

Pre-Pregnancy Health by Service Planning Area	LA County 2013	LA County 2014	LA County 2015	2013 - 2015									
				LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay	
				(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Access to Health Care Before Pregnancy													
Uninsured	25.4	25.0	13.1	21.4	19.8	18.9	25.0	23.9	6.9	23.8	19.0	22.7	
On Medi-Cal	35.4	32.1	38.5	35.3	52.0	31.7	29.7	36.8	13.4	49.8	29.8	25.5	
Preconception Health Behaviors and Experiences													
No preconception health counseling ¹	67.9	67.9	58.7	65.0	82.1	59.2	68.0	73.7	43.7	68.8	60.4	60.3	
Not taking a multivitamin	47.8	46.9	42.9	46.0	64.0	44.7	41.5	40.3	24.4	50.6	52.6	41.4	
Lack of folic acid knowledge	59.1	72.9	67.1	66.4	81.4	62.4	70.0	55.7	41.8	77.2	63.0	62.2	
Did not have enough money for food	4.2	5.9	2.8	4.3	7.2	3.1	3.1	3.9	.	7.3	3.9	3.1	
Smoked in the 6 months before pregnancy	11.7	9.4	10.8	10.6	10.8	11.6	9.5	2.6	8.1	16.2	11.3	7.6	
Family Planning Practices													
Unwanted pregnancy/mistimed by mother ²	41.4	36.9	31.7	36.8	57.4	29.9	37.5	40.7	21.6	45.7	37.5	23.0	
Unwanted pregnancy by partner ³	26.8	19.9	20.8	22.6	22.8	17.7	25.5	25.8	16.1	28.9	26.5	10.9	
Using birth control before getting pregnant ⁴	38.3	26.5	26.1	30.4	28.3	30.0	36.5	39.9	27.8	26.5	31.2	24.4	
Received fertility treatment	5.5	6.0	5.9	5.8	6.1	5.4	7.7	3.6	16.9	1.5	4.5	10.8	
Preconception Health Conditions													
Overweight/Obese	59.5	59.9	60.0	59.8	73.9	57.8	65.5	41.8	22.1	70.2	69.0	49.4	
Asthma	8.6	10.3	6.1	8.4	10.8	5.9	10.3	9.2	4.8	10.3	7.8	6.6	
High blood pressure	4.7	6.0	5.9	5.5	9.4	7.3	3.7	4.6	.	7.0	4.2	4.6	
Diabetes	3.6	5.0	4.6	4.4	8.6	2.7	4.6	4.2	.	4.5	4.8	5.8	
Anemia	6.9	8.4	10.6	8.6	9.7	6.3	10.2	4.9	11.8	11.4	8.2	7.2	
Periodontal disease	6.0	5.3	8.0	6.4	3.1	5.5	3.0	5.9	4.8	8.4	5.1	12.1	
Depression	10.3	12.2	10.6	11.1	14.8	10.1	14.1	5.7	7.1	13.4	12.0	7.8	
Anxiety	10.2	10.4	13.1	11.2	6.7	13.6	14.1	9.9	17.0	7.9	10.6	11.6	
Obstetric History													
Previous preterm birth	13.8	13.9	13.3	13.6	30.9	13.6	6.9	7.3	.	17.4	18.4	11.7	
Previous low birth weight	13.5	13.4	7.3	11.5	19.6	12.5	7.7	7.9	1.5	13.0	16.6	8.6	
Stillbirth (pregnancy that did not result in a live birth)	8.0	6.8	5.5	6.8	9.8	8.6	6.0	3.3	1.9	10.1	5.7	3.4	
Previous miscarriage	25.1	24.8	31.5	27.1	32.0	29.4	19.9	27.5	28.4	30.0	27.2	24.2	
Previous abortion	23.8	19.8	20.2	21.3	26.8	17.8	19.3	20.3	23.1	23.1	19.7	25.1	
Previous infant death	2.6	3.1	3.4	3.0	9.1	0.5	1.3	2.8	.	5.6	4.3	1.8	

*Signifies that the estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

¹Question asked: During the six months before you got pregnant with your new baby, did you talk to a doctor, nurse, or other health care worker about how to prepare for a healthy baby and pregnancy?

²Question asked: Thinking back to just before you got pregnant with your last baby, how did you feel about becoming pregnant? Respondents who answered "I wanted to be pregnant later" or "I didn't want to be pregnant then or any time in the future" were coded as "Unwanted or mistimed."

³Question asked: Just before you got pregnant with your new baby, how did your husband or partner feel about you becoming pregnant? Respondents who answered, "He wanted me to be pregnant later" or "He didn't want me to be pregnant then or any time in the future" were coded as "Unwanted pregnancy by partner." Respondents who answered, "I don't know" or "I didn't have a husband or partner" were coded missing for this field.

⁴Question asked: Before you got pregnant, were you doing anything to keep from getting pregnant? Respondents who answered "Yes, all the time" or "Yes, sometimes" were coded as "Using birth control before getting pregnant."