## 2007-2009 LA HOPE surveys

| Domain/Subdomain       |                           |                    | Nutrition & Physical Activity / Obesity and Overweight   |      |      | Nutrition & Physical Activity /<br>Folic Acid Supplementation   |      |      | Nutrition & Physical<br>Activity /<br>Exercise/Physical Activity |                       |      |
|------------------------|---------------------------|--------------------|--|------|------|---|------|------|--|-----------------------|------|
| Indicator Description  |                           |                    | overweight <sup>*</sup> or obese <sup>**</sup> based on body mass index (BMI)<br>*Overweight: percentage of women with a pre-pregnancy BMI ≥<br>25 kg/m2 but < 30 kg/m2<br>**Obesity: percentage of women with a pre-pregnancy BMI ≥ 30<br>kg/m2 |      |      | infant/fetal death who did not take<br>a multivitamin, prenatal vitamin,<br>or a folic acid supplement during |      |      |  | an infant/fetal death |      |
|                        |                           |                    | %  | 95%  | CI   | % 95% CI  |      | %    | % 95% CI   |                       |      |
|                        | LA County                 |                    | 54.6   | 51.1 | 58.1 | 60.2  | 56.8 | 63.6 | 46.7   | 43.2                  | 50.3 |
| Race/Ethnicity         | White                     |                    | 35.2   | 27.1 | 43.2 | 38.5  | 30.4 | 46.6 | 40.7   | 32.1                  | 49.4 |
|                        | Latina                    |                    | 59.4   | 54.9 | 64.0 | 67.0  | 62.8 | 71.1 | 49.2   | 44.6                  | 53.7 |
|                        | African-American          |                    | 62.5   | 54.5 | 70.6 | 66.0  | 58.5 | 73.6 | 45.8   | 37.6                  | 53.9 |
|                        | Asian/Pacific<br>Islander |                    | 42.1   | 25.9 | 58.2 | 43.1  | 27.8 | 58.4 | 36.6   | 20.5                  | 52.7 |
| Service Planning Areas | SPA 1                     | Antelope<br>Valley | 62.8   | 51.3 | 74.2 | 63.0  | 52.0 | 74.0 | 56.8   | 45.3                  | 68.3 |
|                        | SPA 2                     | San<br>Fernando    | 51.2   | 42.9 | 59.5 | 49.8  | 41.6 | 58.0 | 47.8   | 39.3                  | 56.2 |
|                        | SPA 3                     | San<br>Gabriel     | 49.7   | 40.7 | 58.7 | 56.8  | 48.3 | 65.4 | 49.6   | 40.3                  | 58.9 |
|                        | SPA 4                     | Metro              | 49.7   | 38.7 | 60.6 | 62.0  | 51.9 | 72.1 | 36.2   | 26.1                  | 46.2 |
|                        | SPA 5                     | West               | 17.3*  | 5.4  | 29.2 | 32.6  | 17.9 | 47.3 | 32.5*  | 16.2                  | 48.9 |
|                        | SPA 6                     | South              | 64.4   | 56.7 | 72.2 | 73.6  | 66.8 | 80.3 | 45.6   | 37.7                  | 53.4 |
|                        | SPA 7                     | East               | 61.9   | 52.3 | 71.5 | 58.4  | 48.6 | 68.2 | 50.4   | 40.6                  | 60.1 |
|                        | SPA 8                     | South Bay          | 53.4   | 43.8 | 63.0 | 65.7  | 56.9 | 74.5 | 46.5   | 36.8                  | 56.3 |

\*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

For more information about LA HOPE project please click here