

# L.A. Care Referral Handout

This handout can be individualized to an agency or parent by adding specific names of agencies and phone numbers



## Early Intervention Services

### Regional Center: Early Start Program

Program for infants and toddlers (birth-3) with developmental disabilities.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Early Start Family Resource Centers (FRCs)

Parent-to-parent support such as education, training, resources and referrals.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Childcare, Early Education and Special Education

### Early Head Start/Head Start Programs

Free early learning program that supports school readiness for low-income families for children up to age 5.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Special Education Services

Free education instruction and supports to meet the unique needs of the child with a disability that affects learning (ages 3-21).

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Resource and Referral Agency (R&R)

Free support to help parents find childcare that best fits the family needs.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Special Education Support Services

Helps families find services in public schools for students with special needs (ages 3-21).

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Mental Health Services

### Mental Health Services

Provides mental health services for children birth-5 and their families.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### L.A. County Department of Mental Health Birth to 5 Representatives

Answers questions about available services and programs and assists families with referrals and getting services.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Other Family Supports

### Office of Clients Rights Advocacy (OCRA)

Provides guidance and legal services to regional center clients.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Ethnic-focused Parent Education, Support and Advocacy Organizations

Helps families get services and provides parenting and support groups based on the needs of a specific racial, ethnic or language group.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### 211 LA

Finds health and social service programs in Los Angeles County 24/7.

Agency Name: 211 LA

Phone Number: 2-1-1

### WIC – Women’s, Infants & Children’s Supplemental Food Program

Food vouchers, nutrition information, and health care referrals for low-income pregnant and postpartum women and children birth to age 5.

Agency Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_