Preconception Health Counseling: The Puzzle of Implementation and Practice in the Family Planning Clinical Setting

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First, implementing new programs...
• Collaboration among team members
• Management Team and planning
  • Expectations from staff
  • Have a plan and protocol in writing
  • Enthusiasm from management
• Start small, pilot, then adapt
• Training
  • Staff Meeting several months out (brief)
  • Not Staff Meeting (or two)
  • Training/in-service

Our Start
• Every patient who comes in for a “pregnancy test only” is a golden opportunity for PCC, especially the negative test
  • What is her plan? ("What if...?" brochure)
    • Wants to become pregnant: PCC
    • Doesn’t want to become pregnant: BC

Next Step
• Ask every patient on their history/exam form:
  • Future pregnancy plans:
    • Do you want children?...Yes, when...
      • No
      • Unsure
  • Written protocol
  • Training
  • Simple documentation on exam form
  • Health Education materials

Future Step
• Every patient, every visit
• Expand patient visit to include reproductive life plan
• Outreach
  • Presentations in the community
    • In-reach: Reception Room
      • 15 minute presentations
      • Multiple topics