

2007 LACHS

Domain/Subdomain		<i>Nutrition & Physical Activity / Fruit and Vegetables Consumption</i>			<i>Nutrition & Physical Activity / Obesity & Overweight</i>			<i>Nutrition & Physical Activity / Exercise/Physical Activity</i>			<i>Mental Health / Anxiety and Depression</i>		
Indicator Description		Percentage of women aged 18-49 years who consume fruits and vegetables at least five times per day			Percentage of women aged 18-49 years who are obese based on body mass index (BMI)			Percentage of women aged 18-49 who reported enough physical activity in a typical week to meet the recommended levels of physical activity			Percentage of women aged 18-49 years who reported having ever been diagnosed with depression		
		%	95% CI		%	95% CI		%	95% CI		%	95% CI	
LA County		17.9%	15.8	20.1	20.9%	18.4	23.5	53.5%	50.7	56.3	15.7%	13.6	17.8
Race/Ethnicity	White	26.9%	22.1	31.7	12.5%	8.2	16.7	61.6%	55.7	67.4	24.3%	19.1	29.5
	Latina	15.1%	12.4	17.7	29.0%	25.0	32.9	51.5%	47.7	55.2	13.1%	10.4	15.9
	African-American	9.9%*	5.0	14.8	33.2%	24.2	42.1	55.8%	46.8	64.9	18.0%	11.2	24.8
	Asian/Pacific Islander	14.0%*	7.3	20.8	5.4%*	0.0	11.5	40.4%	32.9	47.9	5.8%*	2.7	9.0
Service Planning Areas	SPA 1 Antelope Valley	15.6%	8.8	22.5	28.8%	18.4	39.2	49.4%	38.9	59.9	16.7%*	9.1	24.3
	SPA 2 San Fernando	19.4%	14.8	23.9	11.8%	8.0	15.6	53.7%	47.5	59.9	17.5%	12.3	22.6
	SPA 3 San Gabriel	18.3%	13.4	23.3	20.8%	14.3	27.4	50.3%	43.8	56.9	15.2%	10.4	20.0
	SPA 4 Metro	18.4%	12.3	24.4	24.1%	16.6	31.6	52.3%	44.6	59.9	16.5%	10.9	22.1
	SPA 5 West	24.4%	14.0	34.9	5.6%*	0.3	11.0	61.9%	48.8	74.9	13.8%*	6.2	21.4
	SPA 6 South	15.0%	9.7	20.3	42.9%	33.7	52.1	53.5%	45.6	61.3	14.6%	9.1	20.1
	SPA 7 East	20.3%	12.7	28.0	29.3%	20.0	38.6	53.9%	45.4	62.3	18.4%	11.3	25.4
	SPA 8 South Bay	12.9%	8.2	17.7	16.6%	11.0	22.1	54.9%	47.9	61.9	12.4%	7.1	17.1

For more information about Los Angeles County Health Survey (LACHS) please visit www.publichealth.lacounty.gov/ha/hasurveyintro.htm

* Statistically unstable (relative standard error greater than or equal to 23%)