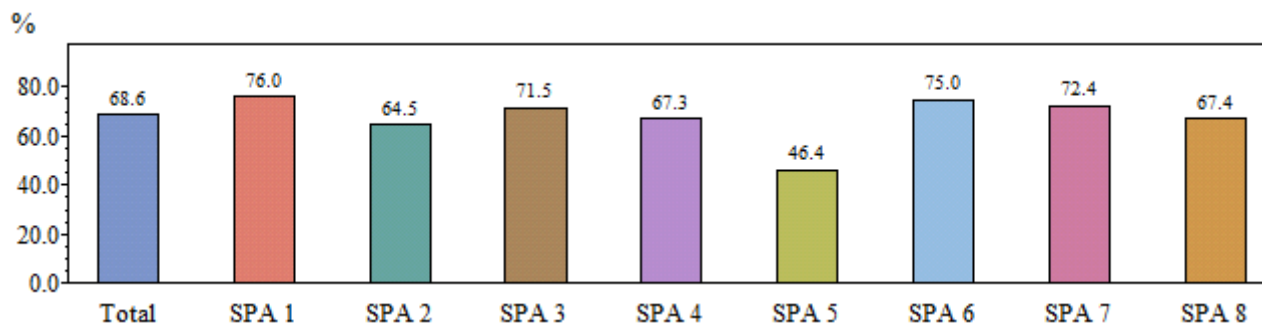


Preconception Health Behaviors and Experiences: No preconception health counseling

The LAMB Survey asked mothers if, during the six months before they got pregnant with their new baby, they talked to a doctor, nurse, or other health care worker about how to prepare for a healthy pregnancy and baby.

A. By Service Planning Area (SPA)



B. By Maternal Characteristics

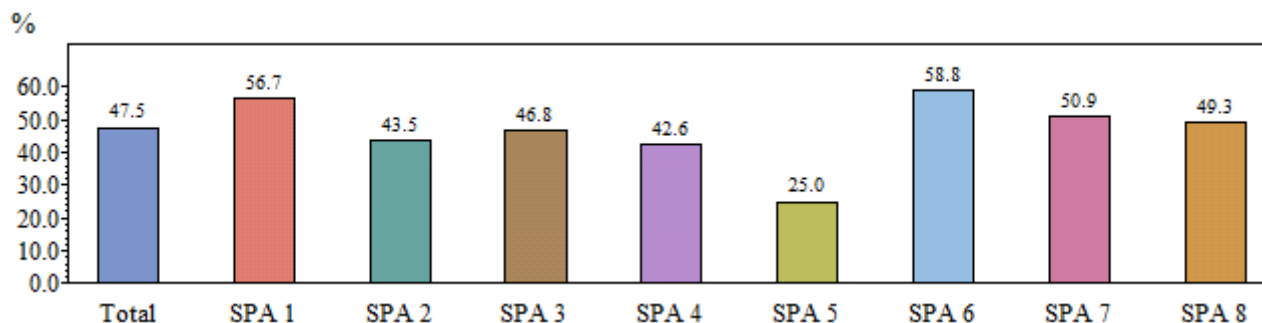
		No preconception health counseling			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
Countywide		68.6	66.5-70.6	4,560	88,589
Race/Ethnicity	White	54.1	51.1-57.1	923	12,518
	Latino	74.6	72.4-76.8	1,765	55,451
	African American	69.2	66.1-72.2	793	6,853
	Asian/Pacific Islander	62.8	52.8-72.7	746	12,188
Age at Delivery	< 20 Years	77.2	74.4-80.0	887	6,957
	20-24	80.1	76.9-83.3	773	19,428
	25-34	68.7	66.3-71.1	2,104	45,342
	35+ Years	56.3	50.1-62.6	796	16,862
Years of Education at Delivery	Less than high school	77.4	74.2-80.6	865	21,144
	Completed high school	76.9	73.5-80.3	1,089	23,139
	Some college	70.2	64.4-76.1	1,167	21,934
	Completed college or beyond	54.2	50.3-58.0	1,122	19,849
2011 Household Income	<\$20,000	77.5	75.0-80.0	1,622	32,303
	\$20,000-\$39,999	80.0	76.6-83.5	897	20,798
	\$40,000-\$59,999	64.5	59.1-69.9	388	6,584
	\$60,000-\$99,999	56.3	51.5-61.1	455	7,687
	\$>\$100,000	37.4	31.7-43.2	456	6,858
Marital Status at Delivery	Married	60.6	57.3-64.0	2,075	42,554
	Never Married/Living Together	75.8	73.1-78.6	1,434	28,875
	Unmarried/Not Living with Partner	82.5	79.6-85.3	992	16,003

Missing and unknown categories are excluded from the analyses.
 *Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

Preconception Health Behaviors and Experiences: Not taking a multivitamin

The LAMB Survey asked mothers how many times a week they took a vitamin pill with folic acid or multivitamins during the month before they got pregnant with their new baby.

A. By Service Planning Area (SPA)



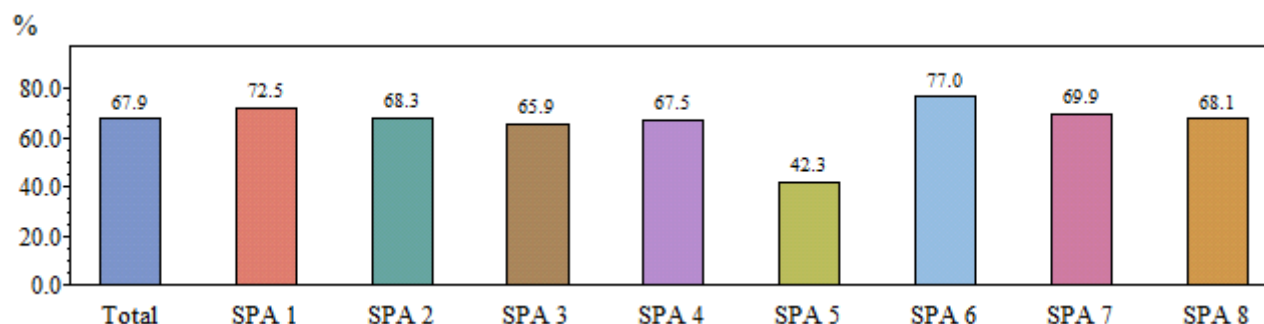
B. By Maternal Characteristics

		Not taking a multivitamin			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
Countywide		47.5	45.3-49.7	3,252	61,128
Race/Ethnicity	White	30.0	27.2-32.8	527	6,904
	Latino	55.8	53.3-58.4	1,388	41,296
	African American	54.4	51.1-57.8	615	5,363
	Asian/Pacific Islander	33.8	26.4-41.2	501	6,527
Age at Delivery	< 20 Years	72.8	69.9-75.8	819	6,527
	20-24	67.8	64.0-71.6	655	16,434
	25-34	43.6	40.8-46.5	1,339	28,663
	35+ Years	31.9	27.3-36.6	439	9,503
Years of Education at Delivery	Less than high school	59.8	55.7-63.9	726	16,118
	Completed high school	55.5	50.0-60.9	868	16,615
	Some college	50.6	45.7-55.6	836	15,802
	Completed college or beyond	29.7	26.5-32.9	609	10,875
2011 Household Income	<\$20,000	61.0	58.0-64.0	1,319	25,298
	\$20,000-\$39,999	50.4	44.6-56.2	589	13,062
	\$40,000-\$59,999	46.6	40.9-52.3	268	4,735
	\$60,000-\$99,999	32.1	27.6-36.6	260	4,377
	\$>\$100,000	17.8	14.2-21.4	216	3,255
Marital Status at Delivery	Married	36.2	33.3-39.1	1,245	25,325
	Never Married/Living Together	57.5	54.2-60.8	1,139	21,771
	Unmarried/Not Living with Partner	67.6	63.8-71.5	823	13,119

Missing and unknown categories are excluded from the analyses.
 *Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

Preconception Health Behaviors and Experiences: Lack of folic acid knowledge

The LAMB Survey asked mothers for the primary reason health experts say they should take folic acid before and during pregnancy.
A. By Service Planning Area (SPA)



B. By Maternal Characteristics

		Lack of folic acid knowledge			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
Countywide		67.9	65.8-70.0	4,445	86,195
Race/Ethnicity	White	51.8	48.7-54.8	834	11,796
	Latino	75.3	73.0-77.5	1,806	54,686
	African American	75.8	72.9-78.7	845	7,388
	Asian/Pacific Islander	56.4	46.2-66.6	650	10,893
Age at Delivery	< 20 Years	87.4	85.2-89.6	967	7,714
	20-24	82.8	79.6-85.9	811	19,764
	25-34	66.7	64.2-69.2	1,969	43,318
	35+ Years	52.6	46.3-59.0	698	15,400
Years of Education at Delivery	Less than high school	79.3	75.5-83.1	935	20,880
	Completed high school	80.6	77.5-83.8	1,146	23,880
	Some college	71.6	67.9-75.2	1,121	22,115
	Completed college or beyond	47.0	43.0-51.0	958	17,039
2011 Household Income	<\$20,000	77.4	74.7-80.2	1,642	31,593
	\$20,000-\$39,999	66.8	60.0-73.6	794	17,175
	\$40,000-\$59,999	65.2	59.8-70.6	372	6,555
	\$60,000-\$99,999	54.9	50.1-59.7	405	7,437
	\$>\$100,000	45.0	37.3-52.7	429	8,165
Marital Status at Delivery	Married	58.3	54.9-61.7	1,909	40,512
	Never Married/Living Together	78.3	75.3-81.2	1,464	29,144
	Unmarried/Not Living with Partner	82.1	79.0-85.2	1,008	15,464

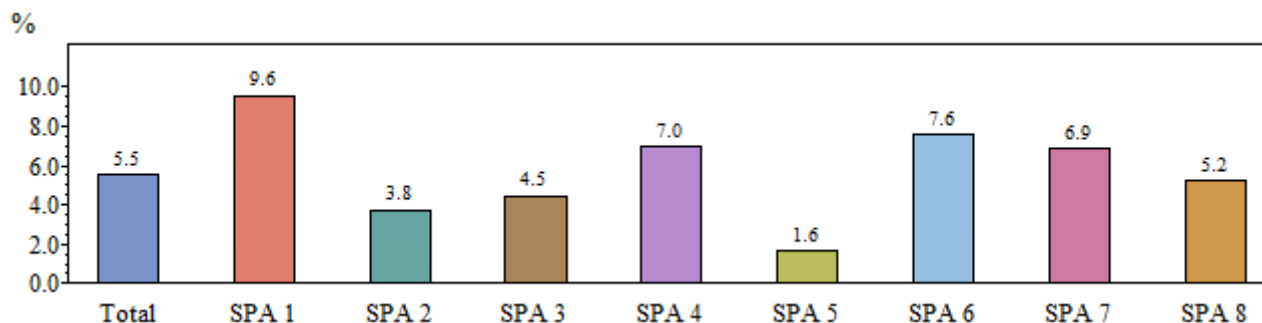
Missing and unknown categories are excluded from the analyses.

*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

Preconception Health Behaviors and Experiences: Did not have enough money for food

The LAMB Survey asked mothers if they had ever eaten less than they felt they should because there wasn't enough money to buy food in the six months before their pregnancy.

A. By Service Planning Area (SPA)



B. By Maternal Characteristics

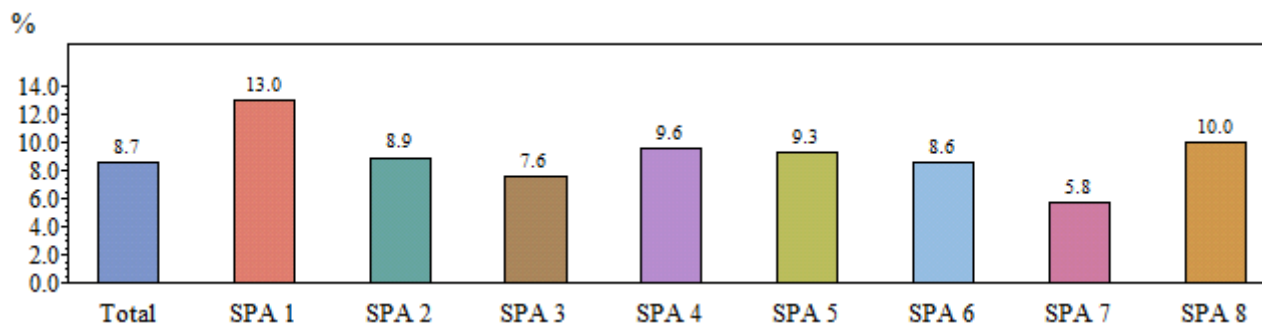
		Did not have enough money for food			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
Countywide		5.5	4.8-6.3	409	7,171
Race/Ethnicity	White	3.8	2.4-5.1	70	874
	Latino	6.1	5.0-7.3	161	4,583
	African American	10.3	8.3-12.3	118	1,025
	Asian/Pacific Islander	2.9	1.6-4.2	40	566
Age at Delivery	< 20 Years	8.0	6.3-9.7	102	725
	20-24	8.6	6.4-10.9	101	2,117
	25-34	4.8	3.8-5.8	153	3,172
	35+ Years	3.8	2.4-5.3	53	1,157
Years of Education at Delivery	Less than high school	8.7	6.6-10.8	126	2,412
	Completed high school	7.6	5.7-9.5	130	2,304
	Some college	5.7	4.1-7.3	109	1,786
	Completed college or beyond	1.6	0.8-2.3	30	569
2011 Household Income	<\$20,000	10.6	8.8-12.4	255	4,444
	\$20,000-\$39,999	5.0	3.3-6.8	63	1,314
	\$40,000-\$59,999	*0.7	0.2-1.2	11	72
	\$60,000-\$99,999	*1.2	0.0-2.5	7	170
	\$>\$100,000	*0.3	0.0-0.6	4	56
Marital Status at Delivery	Married	2.8	2.0-3.6	92	1,953
	Never Married/Living Together	8.0	6.4-9.6	178	3,077
	Unmarried/Not Living with Partner	9.9	7.5-12.4	130	1,935

Missing and unknown categories are excluded from the analyses.
 *Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

Preconception Health Behaviors and Experiences: Smoking

The LAMB Survey asked mothers how many cigarettes did they smoke a day on average, in the 6 months before they found out they were pregnant with their new baby.

A. By Service Planning Area (SPA)



B. By Maternal Characteristics

Maternal Demographics	Category	Smoking			
		%	95% Confidence Interval	Survey Respondents	Estimated County Total
Countywide		8.7	7.7-9.6	712	10,912
Race/Ethnicity	White	12.8	10.8-14.9	214	2,933
	Latino	6.7	5.4-8.0	169	4,832
	African American	17.1	14.5-19.7	178	1,646
	Asian/Pacific Islander	6.4	4.2-8.5	89	1,212
Age at Delivery	< 20 Years	8.8	7.1-10.5	124	775
	20-24	11.4	8.8-14.1	141	2,699
	25-34	9.3	7.9-10.6	351	5,986
	35+ Years	5.0	3.5-6.4	96	1,452
Years of Education at Delivery	Less than high school	7.9	6.0-9.8	136	2,091
	Completed high school	11.2	8.9-13.5	195	3,271
	Some college	10.3	8.2-12.5	216	3,131
	Completed college or beyond	5.6	4.3-6.9	110	2,026
2011 Household Income	<\$20,000	12.3	10.3-14.3	306	5,020
	\$20,000-\$39,999	7.6	5.6-9.5	119	1,925
	\$40,000-\$59,999	6.4	4.3-8.5	55	635
	\$60,000-\$99,999	5.5	3.8-7.2	62	734
	\$>\$100,000	6.0	4.0-7.9	60	1,081
Marital Status at Delivery	Married	5.2	4.2-6.1	215	3,542
	Never Married/Living Together	11.4	9.5-13.3	275	4,230
	Unmarried/Not Living with Partner	15.7	12.7-18.7	211	2,986

Missing and unknown categories are excluded from the analyses.
 *Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

Note: Respondent choices were given as categories of number of cigarettes per day. All responses except, "I didn't smoke then" were considered smoking for this analysis. Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.