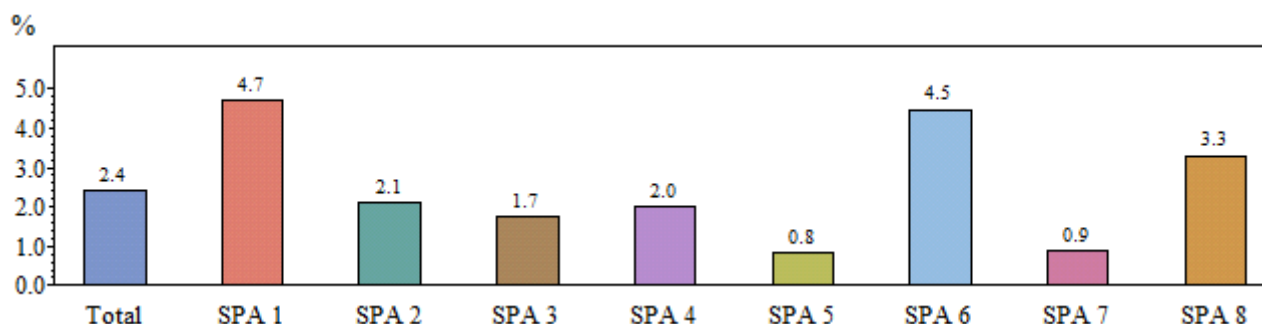


## Risk Behaviors During Pregnancy: Smoking

The LAMB Survey asked mothers how many cigarettes they smoked per day after they found out that they were pregnant.

### A. By Service Planning Area (SPA)



### B. By Maternal Characteristics

		Smoking			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		2.4	1.9-2.9	219	3,066
<b>Race/Ethnicity</b>	White	3.3	2.1-4.4	58	747
	Latino	1.3	0.7-2.0	32	990
	African American	8.4	6.4-10.4	84	818
	Asian/Pacific Islander	*2.2	1.0-3.5	26	429
<b>Age at Delivery</b>	< 20 Years	1.9	1.2-2.6	35	170
	20-24	3.5	1.9-5.1	50	850
	25-34	2.5	1.8-3.1	103	1,596
	35+ Years	*1.5	0.8-2.3	31	450
<b>Years of Education at Delivery</b>	Less than high school	2.7	1.6-3.8	51	735
	Completed high school	3.9	2.5-5.2	76	1,147
	Some college	2.6	1.5-3.8	64	806
	Completed college or beyond	*0.7	0.3-1.2	14	264
<b>2011 Household Income</b>	<\$20,000	4.3	3.1-5.4	125	1,760
	\$20,000-\$39,999	*1.8	0.9-2.7	35	454
	\$40,000-\$59,999	*1.0	0.1-1.9	8	102
	\$60,000-\$99,999	*0.5	0.1-0.8	8	61
	\$>\$100,000	*1.1	0.3-1.9	9	198
<b>Marital Status at Delivery</b>	Married	9	0.5-1.2	43	616
	Never Married/Living Together	3.1	2.1-4.1	84	1,181
	Unmarried/Not Living with Partner	6.3	4.1-8.4	89	1,202

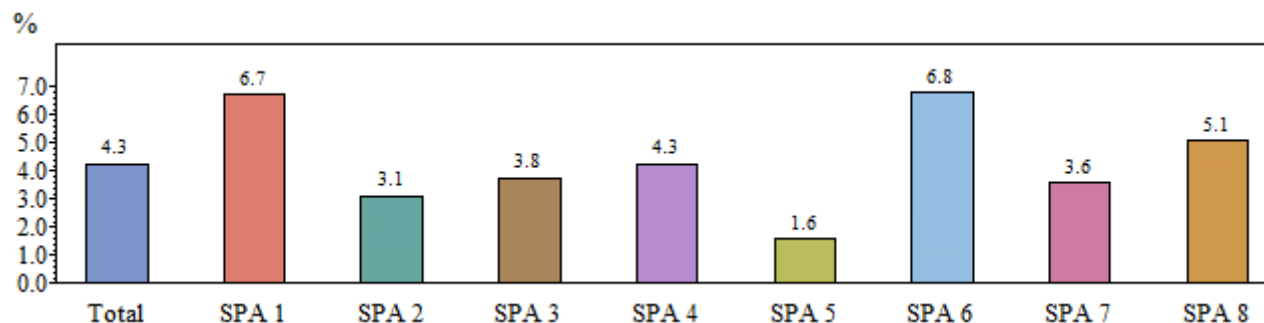
Missing and unknown categories are excluded from the analyses.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

## Risk Behaviors During Pregnancy: Exposure to secondhand smoke

The LAMB Survey asked mothers how many hours a day, on average, were they in the same room with someone who was smoking during their pregnancy

### A. By Service Planning Area (SPA)



### B. By Maternal Characteristics

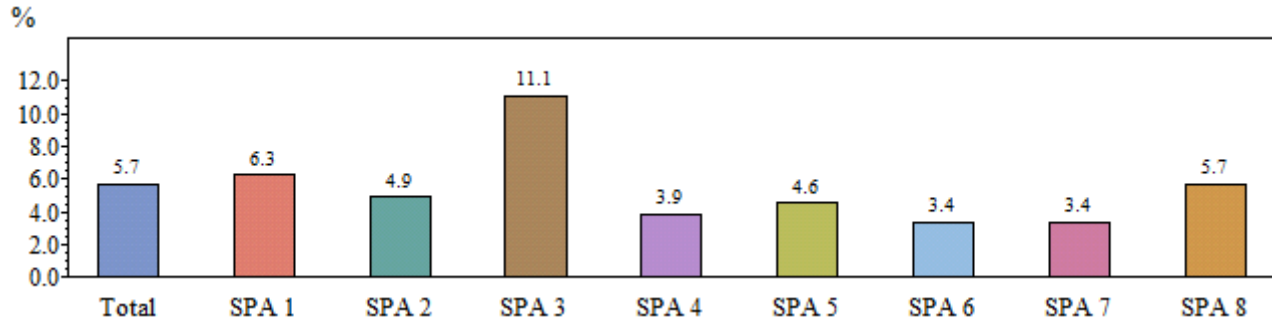
		Exposure to secondhand smoke			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		4.3	3.6-5.0	347	5,138
<b>Race/Ethnicity</b>	White	2.8	1.8-3.9	54	646
	Latino	3.8	2.8-4.8	96	2,564
	African American	11.4	9.2-13.6	120	1,080
	Asian/Pacific Islander	4.1	2.5-5.7	57	764
<b>Age at Delivery</b>	< 20 Years	7.7	5.9-9.4	97	653
	20-24	6.9	4.7-9.1	80	1,590
	25-34	3.7	2.8-4.6	122	2,268
	35+ Years	2.2	1.4-3.1	48	627
<b>Years of Education at Delivery</b>	Less than high school	5.1	3.5-6.8	80	1,172
	Completed high school	6.2	4.5-7.9	114	1,724
	Some college	4.7	3.2-6.2	93	1,417
	Completed college or beyond	1.9	1.1-2.7	39	677
<b>2011 Household Income</b>	<\$20,000	7.1	5.5-8.6	182	2,657
	\$20,000-\$39,999	3.4	2.0-4.9	44	838
	\$40,000-\$59,999	2.1	1.1-3.1	21	205
	\$60,000-\$99,999	*2.0	0.9-3.1	20	270
	\$>\$100,000	*1.1	0.2-1.9	11	192
<b>Marital Status at Delivery</b>	Married	2.2	1.5-2.8	90	1,428
	Never Married/Living Together	6.0	4.5-7.5	128	2,109
	Unmarried/Not Living with Partner	8.3	5.9-10.7	122	1,536

Missing and unknown categories are excluded from the analyses.  
 \*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

## Risk Behaviors During Pregnancy: Using illegal drugs or drugs not prescribed by a doctor

The LAMB Survey asked mothers if they had used marijuana, hashish, amphetamines, cocaine, heroin, tranquilizers, hallucinogens, or sniffed gasoline, hairspray or other aerosols to get high or any drugs not prescribed by a doctor during their pregnancy.

### A. By Service Planning Area (SPA)



### B. By Maternal Characteristics

		Using illegal drugs or drugs not prescribed by a doctor			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		5.7	3.9-7.5	403	7,281
<b>Race/Ethnicity</b>	White	5.6	4.2-7.0	97	1,288
	Latino	4.0	3.1-5.0	108	2,947
	African American	7.7	5.9-9.5	95	756
	Asian/Pacific Islander	*11.1	0.3-21.8	65	2,119
<b>Age at Delivery</b>	< 20 Years	6.8	5.2-8.4	87	603
	20-24	6.9	4.8-9.0	77	1,670
	25-34	4.5	3.6-5.4	180	2,936
	35+ Years	*7.0	0.0-14.3	59	2,073
<b>Years of Education at Delivery</b>	Less than high school	3.3	2.2-4.4	67	880
	Completed high school	5.8	4.1-7.5	105	1,734
	Some college	*9.4	2.6-16.3	107	2,902
	Completed college or beyond	4.2	3.0-5.3	86	1,511
<b>2011 Household Income</b>	<\$20,000	5.0	3.9-6.2	158	2,063
	\$20,000-\$39,999	4.7	3.1-6.4	63	1,217
	\$40,000-\$59,999	5.9	3.4-8.4	41	595
	\$60,000-\$99,999	5.3	3.0-7.6	42	714
	\$>\$100,000	*10.3	0.0-21.5	41	1,863
<b>Marital Status at Delivery</b>	Married	*5.5	2.3-8.6	153	3,805
	Never Married/Living Together	4.6	3.5-5.7	129	1,723
	Unmarried/Not Living with Partner	8.5	6.2-10.9	115	1,626

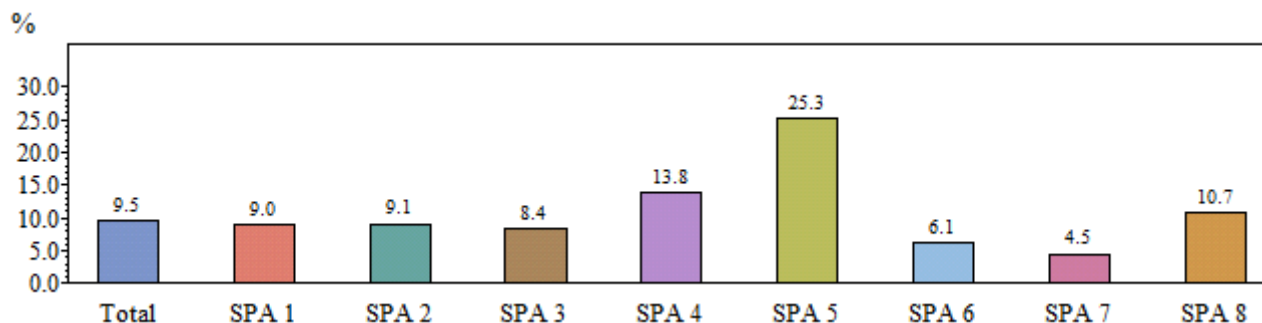
Missing and unknown categories are excluded from the analyses.  
\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

*Note: Respondents who answered "yes" when questioned about use of marijuana, hashish, tranquilizers, hallucinogens, cocaine, heroin, amphetamines or prescription drugs not prescribed by their doctors were coded as "using illegal drugs or drugs not prescribed by a doctor." Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.*

## Risk Behaviors During Pregnancy: Drinking alcohol

The LAMB Survey asked mothers if they had any alcohol such as beer, wine, wine cooler, liquor, or a mixed drink made with liquor during their pregnancy

### A. By Service Planning Area (SPA)



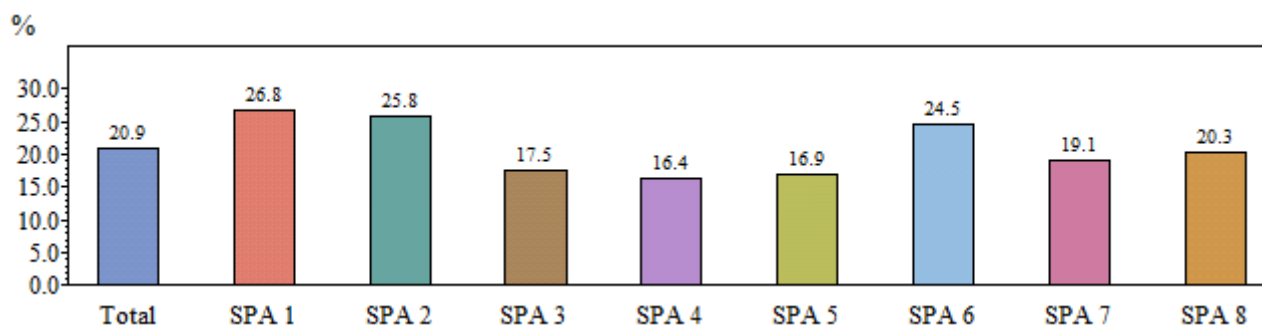
### B. By Maternal Characteristics

Maternal Demographics	Category	Drinking alcohol			
		%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		9.5	8.6-10.5	752	12,312
<b>Race/Ethnicity</b>	White	19.5	17.2-21.8	308	4,498
	Latino	7.2	5.9-8.5	164	5,352
	African American	9.0	7.1-11.0	104	893
	Asian/Pacific Islander	6.1	4.1-8.0	93	1,174
<b>Age at Delivery</b>	< 20 Years	4.1	2.9-5.4	50	372
	20-24	9.1	6.6-11.5	84	2,219
	25-34	9.0	7.8-10.3	363	5,963
	35+ Years	12.6	10.3-15.0	255	3,758
<b>Years of Education at Delivery</b>	Less than high school	5.6	3.8-7.4	60	1,525
	Completed high school	6.0	4.3-7.7	91	1,818
	Some college	8.3	6.4-10.3	154	2,602
	Completed college or beyond	16.3	14.1-18.4	375	5,946
<b>2011 Household Income</b>	<\$20,000	6.8	5.3-8.4	148	2,854
	\$20,000-\$39,999	6.8	4.9-8.8	89	1,778
	\$40,000-\$59,999	9.9	6.9-12.9	72	1,010
	\$60,000-\$99,999	12.3	9.6-14.9	130	1,675
	\$>\$100,000	19.8	16.1-23.4	247	3,614
<b>Marital Status at Delivery</b>	Married	9.9	8.6-11.1	475	6,950
	Never Married/Living Together	8.4	6.7-10.1	157	3,210
	Unmarried/Not Living with Partner	10.8	7.9-13.7	114	2,102

Missing and unknown categories are excluded from the analyses.  
 \*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

## Risk Behaviors During Pregnancy: Did not exercise during pregnancy

The LAMB Survey asked mothers how often they exercised for 30 minutes or more during the last three months of their pregnancy.  
A. By Service Planning Area (SPA)



B. By Maternal Characteristics

		Did not exercise during pregnancy			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		20.9	19.3-22.5	1,370	25,241
<b>Race/Ethnicity</b>	White	21.6	18.9-24.3	299	4,669
	Latino	19.8	17.6-22.0	399	13,700
	African American	27.9	24.6-31.2	274	2,581
	Asian/Pacific Islander	20.6	15.5-25.6	291	3,793
<b>Age at Delivery</b>	< 20 Years	16.5	14.0-18.9	186	1,419
	20-24	18.6	15.4-21.8	200	4,343
	25-34	21.6	19.4-23.9	652	13,405
	35+ Years	22.6	18.6-26.6	332	6,074
<b>Years of Education at Delivery</b>	Less than high school	19.4	16.0-22.7	203	4,888
	Completed high school	22.3	18.7-26.0	310	6,351
	Some college	20.5	17.2-23.8	318	5,957
	Completed college or beyond	21.0	18.3-23.7	438	7,201
<b>2011 Household Income</b>	<\$20,000	20.9	18.3-23.4	416	8,073
	\$20,000-\$39,999	21.6	17.8-25.4	249	5,259
	\$40,000-\$59,999	18.6	14.4-22.9	123	1,774
	\$60,000-\$99,999	26.8	21.8-31.7	195	3,340
	\$>\$100,000	20.5	16.4-24.7	215	3,522
<b>Marital Status at Delivery</b>	Married	20.7	18.4-22.9	728	13,497
	Never Married/Living Together	19.6	17.0-22.2	368	7,077
	Unmarried/Not Living with Partner	23.6	19.7-27.4	255	4,314

Missing and unknown categories are excluded from the analyses.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart. "Did not exercise during pregnancy" includes those women who were told not to exercise by a health care provider.