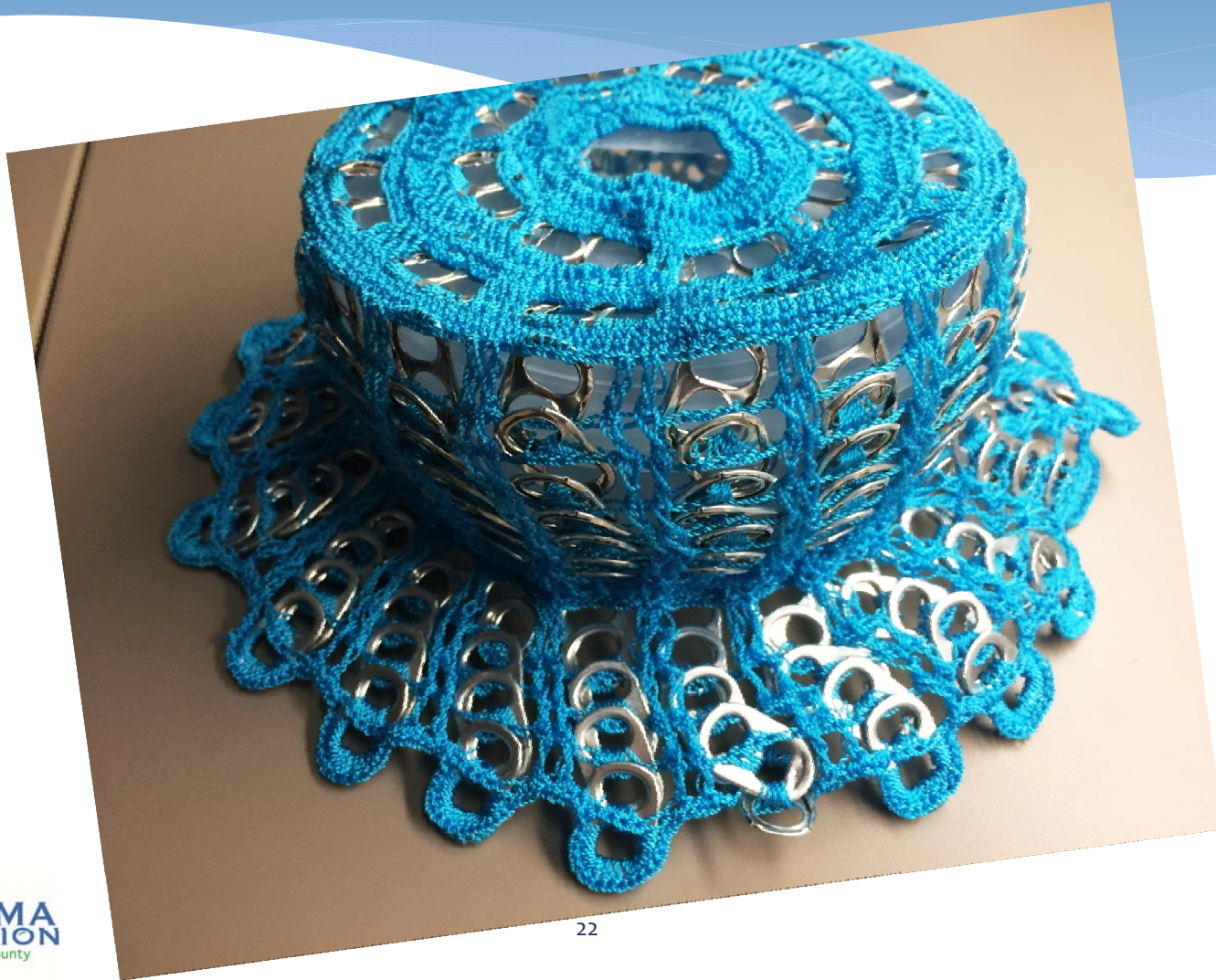
# Asthma Management in Schools

- \* California law states that students are allowed to carry their quick relief medication (albuterol) with a physician's order on file in the school (the order is good for one year)
  - Appt needed, lack of access to care, payment for appt, district form only – so changing schools needs new form
- \* Student's age needs to be considered – must take meds properly
- \* Parent's must take time off from work
- \* Multiple inhalers may be needed – often, insurance only pays for one at a time
- \* No School Nurse to train staff – families may send wrong inhaler, may not understand med protocol or the AAP (if there is one!)

# Barriers to asthma management:

- \* School location – it is estimated that 27,100 cases of childhood asthma (8% of total) in LAC are at least partly attributable to pollution associated with location within 75 m of a major road (Environmental Health Perspectives, 120:1619–1626 (2012)).
- \* Exposure to common asthma triggers – dust, fumes from markers, class pets, dust, soap, cleaning supplies, pesticides, and exercise
- \* Shortage of School Nurses – (e.g. one nurse for more than 5,000 students, first aid provided by office staff, etc)

# Pass the Hat!



# Meeting Evaluations

- \* Please finish filling out the evaluation form
- \* Write your **comments** in the boxes!
- \* Return them to Loretta in the manila folder



# Agency Updates

- \* Please provide an update on your asthma project or program
- \* Target population/s
- \* ACLAC Workgroup/s you fit in (Indoor Air Quality, Outdoor Air Quality, Clinical/Healthcare, Asthma-Friendly Schools)
- \* How ACLAC can help reach your goals



# Announcements



# Making Lives Better RAFFLE!!!



Thanks for your participation!

Next Meeting:  
Monday,  
April 27, 2015

